

Report

Activity:	Teej Festival
Organising Committee:	Cultural Affairs Committee
Members of Committee:	Prof. Manoj Arora (Convener) Prof. Ramandeep Singh Prof. Amit Goyal
Other Added Members:	Prof. Preeti Prof. Shilpa Prof. Divya Jain
Date:	2 nd August, 2022
Time:	10:00 am
Venue:	Nagina Devi Seminar Hall & College Playground
No. of Participants:	28 students (Annexure-2)

No. of Attendants (other than participants): 18 students (Annexure-2)

Objective/Importance of the Event: Celebration of festivals brings students closer to traditional and cultural beliefs. Apart from classroom activities, we also pay heed to important festivals which must be celebrated to understand our country's tradition. Teej festival is an important festival which symbolizes happiness and joy. It is an important monsoon festival of women.

About the Event: Cultural Affairs Committee of Shree Atam Vallabh Jain College celebrated the traditional festival of Teej, dedicated to the women emancipation with fervour and gaiety. Girls wearing traditional Punjabi dresses danced to the tunes of traditional Punjabi music and recited Boliyan. The Giddha performances added vibrant colours to this festival. Various competitions of Mehendi, Punjabi dance, Punjabi songs added to the flavour of the festivity. The students enjoyed swings with the tunes of punjabi songs. Following titles were won by the students:

Ms. Teej Queen – Pragati Jain

Best Singer – Shriya Sood

Best Dancer – Tanvi Jain

Best Mehendi Designer – Reema Kumari

Sohni Mutiyar – Lakhdeep Kaur

The President of the college Managing Committee Sh. Komal Jain (Duke), along with other members of committee and Principal of the college Dr. Sandeep Kumar remarked that such activities fill the students with great zeal and happiness. They also discussed the importance of Teej festival and congratulated the faculty and students with vibrancy.

Glimpses of the Event




Manoj Arora
 Convener, Cultural Affairs


Principal

Annexure-1

Brochure

Shree Atam Vallabh Jain College

Accredited with Grade 'A' by NAAC

Under the guidance of IQAC

Cultural Affairs Committee

Organises

Teej Festival

2nd August, 2022



Events for Participation

Punjabi Dance

Singing with Dholki

Mehandi Designing

Punjabi Attire

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Annexure – 2
List of Participants

Sr. No.	Name	Class	Roll No.	Item of Participation
1	Ankita	B.Com 4th Sem	1032	Singing with Dholki
2	Aarti	B.Com 4th Sem	1013	Punjabi Attire
3	Nikita	B.Com 4th Sem	1006	Punjabi Attire
4	Reema Kumari	B.Com 4th Sem	1003	Punjabi Attire and Mehendi
5	Aanchal	B.Com 4th Sem	1033	Punjabi Attire
6	Shriya Sood	B.Com 2nd Sem	551	Punjabi Attire and Singing
7	Yogya	B.Com 4th Sem	1002	Punjabi Dance
8	Sukhmanpreet	B.Com 4th Sem		Punjabi Dance
9	Deepti	B.Com 4th Sem	1047	Punjabi Attire
10	Geetanshi	BBA 2nd Sem	111	Punjabi Dance
11	Hansika	BBA 2nd Sem	112	Punjabi Dance
12	Pranjal	BBA 2nd Sem	126	Punjabi Dance
13	Khushi	B.Com 2nd Sem	519	Punjabi Attire
14	Lakhdeep Kaur	B.Com 2nd Sem	520	Punjabi Attire
15	Rishika	B.Com 2nd Sem	433	Punjabi Dance & Punjabi Attire
16	Vanshika Ahuja	B.Com 2nd Sem	541	Punjabi Attire
17	Shruti	B.Com 2nd Sem	536	Punjabi Attire
18	Nutan	B.Com 2nd Sem	527	Punjabi Attire
19	Mansi	B.Com 2nd Sem	522	Punjabi Attire
20	Mani	B.Com 2nd Sem	521	Punjabi Dance
21	Eshita	B.Com 2nd Sem	508	Punjabi Dance & Punjabi Attire
22	Tanvi Jain	B.Com 4th Sem		Punjabi Dance & Punjabi Attire
23	Saloni	B.Com 4th Sem	1034	Punjabi Attire and Mehendi
24	Khushi	B.Com 4th Sem	1010	Punjabi Attire
25	Meenal Jain	M.Com 2nd Sem	1711	Punjabi Dance, Punjabi Attire and Singing
26	Pragati Jain	M.Com 2nd Sem	1708	Punjabi Dance, Punjabi Attire and Singing
27	Vanshika	B.Com 4th Sem	903	Punjabi Dance, Punjabi Attire and Singing
28	Palak	M.Com 2nd Sem	1701	Singing and Dance



List of Attendants other than Participants

Sr. No.	Name	Class	Roll No.
1	Sapandeep Kaur	B.Com 2nd Sem	438
2	Misha	B.Com 2nd Sem	425
3	Sumedha	B.Com 2nd Sem	539
4	Palak	B.Com 2nd Sem	545
5	Shubhra	B.Com 2nd Sem	439
6	Dhawani	B.Com 2nd Sem	411
7	Grisha	M.Com 2nd Sem	1707
8	Taniya Chhabra	B.Com 4th Sem	1014
9	Khushi Verma	B.Com 2nd Sem	519
10	Lakhdeep Kaur	B.Com 2nd Sem	520
11	Monika	B.Com 4th Sem	1046
12	Mokshi	B.Com 2nd Sem	524
13	Khushi	B.Com 4th Sem	1037
14	Yukta	B.Com 4th Sem	901
15	Vasundhra	B.Com 2nd Sem	409
16	Damanpreet Kaur	B.Com 6th Sem	1540
17	Shagun	B.Com 6th Sem	1520
18	Amisha	B.Com 2nd Sem	503



Press Coverage

पंजाबकेसरी

बुधवार WEDNESDAY 3 अगस्त 2022

दैनिक जागरण

3 अगस्त, 2022

श्री आत्म वल्लभ जैन कॉलेज में धूमधाम से मनाई तीज

प्रगति जैन बनीं 'मिस तीज'



श्री आत्म वल्लभ जैन कॉलेज में पंजाबी विरासत की झलक प्रस्तुत करती छात्राएं।

लुधियाना, 2 अगस्त (भूपेश): श्री आत्म वल्लभ जैन कॉलेज में तीज त्योहार धूमधाम से मनाया गया। छात्राओं ने पंजाबी की पारंपरिक वेशभूषा में सजकर भाग लिया और लोकगीत, गिद्धा-भंगड़ा व लोक नृत्य की प्रस्तुति देकर सभी का मन मोह लिया। इस मौके पर पंजाबी डांस, सोलो सिंगिंग, डोलकी सहित, मेहंदी डिजाइनिंग एवं पंजाबी अटायर के मुकाबले कराए गए। प्रगति जैन को मिस तीज के खिताब से नवाजा गया।

मेहंदी मुकाबले में रीमा कुमारी, सिंगिंग में श्रेया सुद, पंजाबी डांस में तनवी एवं सुंदर मुटियार खिताब लखद्वीप ने हासिल किया। कॉलेज प्रबंधक कमेटी के प्रधान कोमल जैन, मैनेजिंग कमेटी के अन्य सदस्यों एवं प्रिंसिपल डा. संदीप कुमार ने कहा कि इस तरह के त्योहार विद्यार्थियों को पंजाबी संस्कृति से जोड़ते हैं। उन्होंने विद्यार्थियों को तीज के महत्व के बारे में बताया और विजेताओं को मुबारकबाद दी।



लुधियाना के श्री आत्म वल्लभ जैन कॉलेज में आयोजित तीज सेलिब्रेशन के दौरान पंजाबी पहरावे में सजी छात्राएं * तीज कॉलेज

तीज महोत्सव : लखद्वीप ने हासिल किया सुंदर मुटियार का खिताब

जागरण संवाददाता, लुधियाना : श्री आत्म वल्लभ जैन कॉलेज में तीज मनाई गई। विद्यार्थियों को पंजाबी संस्कृति से जोड़ने के लिए इस कार्यक्रम का आयोजन किया गया, जिसमें पंजाबी डांस, सोलो सिंगिंग, डोलकी सहित मेहंदी डिजाइनिंग एवं पंजाबी अटायर के मुकाबले कराए गए। प्रगति जैन को मिस तीज के खिताब से नवाजा

गया। मेहंदी मुकाबले में रीमा कुमारी, सिंगिंग में श्रेया सुद, पंजाबी डांस में तनवी एवं सुंदर मुटियार खिताब लखद्वीप ने हासिल किया। कॉलेज मैनेजिंग समिति के प्रधान कामल जैन, मैनेजिंग कमेटी के अन्य सदस्यों एवं प्रिंसिपल डा. संदीप कुमार ने कहा कि इस तरह के त्योहार विद्यार्थियों को पंजाबी संस्कृति से जोड़ते हैं।

दैनिक सवेरा

बुधवार, 3 अगस्त 2022

The Tribune

3 AUGUST 2022

प्रगति जैन को मिला मिस तीज का खिताब

श्री आत्म वल्लभ जैन कॉलेज में तीज त्योहार का आयोजन

लुधियाना, 2 अगस्त: श्री आत्म वल्लभ जैन कॉलेज में तीज के त्योहार का आयोजन किया गया। विद्यार्थियों को पंजाबी संस्कृति से जोड़ने के लिए इस कार्यक्रम का आयोजन किया गया, जिसमें पंजाबी डांस, सोलो सिंगिंग, डोलकी सहित, मेहंदी डिजाइनिंग एवं पंजाबी अटायर के मुकाबले कराए गए।

प्रगति जैन को मिला मिस तीज का खिताब। मेहंदी मुकाबले में रीमा कुमारी, सिंगिंग में श्रेया सुद, पंजाबी डांस में तनवी एवं सुंदर मुटियार खिताब लखद्वीप ने हासिल किया। कॉलेज मैनेजिंग समिति के प्रधान कामल जैन, मैनेजिंग कमेटी के अन्य सदस्यों एवं प्रिंसिपल डा. संदीप कुमार ने कहा कि इस तरह के त्योहार विद्यार्थियों को पंजाबी संस्कृति से जोड़ते हैं। उन्होंने विद्यार्थियों को तीज के महत्व के बारे में बताया और विजेताओं को मुबारकबाद दी।



श्री आत्म वल्लभ जैन कॉलेज में आयोजित तीज त्योहार में हिस्सा लेती छात्राएं।



त्योहार में हिस्सा लेती छात्राएं व उपस्थित।

TEEJ CELEBRATED WITH ZEAL

Cultural Affairs Committee of Shree Atm Vallabh Jain College celebrated the traditional festival of Teej, dedicated to the women emancipation with fervour and gaiety. Girls wearing traditional Punjabi dresses danced to the tunes of traditional Punjabi music and recited Boliyan. The Giddha performances added vibrant colours to this festival. Various competitions of mehandi, Punjabi dance, Punjabi songs added to the flavour of the festivity. Komal Jain (Duke), president, college managing committee, along with other members of committee, and Principal Dr Sandeep Kumar said such activities filled the students with great zeal and happiness.

Report

Activity:

Talent Hunt

Organising Committee:

Cultural Affairs Committee

Members of Committee:

Prof. Manoj Arora (Convener)
Prof. Ramandeep Singh
Prof. Amit Goyal
Prof. Ridum Jain
Prof. Ankush
Prof. Sheena Sharma

Date:

3rd & 4th Week of August, 2022

No. of Participants Enrolled:

143 Students (Annexure-2)

No. of Participants Selected:

70 Students (Annexure-3)

Objective of the Event: To select the participants for Youth Festivals and various other Inter College/University Competitions

About the Event: A "TALENT HUNT" was organized at SAVJC by Cultural Affairs Committee to select the participants for different items for the Panjab University Youth and Heritage Festivals and for various other Inter College/University Competitions. The main purpose behind organising this event was to give a platform to the students to represent their talents and skill in varied fields. The students were motivated to come forward to participate and show their abilities in various items of Literary, Theatre, Fine Arts, Heritage Craft, Quiz, Dance, etc so that they could nourish their hidden potential. A series of various rounds was organized by the respective incharges as mentioned below during 3rd and 4th week of August, 2022 in the college campus. A total number of 143 students got themselves enrolled in these items. They participated in the Talent Hunt enthusiastically and displayed their abilities magnificently. By the end of August, 2022, 70 winners in various categories were announced who got the chance to participate in Panjab University Youth and Heritage Festival 2022.

Item Wise Incharges:

Sr. No.	Category	Name of Incharge(s)
1.	Fine Arts & Heritage Craft	Prof. Manoj Arora
2.	Theatre	Prof. Ramandeep singh
3.	General Quiz	Prof. Amit Goyal
4.	Group Dance General	Prof. Ridum Jain
6.	Literary	Prof. Sheena Sharma Prof. Ankush Kumar


Convener, Cultural Affairs


Principal

Annexure-1

Notice

Ref No. SAVJCN/08/22/1039

Date: 16/08/2022

Talent Hunt

It is for the information of students that this year **P.U. Zonal Youth & Heritage Festival** is going to be held in the last week of September 2022. The students who want to participate in this festival will be selected through **Talent Hunt** which is going to be conducted in the college campus in few days. Interested students can give their names in the following items to the respective teachers **before 20th August, 2022**:

1. Literary Items (Prof. Sheena Sharma)

i. Poem Recitation	iii. Elocution
ii. Debate	iv. Creative Writing (Essay, Story and Poem)

2. Fine Arts (Prof. Manoj Arora)

i. Hand Writing (English, Hindi, Punjabi)	vi. Poster Making
ii. On the Spot Painting	vii. Cartooning
iii. Still Life Drawing	viii. Rangoli
iv. Collage Making	ix. Spot Photography
v. Clay Modelling	x. Installation

3. Heritage Art & Craft (Prof. Manoj Arora)

i. Phulkari	x. Pranda Making
ii. Bagh	xi. Naala Making
iii. Dasuti/Cross Stitch	xii. Tokri Making
iv. Pakhi Designing	xiii. Mitti De Khidaune
v. Crochet Work	xiv. Khiddo Making
vi. Knitting	xv. Peerhi Making
vii. Mehandi Designing	xvi. RassaVattna
viii. Guddiyan Patole Making	xvii. Eennu Making
ix. Chhikku Making	

4. Theatrical Items (Prof. Ramandeep Singh)

i. One Act Play	v. Mime
ii. Mimicry	vi. Bhand
iii. Histrionics	vii. Muhavredar Vaartalap
iv. Skit	

5. Group Dance General (Prof. Ridum Jain)

6. Quiz (Prof. Amit Goyal)

Contingent Incharge, Youth Festival

Principal

Annexure-2

List of Participants Enrolled

Category/Item: General Quiz

S. No.	Name	Class	Roll No.
1	Jai Gopal	B.Com.-I	711
2	Satvik	B.Com.-I	732
3	Saurav Kumar	B.Com.-I	733
4	Shivansh	B.Com.-II	954
5	Mankirat Singh	B.Com.-II	1023
6	Vicky	B.Com.-II	1111
7	Anant Jain	B.Com.-II	1112
8	Vaibhav Chanana	B.Com.-II	1118
9	Nikhil	B.Com.-III	1435
10	Akashdeep	B.Com.-III	1436
11	Nikhil Sharma	B.Com.-III	1437
12	Nandan Jain	B.Com.-III	1503
13	Yuvraj Singh	B.Com.-III	1515
14	Manisha	B.Com.-III	1525
15	Lovish Khurana	B.Com.-III	1526
16	Sahil Malik	B.Com.-III	1527
17	Rohit Khanna	B.Com.-III	1535
18	Rishab	B.Com.-III	1547
19	Harmanjot Singh	B.Com.-III	1560
20	Harsh	B.Com.-III	1625

Category/Item: Theatre

Sr. No.	Name	Class	Roll No.
1	Gourav Sharma	BBA II	213
2	Harshita	B.Com.-I	418
3	Mehak	B.Com.-I	432
4	Pushkar	B.Com.-I	443
5	Anjali Arora	B.Com.-I	501
6	Arshiya	B.Com.-I	504
7	Arshraj	B.Com.-I	505
8	Dev Dhingra	B.Com.-I	512
9	Maitree	B.Com.-I	532
10	Sneha	B.Com.-I	549
11	Chetan Dua	B.Com.-I	606
12	Daamini	B.Com.-I	608
13	Sneha Goyal	B.Com.-I	645
14	Prabhleen Kaur	B.Com.-I	727
15	Vaneet Munjal	B.Com.-I	743
16	Rishika Chawla	B.Com.-II	907
17	Puneet	B.Com.-II	945
18	Piyush Jain	B.Com.-II	1003
19	Ketan Sharma	B.Com.-II	1010
20	Gaurav Taneja	B.Com.-II	1030
21	Sukhpreet Singh	B.Com.-II	1055
22	Yogesh	B.Com.-II	1141
23	Lakhdeep Kaur	B.Com.-II	1146
24	Charvi	B.Com.-III	1402
25	Janvi Jindal	B.Com.-III	1409
26	Prachi Kapoor	B.Com.-III	1417
27	Lucky Kumar	B.Com.-III	1425
28	Manpreet	B.Com.-III	1557
29	Paras Kalra	B.Com.-III	1562
30	Sarishti Verma	B.Com.-III	1613
31	Sugandha	B.Com.-III	1614
32	Jaspreet	B.Com.-III	1615
33	Jatin Vasan	B.Com.-III	1636
34	Goutam Harjai	B.Com.-III	1646
35	Bharti	M.Com.-I	1701
36	Harmeet Kaur	M.Com.-I	1704

Category/Item: Literary

Sr. No.	Name	Class	Roll No.
1	Khushi	BBA-I	140
2	Pranjal	BBA-II	207
3	Jatin Sobti	BBA-III	319
4	Harshita Arora	B.Com.-I	418
5	Jai Mishra	B.Com.-I	420
6	Jyoti	B.Com.-I	425
7	Mehak Mutneja	B.Com.-I	432
8	Neeru	B.Com.-I	435
9	Neha	B.Com.-I	436
10	Pushkar	B.Com.-I	443
11	Vibha	B.Com.-I	463
12	Parneet	B.Com.-I	537
13	Bavneet Kaur	B.Com.-I	605
14	Gaurav	B.Com.-I	610
15	Harkirat	B.Com.-I	614
16	Madhav Gupta	B.Com.-I	619
17	Ravikant Sharma	B.Com.-I	634
18	Sourav	B.Com.-I	733
19	Vaneet	B.Com.-I	743
20	Rajni	B.Com.-II	1147
21	Charvi	B.Com.-III	1402
22	Blessy Kumar	B.Com.-III	1612
23	Mahir	B.Com.-III	1617



Category/Item: Group Dance General

Sr. No.	Name	Class	Roll No.
1	Aarti Dunga	BBA-I	101
2	Tamanna	BBA-I	138
3	Khushi Gupta	BBA-I	140
4	Akshra	BBA-I	151
5	Sanjana	BBA-I	185
6	Khushi Sharma	BBA-II	228
7	Mehak	B.Com.-I	432
8	Maitree	B.Com.-I	532
9	Daamini	B.Com.-I	608
10	Saki Dua	B.Com.-I	640
11	Sakshi Tiwari	B.Com.-I	641
12	Vanshika	B.Com.-I	649
13	Sakshi Choudhary	B.Com.-I	731
14	Rishika Sharma	B.Com.-II	907
15	Khushbu Sharma	B.Com.-II	1129
16	Khushi Verma	B.Com.-II	1149
17	Eshita Srivastava	B.Com.-II	1161
18	Tanvi Jain	B.Com.-III	1446
19	Yogya Madaan	B.Com.-III	1505
20	Sarishti	B.Com.-III	1613
21	Sugandha	B.Com.-III	1614
22	Jaspreet	B.Com.-III	1615



Category/Item: Fine Arts & Heritage Craft

Sr. No.	Name	Class	Roll No.
1	Abhinav	BBA-I	103
2	Aditi Behal	BBA-I	104
3	Armaan Sood	BBA-I	107
4	Hardik Jain	BBA-I	115
5	Kanav Jain	BBA-I	120
6	Sushant Dua	BBA-II	230
7	Jatin Sobti	BBA-III	319
8	Rohit Kumar	B.Com.-I	447
9	Arshraj Sharma	B.Com.-I	505
10	Maitree Jain	B.Com.-I	532
11	Saki Dua	B.Com.-I	640
12	Kavya Jain	B.Com.-I	715
13	Sourav	B.Com.-I	733
14	Yuvam Jain	B.Com.-I	749
15	Manik Jindal	B.Com.-II	904
16	Gautam Jain	B.Com.-II	910
17	Mokshi	B.Com.-II	911
18	Shubhra	B.Com.-II	914
19	Misha	B.Com.-II	918
20	Karanvir Sembi	B.Com.-II	920
21	Samarjeet Singh	B.Com.-II	921
22	Dhawani Khanna	B.Com.-II	923
23	Raghav Soni	B.Com.-II	928
24	Jatin Sharma	B.Com.-II	932
25	Harshita	B.Com.-II	934
26	Shiv Kumar	B.Com.-II	946
27	Shiwansh	B.Com.-II	954
28	Aalima	B.Com.-II	1052
29	Mani	B.Com.-II	1115
30	Karanvir	B.Com.-II	1117
31	Rahul	B.Com.-II	1123
32	Sukhman Preet	B.Com.-III	1516
33	Divyansha Jain	B.Com.-III	1524
34	Aarti	B.Com.-III	1533
35	Reema Kumari	B.Com.-III	1534
36	Nikita	B.Com.-III	1536
37	Mamta	B.Com.-III	1537
38	Ankita	B.Com.-III	1549
39	Aanchal Sharma	B.Com.-III	1669
40	Riya	M.Com.-II	1801
41	Palak Thapar	M.Com.-II	1804
42	Meenal Jain	M.Com.-II	1809

Annexure-3

List of Participants Selected

Sr. No.	Name	Class	Roll No.	Item(s)
1	Abhinav	BBA-I	103	On The Spot Painting, Installation
2	Khushi Gupta	BBA-I	140	Debate, Group Dance
3	Sanjana	BBA-I	185	Group Dance
4	Pranjal	BBA-II	207	Essay Writing
5	Harbakhshish Singh	BBA-II	211	Percussion
6	Gourav Sharma	BBA-II	213	Mime
7	Ekampreet Singh	BBA-II	227	Gazal
8	Khushi Sharma	BBA-II	228	Group Dance
9	Sushant Dua	BBA-II	230	On The Spot Painting, Still Life Drawing
10	Jatin Sobti	BBA-III	319	Poster Making, Debate
11	Harshita	B.Com.-I	418	One Act Play
12	Mehak	B.Com.-I	432	One Act Play
13	Neha	B.Com.-I	436	Story Writing
14	Pushkar	B.Com.-I	443	Skit, Bhand, Poem Writing
15	Rohit Kumar	B.Com.-I	447	Rangoli
16	Vibha	B.Com.-I	463	Elocution
17	Arshiya	B.Com.-I	504	One Act Play
18	Arshraj	B.Com.-I	505	Mime
19	Maitree	B.Com.-I	532	Mime
20	Parneet	B.Com.-I	537	Poem Writing
21	Saki Dua	B.Com.-I	640	Group Dance
22	Kavya Jain	B.Com.-I	715	Still Life Drawing, Eennu Making
23	Prabhleen Kaur	B.Com.-I	727	Muhavredar Vartalap, One Act Play, Skit
24	Sourav	B.Com.-I	733	Cartooning
25	Vaneet Munjal	B.Com.-I	743	One Act Play
26	Yuvam Jain	B.Com.-I	749	Clay Modelling, Mitti De Khidaune
27	Manik Jindal	B.Com.-II	904	Naala Making
28	Rishika Sharma	B.Com.-II	907	Group Dance
29	Gautam Jain	B.Com.-II	910	Rangoli
30	Mokshi	B.Com.-II	911	Collage Making, Pranda Making
31	Shubhra	B.Com.-II	914	Clay Modelling, Khiddo Making
32	Misha	B.Com.-II	918	Collage Making, Cartooning
33	Karanvir Sembi	B.Com.-II	920	Peerhi Making
34	Samarjeet Singh	B.Com.-II	921	Pakhi Designing
35	Raghav Soni	B.Com.-II	928	Installation
36	Jatin Sharma	B.Com.-II	932	Rassa Making

Sr. No.	Name	Class	Roll No.	Item(s)
37	Shiv Kumar	B.Com.-II	946	Embroidery Bagh
38	Shiwansh	B.Com.-II	954	Tokri Making
39	Ketan Sharma	B.Com.-II	1010	Mime
40	Gaurav Taneja	B.Com.-II	1030	Mime
41	Aalima	B.Com.-II	1052	Mehandi Designing
42	Sukhpreet Singh	B.Com.-II	1055	Skit
43	Vicky Kumar	B.Com.-II	1111	Quiz
44	Mani	B.Com.-II	1115	Crochet Work
45	Karanvir	B.Com.-II	1117	Photography
46	Rahul	B.Com.-II	1123	Punjabi Handwriting
47	Yogesh	B.Com.-II	1141	Mime
48	Lakhdeep Kaur	B.Com.-II	1146	Muhavredar Vartalap, One Act Play, Skit
49	Rajni	B.Com.-II	1147	Story Writing
50	Eshita Srivastava	B.Com.-II	1161	Group Dance
51	Charvi	B.Com.-III	1402	Poem Recitation, Histrionics
52	Prachi Kapoor	B.Com.-III	1417	Muhavredar Vartalap
53	Akashdeep Singh	B.Com.-III	1436	Quiz
54	Tanvi Jain	B.Com.-III	1446	Group Dance
55	Nandan Jain	B.Com.-III	1503	Quiz
56	Sukhman Preet	B.Com.-III	1516	Punjabi Handwriting
57	Divyansha Jain	B.Com.-III	1524	English Handwriting
58	Reema Kumari	B.Com.-III	1534	Installation, Guddian Patole Making
59	Nikita	B.Com.-III	1536	Knitting
60	Mamta	B.Com.-III	1537	Embroidery Phulkari
61	Ankita	B.Com.-III	1549	Embroidery Cross Stitch
62	Manpreet	B.Com.-III	1557	One Act Play, Skit
63	Paras Kalra	B.Com.-III	1562	One Act Play, Skit, Mimicry, Bhand
64	Jaspreet	B.Com.-III	1615	Group Dance
65	Mahir	B.Com.-III	1617	Essay Writing
66	Goutam Harjai	B.Com.-III	1646	One Act Play
67	Aanchal Sharma	B.Com.-III	1669	Installation, Chhikku Making
68	Riya	M.Com.-II	1801	Hindi Handwriting
69	Palak Thapar	M.Com.-II	1804	English Handwriting
70	Meenal Jain	M.Com.-II	1809	Hindi Handwriting

REPORT

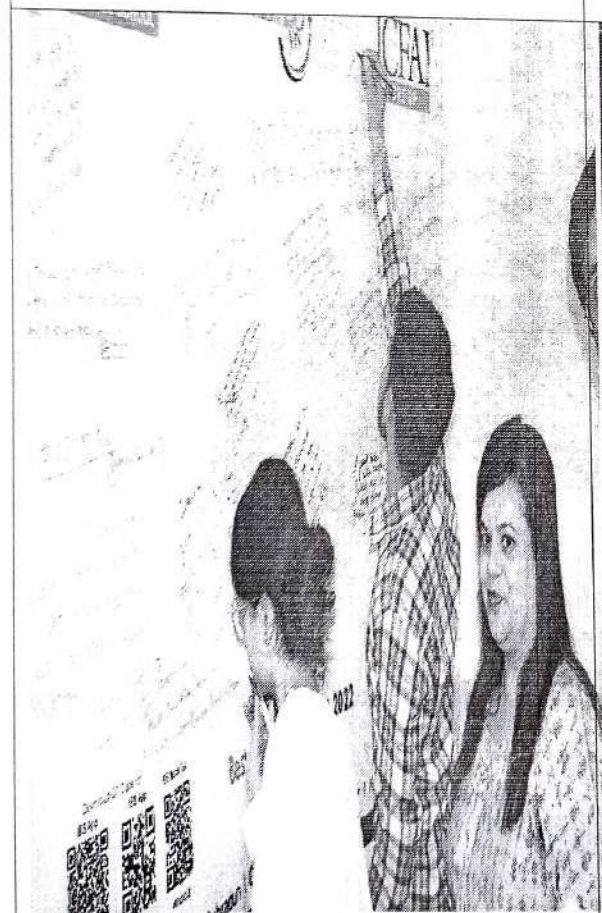
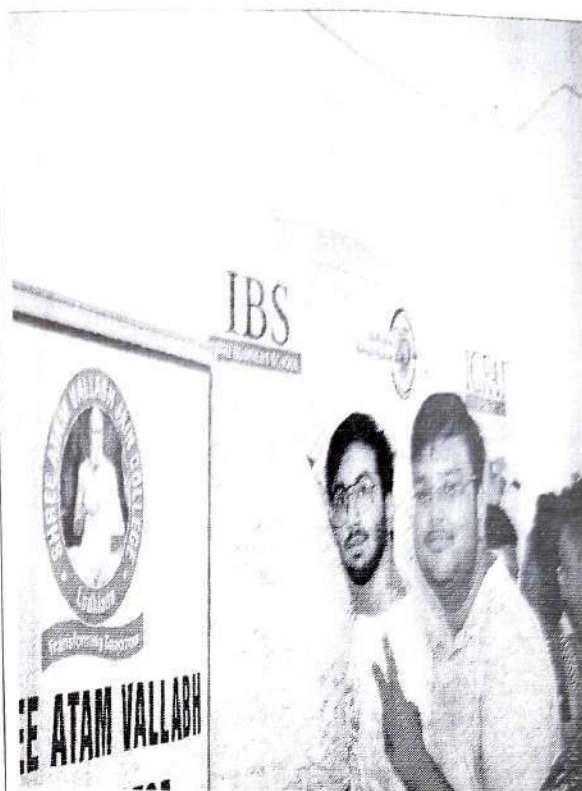
Activity	- Celebration of Teachers' Day
Organising Team	- NSS in collaboration with IBS (ICFAI Business School)
Programme Officers	- Dr. Harleen Kaur (Girls) Dr. Sandeep K. Bansal (Boys)
Date	- Sept 5, 2022
Venue	- College Campus
Objective of the event	- To celebrate Teachers' Day and to encourage the students to share their views.

About the Event

NSS unit of the College in association with IBS (ICFAI Business School) celebrated Teachers' Day. Volunteers participated a competition organized by IBS (ICFAI Business School) where they were required to share their thoughts on teachers' day and role of teachers in their life. Winners of the competition were selected and awarded by Principal. Further students added to the celebration with cake cutting by Principal and teachers.


Signature


Principal
Shree Atam Vallabh Jain College
HUSSAINPURA Ludhiana



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improve your business skills is to
attend a seminar or workshop.

A seminar is a meeting or
conference where people share their
knowledge and experiences.

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Teachers' Day
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दैनिक जागरण लुधियाना, 6 सितंबर, 2022

श्री आत्म वल्लभ जैन कालेज



लुधियाना के श्री आत्म वल्लभ जैन कालेज में शिक्षक दिवस उत्साह के साथ मनाया गया। कालेज प्रबंधकीय सदस्यों के साथ प्रिंसिपल, स्टाफ सदस्य इस सेलिब्रेशन का हिस्सा बने • जागरण

दैनिक सवेरा 10
जालंधर, मंगलवार, 6 सितंबर 2022



योजना किया,
माने, गुलदस्ता
मानसी थापर

ने विद्यार्थियों को सलाह दी कि वे अपने शिक्षकों का सम्मान करें और अपनी पढ़ाई के प्रति ईमानदार रहें तथा (दाएं) श्री आत्म वल्लभ जैन कालेज के विद्यार्थियों ने प्रिंसिपल व स्टाफ से केक कटवाया। कालेज के एन.एस.एस. यूनिट द्वारा

आई.सी.एफ.ए.आई. बिजनेस स्कूल के सहयोग से कालेज में एक्टिविटी करवाई गई। कालेज मैनेजिंग समिति के प्रधान कोमल जैन (इयूक), मैनेजिंग समिति के अन्य सदस्यों एवं प्रिंसिपल डा. सदीप कुमार ने टीचर्स को मुबारकबाद दी।

LUDHIANA Tribune

LUDHIANA | TUESDAY | 6 SEPTEMBER 2022

SHREE ATAM VALLABH JAIN COLLEGE

Students of Shree Atam Vallabh Jain College organised a function to celebrate Teacher's Day. Principal Dr Sandeep Kumar along with faculty members graced the occasion by cutting cake. The NSS unit of the college in association with IBS (ICFAI Business School) celebrated the day by sharing students' views on the day. Students expressed their love and gratitude towards teachers.

REPORT

Activity	-	Seminar on Paryavaran Sanrakshan
Organising Committee	-	Asst. Prof Amit Goyal (Convener, Youth Club) Asst. Prof. Rishu Jain (Member Youth Club)
Date	-	17 th September, 2022 (Saturday)
Time	-	11.00 am
No. of Participants	-	84 (79 students and 5 teachers)
Venue	-	Seminar Hall
Objective of the event	-	To motivate students for environment protection.

About the Event

Youth Club of Shree Atam Vallabh Jain college organized a seminar on 'Prayavaran Sanrakshan' (Environmental Protection) for the students of B.Com and BBA first semester. Mr. Rakesh Jain (Rashtrya Seh Sanyojak of Paryavaran Sanrakshan Gatividhi) was the chief guest of the occasion. Dr Rakesh Sharda, (Principal Scientist, PAU), Mr. Parveen Kumar (Prant Sanyojak, Haryaval Punjab), Mr Harsh Garg (Vibhagh Pramukh, Haryaval Punjab), Mr. Sidharth Jindal (District Convener, Haryaval Punjab), Mr. Karanjot Singh (Haryaval Punjab) were the resource persons who spoke on the various environmental issues that we are facing today and the ways to deal with them. The main purpose was to spread awareness about the need to protect the environment. The speakers also shared alarming facts about the changes that might happen in future due to degradation of the environment. One of the speakers also spoke on the resources available to us and on the concept of 3R i.e Reduce, Reuse and Recycle. He gave a very useful talk on the implication of this concept in our day-to-day life and choose the resources wisely, keeping in my mind- what to reduce, what can be reused and what should be recycled. Principal Dr. Sandeep Kumar also spoke on the role that environment plays for us and asked students to take initiative to save it. He further motivated the organizers to organize such programme in future also.

Outcome: 85.71 % students admitted that the content of the lecture was useful and interesting.
95.23% students agreed that it was interesting and useful to hear an external speaker talk about the Environment Protection.



(Signature)
 21/9/22
 (Amit Goyal)
 Convener
 Youth Club

युवा पीढ़ी को पर्यावरण संरक्षण के लिए किया प्रेरित

• श्री आत्म वल्लभ जैन कालेज में संगीनार का आयोजन

सवेरा न्यूज/रजनी

लुधियाना, 17 सितंबर: श्री आत्म वल्लभ जैन कालेज में पर्यावरण संरक्षण पर संगीनार का आयोजन किया गया। विद्यार्थियों में पर्यावरण के प्रति जागरूकता बढ़ाने के लक्ष्य के साथ इस सेशन का आयोजन किया। राकेश जैन (राष्ट्रीय सह संयोजक, पर्यावरण संरक्षण गतिविधि) इस सेशन के मुख्य प्रवक्ता थे। डा. राकेश शारदा (प्रमुख वैज्ञानिक, पंजाब कृषि विश्वविद्यालय), परवीन कुमार (प्रांत संयोजक, हरियावल पंजाब), हर्ष गर्ग (विभाग प्रमुख हरियावल पंजाब) सिद्धार्थ जिंदल (जिला

संयोजक, हरियावल पंजाब), करणजोत सिंह (हरियावल पंजाब) भी उपस्थित रहे। उन्होंने बताया कि परि और आवरण से मिलकर पर्यावरण शब्द बना है जिसका अर्थ है 'चारों तरफ से घिरा हुआ। मानव और पर्यावरण के बीच बहुत घनिष्ट संबंध है। मनुष्य की मूलभूत जरूरतें जैसे भोजन के लिए अनाज, पीने का साफ पानी, जीने के लिए शुद्ध वायु, वर्षा के लिए पेड़-पौधे आदि सभी पर्यावरण द्वारा ही पूरी की जाती हैं। मनुष्य, जीव-जंतु, पेड़-पौधे आदि सभी पर्यावरण पर निर्भर हैं। जीवन के लिए स्वच्छ पर्यावरण का होना अत्यंत आवश्यक है। उन्होंने कहा कि पांच स्टार घर होने के लिए पानी, पौधे, जीवजंतु एवं मिट्टी का होना जरूरी है। राकेश जैन जी ने

कहा कि इस समय दुनिया जबरदस्त पर्यावरणीय गिरावट का सामना कर रही है जैसे प्रदूषण, वनों की कटाई के साथ-साथ जलीय जीवन में कमी, अधिक जनसंख्या, ग्लोबल वार्मिंग आदि।

उन्होंने बताया कि केरला एवं महाराष्ट्र में बाढ़ का मुख्य कारण पर्यावरणीय गिरावट ही है। उन्होंने विद्यार्थियों को कहा कि हमें अपने पर्यावरण को संरक्षित करने के लिए कदम उठाने चाहिए। कालेज मैनेजिंग समिति के प्रधान कोमल जैन (इयूक), मैनेजिंग कमेटी के अन्य सदस्यों एवं प्रिंसीपल डा. संदीप कुमार ने कहा कि आज पूरी दुनिया ग्लोबल वार्मिंग की समस्या से त्रस्त है इसलिए पर्यावरण की सुरक्षा करना हम सब की जिम्मेदारी है।

छात्रों को पर्यावरण संरक्षण के बारे में बताया

जैसे लुधियाना श्री आत्म वल्लभ जैन कॉलेज में दूध कनव द्वारा आयोजित कार्यक्रम में पर्यावरण संरक्षण पर सेशन का आयोजन किया गया। शिक्षाविदों में पर्यावरण के प्रति जागरूकता बढ़ाने के लक्ष्य के साथ इस सेशन का आयोजन किया गया। राकेश जैन राष्ट्रीय सह संयोजक पर्यावरण संरक्षण गतिविधि इस सेशन के मुख्य प्रवक्ता रहे। डॉ. राकेश शर्मा प्रमुख वैज्ञानिक, पंजाब कृषि विश्वविद्यालय, लुधियाना, परवीन कुमार प्रांत संयोजक, हरियाणु पंजाब, हर्ष गर्ग विभाग परममुख, हरियाणु पंजाब सिद्धार्थ जितल जिला संयोजक, हरियाणु पंजाब, करणजीत सिंह

हरियाणु पंजाब श्री लुधियाना में छात्रों को बताया कि पानी और वायुमंडल में विषमता पर्यावरण शुद्ध बना है जिसका अर्थ है। पानी वायु में विषमता है। वायु और पर्यावरण के बीच बहुत घनिष्ठ संबंध है। वायु की मूलभूत जरूरत जैसे भोजन के बिना प्रभाव पड़ेगा वायु नहीं। जैसे कि बिना लूट वायु नहीं के बिना पेड़-पौधे आदि सभी पर्यावरण द्वारा ही पूरी की जाती है। वायु, जल, जलु, पेड़-पौधे आदि सभी पर्यावरण पर निर्भर है। वायु में बैक्टीरिया जीवित के प्रकृत कोमल जैन बैक्टीरिया कम्पैनी के जैन सदस्यों एवं प्रिंसिपल डॉ. सतीश कुमार ने सभी का आभार जताया।



लुधियाना के श्री आत्म वल्लभ जैन कॉलेज में आयोजित कार्यक्रम में संबोधित करते वक्ता व मौजूद विद्यार्थी • छात्रेज

दैनिक भास्कर
लुधियाना, रविवार 18 सितंबर, 2022

+ पर्यावरण संरक्षण पर सेशन करवाया



लुधियाना श्री आत्म वल्लभ जैन कॉलेज में दूध कनव द्वारा आयोजित कार्यक्रम में पर्यावरण संरक्षण पर सेशन करवाया गया। पर्यावरण संरक्षण गतिविधि के राष्ट्रीय सह संयोजक राकेश जैन इस सेशन के मुख्य प्रवक्ता रहे। इस सत्र पर पीएचयू से साइंटिस्ट डॉ. राकेश शर्मा, हरियाणु पंजाब के प्रांत संयोजक परवीन कुमार, हरियाणु पंजाब के विभाग प्रमुख हर्ष गर्ग, हरियाणु पंजाब के जिला संयोजक सिद्धार्थ जितल, करणजीत सिंह उपस्थित रहे। राकेश जैन ने बताया कि पानी और वायुमंडल से मिलकर पर्यावरण शुद्ध बना है। जिसका अर्थ है। पानी वायु में विषमता है। वायु और पर्यावरण के बीच बहुत घनिष्ठ संबंध है। वायु की मूलभूत जरूरत जैसे भोजन के बिना प्रभाव पड़ेगा वायु नहीं। जैसे कि बिना लूट वायु नहीं के बिना पेड़-पौधे आदि सभी पर्यावरण द्वारा ही पूरी की जाती है। वायु, जल, जलु, पेड़-पौधे आदि सभी पर्यावरण पर निर्भर है।

REPORT

Activity	-	Visit to St. Mother Teresa Orphanage Home
Organizing Committee	-	Asst. Prof Amit Goyal (Convener, Youth Club) Asst. Prof. Rishu Jain (Member Youth Club)
Date	-	28 th September, 2022 (Saturday)
Time	-	10.30 am
No. of Participants	-	91 (83 students and 8 teachers)
Objective of the event	-	To inculcate social values among the students.

About the Event

Youth Club of the college organized a visit to St. Mother Teresa Orphanage Home. A total no. of 91 students and teachers contributed for the welfare of deprived ones. They arranged different items of grocery, toiletries, medicines, clothes, and fruits, etc. to gift them. Students shared that it was a life-changing experience for them filled with emotions and sentiments. The main objective of the visit was to encourage youngsters to step forward to help the underprivileged and needy ones. The students interacted with the specially-abled people and got to know about various problems being faced by them on daily basis. The visit has made our students empathetic and compassionate towards the needy ones. This noble cause brought happiness, peace and satisfaction to our students.

The President of the College Management committee Sh. Komal Kumar Jain, other worthy members of the Committee and the Principal of the college, Dr Sandeep Kumar, admired the team for taking the initiative to reach out the needy ones and further the Principal motivated students to offer their help and support to these orphanages.



Outcome: 100% students admitted that the visit was helpful in inculcating social values among them. Students also recommended that college should organize such visits frequently.

(Signature)
 (Amit Goyal)
 Convener
 Youth Club

Report

Activity: Panjab University Zonal Youth & Heritage Festival 2022

Convener: Prof. Manoj Arora (Contingent Incharge)

Date: 30th September to 3rd October, 2022

Venue: Mata Ganga Khalsa College, Manji Sahib, Kottan

No. of Participants: 70 (Male 32, Female 38)

Objective of the Event: To channelize creative energy and enthusiasm of the young students by providing them with an atmosphere of creativity and group participation so that their potentialities and talent find an outlet in joyous and fruitful ways. Also to preserve and promote rich folklore and traditional culture through display of diverse art and craft forms, thereby enriching culture and social life of the region.

Items of Participation: Poem Writing, Short Story Writing, Essay Writing, Handwriting Competition (English, Hindi, Punjabi), Poem Recitation, Elocution, Debate, Quiz, On the Spot Painting, Photography, Collage Making, Clay Modelling, Cartooning, Still Life Drawing, Installation, Poster Making, Rangoli, Phulkari, Bagh, Dasuti, Pakhi Designing, Crochet Work, Knitting, Mehendi Designing & Application, Guddian Patole Making, Chhikku Making, Pranda Making, Naala Making, Tokri Making, Mitti De Khidaune, Khiddo Making, Peerhi Making, Rassa Vattna, Eennu Making, One Act Play, Histrionics, Skit, Mime, Mimicry, Bhand, Percussion, Muhavredar Vaartalap, Light Vocal (Gazal), Group Dance General

Item wise Teacher Incharges:

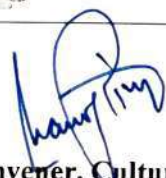
Items	Teacher Incharge
Fine Arts & Craft Items	Prof. Manoj Arora
Theatrical Items	Prof. Ramandeep Singh
Quiz, Percussion, Light Vocal (Gazal)	Prof. Amit Goyal
Group Dance General	Prof. Ridum Jain
Debate, Elocution, Creative Writing, Poem Recitation	Prof. Sheena Sharma Prof. Ankush Kumar

About the Event: Our students participated in 46 items of Panjab University Zonal Youth & Heritage Festival (day wise schedule has been attached separately in Annexure 1). The college bagged total 33 prizes in different items (detailed list has been attached separately in Annexure 2). Our 20 items were qualified for participation in Panjab University Inter Zonal Youth & Heritage Festival to be held at Swami Premanand Mahavidyalaya, Mukerian from 10th November – 13th November, 2022. Managing Committee of the college and Principal Dr. Sandeep Kumar congratulated all the participating students, their mentors and parents for this outstanding achievement.

Glimpses of the Event:






 Convener, Cultural Affairs


 Principal

Annexure-1

List of Participants for 30th Sep., 2022

Sr. No	Item Name	Name of Participant(s)	Class	Roll No.
1	Gazal	Ekampreet Singh	BBA-II	227
2	Poem Recitation	Charvi Jain	B.Com-III	1402
3	Muhavredar Vartalap	Lakhdeep Kaur Prabhleen Kaur Prachi Kapoor	BCOM II BCOM I BCOM III	1146 727 1417
4	Guddian Patole Making	Reema Kumari	BCOM III	1534
5	Pranda Making	Mokshi Kathuria	BCOM II	911
6	Chhikkoo Making	Aanchal Sharma	BCOM III	1669
7	Naala Making	Manik Jindal	BCOM II	904
8	Tokri Making	Shiwansh	BCOM II	954
9	Mitti De Khidaune	Yuvam Jain	BCOM I	749
10	Khiddo Making	Shubhra Sharma	BCOM II	914
11	Peerhi Making	Karanvir Singh	BCOM II	920
12	Rassa Vattna	Jatin Sharma	BCOM II	932
13	Eennu Making	Kavya Jain	BCOM I	715
14	Poem Writing	Pushkar Parneet Kaur	BCOM I BCOM I	443 537
15	Short Story Writing	Rajni Neha Mourya	BCOM II BCOM I	1147 436
16	Essay Writing	Pranjal Jain Mahir Gaba	BBA II BCOM III	207 1617
17	Handwriting (English)	Palak Thapar Divyansha Jain	MCOM II BCOM III	1804 1524
18	Handwriting (Hindi)	Meenal Jain Riya	MCOM II MCOM II	1809 1801
19	Handwriting (Punjabi)	Rahul Malik Sukhmanpreet Kaur	BCOM II BCOM III	1123 1516

Accompanists:

1. Mr. Sajan
2. Mr. Kamaldeep Singh
3. Mr. Tarun Sharma

Teachers:

1. Prof. Manoj Arora (Contingent Incharge)
2. Prof. Ramandeep Singh
3. Prof. Sheena Sharma

List of Participants for 1st Oct., 2022

Sr. No.	Item Name	Name of Participant(s)	Class	Roll No.
1	Histrionics	Charvi Jain	BCOM III	1402
2	One act play	Lakhdeep Kaur Vaneet Munjal Prabhleen Kaur Goutam Harjai Paras Kalra Manpreet Singh Arshiya Sharma Mehak Mutneja Harshita Arora	BCOM II BCOM I BCOM I BCOM III BCOM III BCOM III BCOM I BCOM I BCOM I	1146 743 727 1646 1562 1557 504 432 418
3	Group Dance	Eshita Srivastava Jaspreet Rishika Chawla Khushi Sharma Sanjana Saki Dua	BCOM II BCOM III BCOM II BBA II BBA I BCOM I	1161 1615 907 228 185 640
4	On The Spot Painting	Sushant Dua Abhinav Bhatia	BBA II BBA I	230 103
5	Photography	Karanvir Singh	BCOM II	1117
6	Collage Making	Misha Mokshi Kathuria	BCOM II BCOM II	918 911
7	Clay Modelling	Yuvam Jain Shubhra Sharma	BCOM I BCOM II	749 914
8	Quiz	Akashdeep Singh Nandan Jain Vicky Kumar	BCOM III BCOM III BCOM II	1436 1503 1111
9	Cartooning	Misha Saurav Kumar	BCOM II BCOM I	918 733
10	Still Life Drawing	Sushant Dua Kavya Jain	BBA II BCOM I	230 715
11	Installation	Abhinav Bhatia Reema Kumari Aanchal Sharma Raghav Soni	BBA I BCOM III BCOM III BCOM II	103 1534 1669 928
12	Poster Making	Jatin Sobti	BBA III	319

Accompanists:

1. Mr. Kuldeep Singh
2. Mr. Gulam Ali
3. Mr. Nirmal Kumar
4. Mr. Rishabh Sharma
5. Mr. Narinder Mohan
6. Mr. Babreek Nahar
7. Mr. Vipin Kumar

Teachers:

1. Prof. Manoj Arora (Contingent Incharge)
2. Prof. Ramandeep Singh
3. Prof. Amit Goyal
4. Prof. Rishu Jain
5. Prof. Ridum Jain

List of Participants for 2nd Oct., 2022

Sr.No.	Item Name	Name of Participant(s)	Class	Roll No.
1	Skit	Lakhdeep Kaur	BCOM II	1146
		Prabhleen Kaur	BCOM I	727
		Paras Kalra	BCOM III	1562
		Sukhpreet Singh	BCOM II	1055
		Pushkar	BCOM I	443
		Manpreet Singh	BCOM III	1557
2	Mimicry	Paras Kalra	BCOM III	1562
3	Mime	Ketan Sharma	BCOM II	1010
		Gaurav Taneja	BCOM II	1030
		Yogesh	BCOM II	1141
		Gourav Sharma	BBA II	213
		Arshraj Sharma	BCOM I	505
		Maitree Jain	BCOM I	532
4	Bhand	Paras Kalra	BCOM III	1562
		Pushkar	BCOM I	443
5	Embroidery-Phulkari	Mamta	BCOM III	1537
6	Embroidery-Bagh	Shiv Kumar	BCOM II	946
7	Rangoli	Gautam Jain	BCOM II	910
		Rohit Kumar	BCOM I	447
8	Dasuti/Cross Stitch	Ankita	BCOM III	1549
9	Pakhi Designing	Samarjeet Singh Pharwaha	BCOM II	921
10	Knitting	Nikita	BCOM III	1536
11	Crochet Work	Mani	BCOM II	1115
12	Mehandi Application	Aalima	BCOM II	1052
13	Debate	Jatin Sobti	BBA III	319
		Khushi Gupta	BBA I	140
14	Elocution	Vibha	BCOM I	463
15	Percussion	Harbakhshish Singh	BBA II	211

Accompanists:

1. Mr. Kuldeep Singh
2. Mr. Amandeep Singh
3. Ms. Palak Thapar
4. Mr. Ekampreet Singh

Teachers:

1. Prof. Manoj Arora (Contingent Incharge)
2. Prof. Geetu Sharma
3. Prof. Ramandeep Singh
4. Prof. Ankush
5. Prof. Sheena Sharma

Schedule

Tentative Schedule									
Panjab University Zonal Youth & Heritage Festival 2022-23.									
MATA GANGA KHALNA COLLEGE, MANJI SAHIB, KOTIAN, LUDHIANA -30-09-2022 TO 03-10-2023 Revised									
Date	Venue-I Items	Main Stage Time	Venue-II Items	Second Stage Time	Venue-III Items	Library Time	Venue-IV Items	Seminar Hall Time	
30-09-22	*Inauguration *Group Shabad *Bhajan *Group Singing (Indian) *Folk Song	9.00am	*Classical Music Vocal *Guzal *Geet *Poem Recitation *Mubayredur Vartalnag	9.30am	*Guddian Patole *Paranda Making *Chhiku Making *Naala Making *Tokri Making (Lawn)	9.30am	*Poem Writing *Story Writing *Essay Writing	10.00am	
					*Khiddo Making *Peerhi Making *Ennu Making *Rasa Vatna (Lawn) *Mitti De Khidone	1.00pm	*Hand Writing Competition	1.00pm	
01-10-22	*One act play *Histrionics *Classical Dance *Group Dance	9.00am	*Yaar Singing *Kali Singing *Kavishri	9.00am	*Collage Making *Clay Modeling(Phy.Lab) *On the spot Painting (Lawn) *Photography (Lawn)	9.00am	*Quiz (preliminary)	10.00am	
	*Announcement of topic of installation & Debate	10.00am	*Quiz Final		*Cartooning *Poster Making *Installation *Still life Drawing (Lawn)	1.00pm			
02-10-22	*Bhangra *Mime *Skit *Mimicry *Bhand	9.00am	*Instrumental music -Percussion -Non- Percussion * Indian Orchestra *Folk Instrument *Folk Orchestra	9.00am	*Rangoli *Phulkari *Bagh *Dasuti Or Cross Stich *Knitting *Crochet Work *Pakhi Designing *Mehandi Application	9.00am	*Heritage quiz (Preliminary) *Debate *Elocution	10.00am 12.00pm	
	*Announcement of topic of Elocution	10.00am	*Heritage quiz(Final)	2.00pm					
03-10-22	*Group Folk Dance *Ladies Traditional Ritualistic Songs * Gidha	9.00am							
Contingent in charge		Date: 13-09-2022		Principal					

Annexure-2

List of Winners

Sr. No	Item Name	Position	Participant	Class
1	Rangoli	1 st	Rohit Kumar	B.Com-I
2	Cartooning	1 st	Misha	B.Com-II
3	Poster Making	1 st	Jatin Sobti	BBA-III
4	Installation	1 st	Abhinav Bhatia Reema Kumari Aanchal Sharma Raghav Soni	BBA-I B.Com-III B.Com-III B.Com-II
5	Chhikkoo Making	1 st	Aanchal Sharma	B.Com-III
6	Tokri Making	1 st	Shiwansh	B.Com-II
7	Khiddo Making	1 st	Shubhra Sharma	B.Com-II
8	Guddian Patole Making	1 st	Reema Kumari	B.Com-III
9	RassaVattna	1 st	Jatin Sharma	B.Com-II
10	Pranda Making	1 st	Mokshi Kathuria	B.Com-II
11	Naala Making	1 st	Manik Jindal	B.Com-II
12	Knitting	1 st	Nikita	B.Com-III
13	Embroidery-Phulkari	1 st	Mamta	B.Com-III
14	Skit (Team)	1 st	Lakhdeep Kaur Prabhleen Kaur Paras Kalra Sukhpreet Singh Pushkar Manpreet Singh	B.Com-II B.Com-I B.Com-III B.Com-II B.Com-I B.Com-III
15	Skit (Individual)	1 st	Lakhdeep Kaur	B.Com-II
16	Mime (Team)	1 st	Ketan Sharma Gaurav Taneja Yogesh Gourav Sharma Arshraj Sharma Maitree Jain	B.Com-II B.Com-II B.Com-II BBA-II B.Com-I B.Com-I
17	Mime (Individual)	1 st	Maitree Jain	B.Com-I

Sr. No	Item Name	Position	Participant	Class
18	Group Dance General (Team)	1 st	Eshita Srivastava Jaspreet Rishika Chawla Khushi Sharma Sanjana Saki Dua	B.Com-II B.Com-III B.Com-II BBA-II BBA-I B.Com-I
19	Group Dance General (Individual)	1 st	Sanjana	BBA-I
20	Mehandi Designing	2 nd	Aalima	B.Com-II
21	Dasuti/Cross Stitch	2 nd	Ankita	B.Com-III
22	Embroidery-Bagh	2 nd	Shiv Kumar	B.Com-II
23	Rangoli	2 nd	Gautam Jain	B.Com-II
24	Still Life Drawing	2 nd	Kavya Jain	B.Com-I
25	Collage Making	2 nd	Misha	B.Com-II
26	On the Spot Painting	2 nd	Sushant Dua	BBA-II
27	Handwriting (Punjabi)	2 nd	Sukhmanpreet Kaur	B.Com-III
28	Mitti De Khidaune	3 rd	Yuvam Jain	B.Com-I
29	Eennu Making	3 rd	Kavya Jain	B.Com-I
30	Handwriting (Punjabi)	3 rd	Rahul Malik	B.Com-II
31	Muhavredar Vartalap	3 rd	Lakhdeep Kaur Prabhleen Kaur Prachi Kapoor	B.Com-II B.Com-I B.Com-III
32	Bhand (Individual)	3 rd	Paras Kalra	B.Com-III
33	Poem Recitation	3 rd	Charvi Jain	B.Com-III

पंजाब यूनिवर्सिटी जोनल यूथ एंड हेरिटेज फेस्टिवल में 33 पुरस्कार हासिल किए

CHANDIGARH
WEDNESDAY
OCTOBER 05, 2022



लुधियाना। श्री आत्म वल्लभ जैन कॉलेज के छात्रों ने माता गंगा खालसा कॉलेज, कोटा में आयोजित पंजाब यूनिवर्सिटी जोनल यूथ एंड हेरिटेज फेस्टिवल, 2022-23, जोन-ए में कला और शिल्प, रंगमंच और साहित्यिक से संबंधित विभिन्न प्रस्तुतियों में 33 पुरस्कार हासिल किए। जोन-ए से जोनल यूथ एंड हेरिटेज फेस्टिवल में कुल 16 कॉलेजों ने हिस्सा लिया। कॉलेज मैनेजिंग समिति के प्रधान कोमल जैन, कॉलेज मैनेजिंग कमेटी के अन्य सदस्यों और प्रिंसिपल डॉ. संदीप कुमार ने इस उपलब्धि के लिए स्टाफ और विजेताओं को मुबारकबाद दी। स्टूडेंट्स के शानदार परिणाम के लिए टीचरों के प्रयासों की सरहाना की।

Shree Atam Vallabh Jain College bags 33 prizes at PU Zonal fest
LUDHIANA : Students of Shree Atam Vallabh Jain College, Ludhiana, bagged positions in 33 out of 67 competitions in Panjab University Zonal Youth and Heritage Festival held at Mata Ganga Khalsa College, Kottan, Ludhiana. Students of the college clinched first position in 19 events, including cartooning, poster making, installation, skit and group dance. A total of 16 colleges of the district from Zone - A participated in the festival.

दैनिक

8

www.dainiksaavratimes.com
 जालंधार, चीरवार, 6 अक्टूबर 2022

श्री आत्म वल्लभ जैन कालेज ने यूथ फैस्टिवल में जीते 33 पुरस्कार

- फेस्टिवल में विभिन्न नुकाबलों में लिया या हिस्सा

सन्तो न्याय रजनी
तुषिणान्, ५ अक्षरान् : श्री
आर्य ब्रह्मण्य ज्ञान कालेन
वैद्याधिपति ये यानां गण खलसा
कालेन, वेद्ये ये आर्याजित खलसा
युक्ताविवेक ज्ञानेषु येषु हर्षितं
परिचयल, २०२२-२३, ज्ञान-ए-
मे कला ओ शिष्य, गम्याओ शि
तारिणिक से संवर्धित विधिन
प्रस्थानि ये ३३ प्रवृत्तक दारिद्र्य
विद्युः। ज्ञान-ए से ज्ञानेषु येषु
५० हर्षितं परिचयल ये कुल १६ कालेन
ये येषां विद्युः कालेन वैश्याजित अविदि
ते, प्रथम कोषेन ज्ञान (डब्ल्यू).
कालेन वैश्याजित कमेटी के अन्य
सदस्यो एव विज्ञेयन ड. संप्रत कुन
ये इस अवलोकने के लिए गत्ये
जिनाओ को मुनाकन्याद ओ एव
विश्याधिपति ज्ञानेन परिचयन के लिए
विश्याधिपति के प्रत्ययो को साराना को अ
को को इस तथ्य को अवलोकन ये
कालेन को गम्याओ को यव विद्युः है।



श्री आत्म वल्लभ जैन कालेज में सद्यः फेस्टिवल जोन ए में परस्कार जीतने वाले विद्यार्थी

पदस्थानां विषये विचारः

रंगेलो में रोज़िने, कटुर्द्विग में पिशा, शंटर: भेकिंग में ज़िनिन सोबरी, इन्टरलसिन में ऑर्निचन भाटिया, रीमा कुमार, ओपल शर्मा, गायन सोनो, छिककू बनने में ओजल शर्मा, टोकरी बनाने में शिशोरा, खोड्डो बनाने में गुभा शर्मा, गुडिदा घटोले बनाने में रीमा कुमार, रसना बनाने में ज़िनिन शर्मा, नात्ता बनने में पाणिप कर्माना, नुवाड में भोक्तिन, कडाड में मयलत, सिष्ट में लेखद्वीप कौर, प्रगतीन कौर, भासरा कावला, रंगेलो में रोज़िने, कटुर्द्विग में पिशा, शंटर: भेकिंग में ज़िनिन सोबरी, इन्टरलसिन में ऑर्निचन भाटिया, रीमा कुमार, ओपल शर्मा, गायन सोनो, छिककू बनने में ओजल शर्मा, टोकरी बनाने में शिशोरा, खोड्डो बनाने में गुभा शर्मा, गुडिदा घटोले बनाने में रीमा कुमार, रसना बनाने में ज़िनिन शर्मा, नात्ता बनने में पाणिप कर्माना, नुवाड में भोक्तिन, कडाड में मयलत, सिष्ट में लेखद्वीप कौर, प्रगतीन कौर, भासरा कावला,

[illegible]

पुष्पाः शैलेषु नैव गोमयं च, विदुषः लाजस्य दुष्टस्य नैव
काज्यं जैनः, कोलास्य पक्षिणः नैव भुजः, अतः श्वार्थ
पक्षिणः नैव सुमानः दुःखः । ईश्वरानिष्ठः नैव सुमानः प्रपन्नः कः
नैव दुःखः स्वयं नानुभवः । निन्द्यो देवः किञ्चित् नैव सुखम् । जैन-
दृष्ट्या भक्तिः नैव काज्यं जैनः, ईश्वरानिष्ठः नैव सुमानः नैव
सुमानः पक्षिणः, सुतापरेष्वपि काशिलास्य नैव भुजः पक्षिः
प्रपन्नः नैव भुजः, पक्षिः जम्बू, कश्चित् प्रपन्नः नैव भुजः
देवः को सुमानः भवति विदुषः ।

Leighton

Green Diwali Celebration Report

Activity	Celebration of Green Diwali
Organizing Committee	Eco club Dr. Charanjit Kaur (Convener), Prof. Preeti Jain
Date	20-10-2022 to 22-10-2022
Time	1:00 PM
Venue	College Campus, Slum Area
No. of Participants	73 (57 students and 16 teachers)
Objectives of the Event	The idea behind celebration is to save the environment and participate in the initiative made towards anti- pollution measures.

About the Event



(Distribution of sweets among children)



(Awareness Rally)



(Plantation Drive)



(Prayer and igniting divas in the temple)





(Rangoli and Diya Competition)

Eco club of the college took the initiative to celebrate Green Diwali with special emphasis on the values of Indian culture of maintaining heritage of the festivals. The following activities were organized to celebrate Green Diwali week.

1. Poster making Competition

2. Awareness Rally
3. Distribution of sweets among children of slum area
4. Plantation Drive
5. Prayer and igniting divas in the temple.
6. Rangoli and Diya Competition

On 20th October Poster making competitions was organized on the theme Say No to crackers.

On 21st October A rally, glorifying the slogan ‘SAY NO TO CRACKERS’, put in endeavour to ecclesiastic earnestness. The message of celebrating the Diwali bereft of air pollution was streamlined. Students were also taken to the slum areas to distribute sweets, candles and other items to the needy people. The prime motive of this move was to sensitize the students towards their social responsibility and to inculcate human values amongst them.

On 22nd October the celebration of Diwali started with a prayer and igniting diyas in the temple. The students of all classes participated enthusiastically in various activities. They tried to prove their talents in the best possible way. They made different rangolis by using flowers and Diya’s. Each design prepared by the students was a treat to the eyes. Apart Rangoli making, other activities like Diya decoration, tree plantation were also held in the college premises. Certificates were given to the students in Diya decoration, rangoli making and poster making.

Annexure-1

List of Participants

Sr. No.	Name	Class	Section	Roll No.	Item of Participation
1	Mannat Jain	B.Com I	B	660	Poster Making
2	Rohit Kumar	B.Com I	M.B	447	Poster Making
3	Vanshika Rai	B.Com I	B	649	Poster Making
4	Sakshi Tiwari	B.Com I	B		Poster Making
5	Misha	B.Com II	B	918	Poster Making
6	Aditi	B.Com I	C	702	Poster Making
7	Kavya Jain	B.Com I	C	715	Poster Making
8	Tamanna Sandal	B.B.A – I	A	138	Poster Making
9	Komal	B.Com -III	A	1530	Rangoli and Diya Making

10	Taniya	B.Com -III	A	1512	Rangoli and Diya Making
11	Babika Jain	B.Com III	A	1507	Rangoli and Diya Making
12	Rishabh	B.Com III	A	1547	Rangoli and Diya Making
13	Jashan	B.Com III	A	1551	Rangoli and Diya Making
14	Aarti	B.Com III	A	1533	Rangoli and Diya Making
15	Reema	B.Com III	A	1534	Rangoli and Diya Making
16	Nitika	B.Com III	A	1536	Rangoli and Diya Making
17	Aanchal	B.Com III	A	1669	Rangoli and Diya Making
18	Mamta	B.Com III	A	1537	Rangoli and Diya Making
19	Paras	B.B.A III		326	Rangoli and Diya Making
20	Vishal	B.B.A II		222	Rangoli and Diya Making
21	Pranjal	B.B.A II		207	Rangoli and Diya Making
22	Ashish	B.B.A II		221	Rangoli and Diya Making
23	Jaspreet	B.Com I	M.B	423	Rangoli and Diya Making
24	Gunjan	B.Com I	M.B	415	Rangoli and Diya Making
25	Jyoti	B.Com I	M.B	425	Rangoli and Diya Making
26	Neeru	B.Com I	M.B	435	Rangoli and Diya Making
27	Neha	B.Com I	M.B	436	Rangoli and Diya Making
28	Mannal	B.Com I	B	660	Rangoli and Diya Making
29	Lavish	B.Com III	A	1545	Rangoli and Diya Making
30	Hardik Dawar	B.B.A III		315	Rangoli and Diya Making
31	Saki Dua	B.Com I	B	640	Rangoli and Diya Making
32	Aditiya	B.Com III	A	1546	Rangoli and Diya Making
33	Arjun	B.Com III	A	1548	Rangoli and Diya Making
34	Anubhav	B.Com III	A	1504	Rangoli and Diya Making
35	Deepti	B.Com III	A	1520	Rangoli and Diya Making
36	Monika	B.Com III	A	1518	Rangoli and Diya Making
37	Khushi Bedi	B.Com III	A	1519	Rangoli and Diya Making
38	Yogya	B.Com III	A	1505	Rangoli and Diya Making
39	Ramanjot	B.Com III	A	1506	Rangoli and Diya Making
40	Rohit Kumar	B.Com I	M.B	447	Rangoli and Diya Making
41	Sunny	B.Com I	M.B	458	Rangoli and Diya Making
42	Mehak Mutneja	B.Com I	M.B	432	Rangoli and Diya Making
43	Ashpreet Kaur	B.Com I	M.B	410	Rangoli and Diya Making
44	Surinder	B.Com I	M.B	459	Rangoli and Diya Making
45	Misha	B.Com II	M.B	918	Rangoli and Diya Making

46	Gautam Jain	B.Com II	M.B	910	Rangoli and Diya Making
47	Mokshi	B.Com II	M.B	911	Rangoli and Diya Making
48	Kavya	B.Com I	C	715	Rangoli and Diya Making
49	Varun	B.Com I	C	753	Rangoli and Diya Making
50	Abhinav	B.B.A I	A	103	Rangoli and Diya Making
51	Anubhav	B.Com II	M.B	905	Rangoli and Diya Making
52	Dipanshu	B.Com II	M.B	927	Rangoli and Diya Making
53	Shubra	B.Com II	M.B	914	Rangoli and Diya Making
54	Tanisha	B.Com I	C	741	Rangoli and Diya Making
55	Isha	B.Com I	A	521	Rangoli and Diya Making
56	Bhavika	B.Com I	A	507	Rangoli and Diya Making
57	Sneha	B.Com I	A	549	Rangoli and Diya Making

Annexure-2

List of Winners

Item	Position	Name	Class	Section	Roll No.
Poster Making	I	Kavya Jain	B.Com I	C	715
		Tamanna Sandal	B.B.A – I	A	138
	II	Misha	B.Com II	B	918
		Aditi	B.Com I	C	702
	III	Vanshika Rai	B.Com I	B	649
		Sakshi Tiwari	B.Com I	B	
	Consolation	Mannat Jain	B.Com I	B	660
		Rohit Kumar	B.Com I	M.B	447
Rangoli	Team I First	Misha	B.Com II	M.B	918
		Gautam Jain	B.Com II	M.B	910
		Mokshi	B.Com II	M.B	911
		Kavya	B.Com I	C	715
	Team VI First	Anubhav	B.Com III	A	1504
		Deepti	B.Com III	A	1520
		Monika	B.Com III	A	1518
		Khushi Bedi	B.Com III	A	1519
		Yogya	B.Com III	A	1505
		Ramanjot	B.Com III	A	1506
		Aarti	B.Com III	A	1533
	Team II Second	Reema	B.Com III	A	1534

		Nitika	B.Com III	A	1536
		Aanchal	B.Com III	A	1669
		Mamta	B.Com III	A	1537
	Team V Second	Mannal	B.Com I	B	660
		Lavish	B.Com III	A	1545
		Hardik Dawar	B.B.A III		315
		Saki Dua	B.Com I	B	640
		Aditiya	B.Com III	A	1546
		Arjun	B.Com III	A	1548
	Team IX Third	Abhinav	B.B.A I	A	103
		Anubhav	B.Com II	M.B	905
		Dipanshu	B.Com II	M.B	927
		Shubra	B.Com II	M.B	914
	Team X Third	Tanisha	B.Com I	C	741
		Isha	B.Com I	A	521
		Bhavika	B.Com I	A	507
		Sneha	B.Com I	A	549

Convener

Principal

Report

Activity: Vallabh Darbar

Convener: Prof. Manoj Arora (Convener, Cultural Affairs)

Date: 27th October, 2022

Time: 9:00 am

Venue: S.A.N. Jain Sr. Sec. School

Chief Guest: Dr. Inderbeer Singh Nijjar, Local Minister Nikaay Vibhaag, Punjab

Other Guests: Sh. Manmohan Singh Jain
Sh. Ashok Prashar Pappi (MLA),
Sh. Madan Lal Bagga (MLA),
Sh. Kulpreet Singh (Joint Commissioner Municipal Corporation),
Sh. Surinder Dabar (Former MLA),
Sh. Amrik Singh Bhola (Councillor)
Dr. Sameer Dogra

No. of Participants: 26 students participated in Cultural Events (Annexure 1)

24 students were awarded as Academic Toppers (Annexure 2)

Objective of the Event: This event is organized every year mainly to celebrate the birthday of Yugveer Punjab Kesri Jain Acharya Shrimad Vijay Vallabh Surishwar Ji Maharaj. The same event is also marked as Annual Prize Distribution Function of three institutions run by Shri Atma Nand Jain School Committee.

Item wise Teacher Incharges:

Item	Teacher Incharge
Group Dance on Navkar Mantra	Prof. Ridum Jain
Bhangra	Prof. Amit Goyal
Bhand	Prof. Ramandeep Singh
Short Play (Sou Kyun Manda Aakhiye)	Prof. Ramandeep Singh

About the Event:

The event was organized by Shri Atma Nand Jain School Committee to celebrate the 153rd birth anniversary of Punjab Kesari Jain Acharya Shrimad Vijay Vallabh Surishwar Ji Maharaj and the foundation day of the committee. In this event 24 students from our college participated in four cultural items i.e., Bhangra, Group Dance, Play and Bhand. The combined magazine, Vallabh Jyoti, of all the three institutions, was released on the event. A prize distribution ceremony was also held, in which students were honoured for their academic achievements.

Glimpses of the Event




Convener, Cultural Affairs


Principal
Page 2 of 6

Annexure 1
Participants List (Cultural Items)

Anchors: 1. Jatin Sobti
2. Dev Prashar

Item	Participants	Teacher Incharge
Group Dance on Navkar Mantra	1. Sanjana 2. Eshita Srivastava 3. Rishika Chawla 4. Khushi Sharma 5. Khushbu Sharma 6. Ravleen Kaur	Prof. Ridum Jain
Bhangra	1. Sagarjot Singh 2. Sujal Sharma 3. Jashanjit Khaira 4. Gobind Kapil 5. Paras Kalra 6. Kshitij Jain 7. Bhavya Mehta 8. Shashank	Prof. Amit Goyal
Bhand	1. Paras Kalra 2. Pushkar	Prof. Ramandeep Singh
Short Play (Sou Kyun Manda Aakhiye)	1. Lakhdeep Kaur 2. Vaneet Munjal 3. Maitree Jain 4. Goutam Harjai 5. Paras Kalra 6. Manpreet Singh 7. Mehak Mutneja 8. Harshita Arora 9. Arshiya Sharma	Prof. Ramandeep Singh



Annexure 2
Toppers of the College

Class	Position	Name of Student	University Roll No.	Marks Secured	Max Marks	Percentage
BBA II SEM	First in college	Pranjal Jain	21046003	439	550	79.80%
	Second in College	Hansika Khanna	21045986	395	550	71.80%
	Third in college	Gitanshi	21045984	392	550	71.20%
BBA IV SEM	First in college	Sahil Mahendru	20047432	409	550	74.36%
	Second in College	Anubhav Sharma	20047405	402	550	73.09%
	Third in college	Sarthak Jain	20047435	395	550	71.81%
BBA VI SEM	First in University and First in College	Kartik Mahendru	19046451	3045	3400	89.50%
	Fourth in university and Second in college	Belal Ahmed	19046439	2980	3400	87.60%
	Third in college	Amandeep Kaur	19046434	2882	3400	84.70%
B.COM IV SEM	1st in university and First in college	Harsh	20069834	556	600	92.67%
	Fifth in University and Second in College	Prachi Kapoor	20069923	550	600	91.67%
	Third in college	Rishab	20069938	530	600	88.33%

B.COM VI SEM	6th in university and First in college	Praachi Sharma	19072371	3392	3700	91.60%
	Second in College	Sejal Chauhan	19072428	3322	3700	89.40%
	Third in college	Kashish Jain	19072312	3308	3700	89.70%
MCOM II SEM	2nd in university and First in college	Meenal Jain	44350	1280	1400	91.40%
	5th in university and Second in College	Muskaan Nehra	44351	1265	1400	90.30%
	10th in university and Third in college	Riya	44358	1251	1400	89.30%
MCOM IV SEM	3rd in university and First in college	Pragati	73331	2634	2800	94.07%
	5th in university and Second in College	Mehak Arora	73328	2600	2800	92.80%
	10th in university and Third in college	Tarun Jerath	73340	2561	2800	91.40%
BCOM II SEM	7th in university and First in college	Sapandeep Kaur	21064571	573	660	86.80%
	Second in College	Shruti Kochar	21064582	568	660	86.06%
	Third in college	Prinkle	21064533	567	660	85.90%



'बल्लभ दरबार' में विद्यार्थियों ने किया प्रतिमा का प्रदर्शन, होनहार सम्मानित

- श्री आश्वानाथ जैन स्वयं देवी रामा ने धर्मनिरपेक्षता का अर्थ आदर्श
- सगरोह ने कैबिनेट मंत्री डा. इंदर सिंह निज्जर मुख्यालय के तौर पर शामिल हुए

[illegible]

+ इदानीं शिव विष्णु मुखादित्य व
विष्णुवत् अतीव पाशा यन्त्र
विष्णुवत् गदगद गदगद, पुन
विष्णुवत् सुदीर्घ गदगद, अतीव शिव
इति अतीव गदगद, गदगद गदगद



गुरु बलराम दत्तकर्म वं कृपापात्र होते केविन्द भसी ह्य। इहवीर सिंह निजवर, नाम है कोमल कुमार जैन हनुक, मन्त्राई
कल्याण अर्चि। को रितेज करत केविन्द भसी ह्य। इहवीर सिंह निजवर, नाम है निपाकक अर्चक प्रसार कपी। शिवाय
अतिशय हास्य भूता जैन, योता जैन नरसिंहक व भव्य।



मजदूरों के शैक्षिक के माध्यमों परिवार के अरुण जैन एकादश को संबोधित व स्पष्टि चिन्त देकर सम्बोधित करते हैं। विभिन्न प्रकार के विकास को संरक्षण व स्पष्टि चिन्त देकर सम्बोधित करते हैं। मजदूरों के माध्यमों परिवार को संबोधित करते हैं।

कविजन्म कुम्हरीन सिंह विजय लो व
सौराह रह। मयोर मे केवितर मय
दा इहवीर सिंह विजय ने लो
विजयन कयारो मे लो लो लो लो
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मिह्र जैन वंश में मन्थरीय किया।
समाराह में कैथिनेट मंत्री
हदबी मिह्र निज्जल ने विद्याधर को
कुदरत के साथ जुड़ने के लिए प्रेरित
किया। उन्होंने विद्याधर को
निष्ठा में धुल रहने को कहा। मिह्र
ने कहा कि हमारे को भी जैन

रह जाये और मजान के लिए हम यहाँ की थिलिथिल प्रवास करके भागें। सप्ताह में दो अत्यान्त जैन स्कूल कमेटी के प्रधान होयान बुद्ध जैन ने स्कूल व अन्तर्गत के शिक्षण व स्टाफ की ओर से जो यह नैतिकता की समझाने, समझाने के लिए

भूषण कुमार जैन ने आए हुए सपनाएं, स्कूल प्रबंधकों व कृषकों को जागरूक किया। रामरोड में अग्रणी जैन बसना सखि आर्य स्टीमर की ओर से प्रतिभाएं को आह्वान किया गया।

रामानुजम के अन्तर्गत आया।
यह एक भौतिकी का प्रमाण
द्वारा है। उपरोक्त प्रमाण
प्रमाणों द्वारा यह प्रमाण
प्रमाणों द्वारा यह प्रमाण
प्रमाणों द्वारा यह प्रमाण

श्रीगणेशाय नमः
सद्व्यवस्था केन्द्र, लखनऊ
कुमार जी, अमित जी, अनिल
जी, विजय जी, अशोक कुमार
मुन्हा मनाहकार मिश्रदा ल
अमित प्रकाश जी, शिवानु
प्रताप जी, योगेश जी, जय

आदि-रूप दुःख, मोक्ष-लक्ष्य
मार्ग-प्रद के विवेचन का
प्रसंग है। ये गीता
मैथिली भाषा के विद्वान्
श्री १०८ श्री श्री
के विवेचन के अन्तर्गत
मार्ग-प्रद के विवेचन का

कालिका जी
महेश कुश
न सीमा
त मेरा है
रिश्ता मेरा
हमारे इलाके

LUDHIANA Tribune
LUDHIANA | FRIDAY | 28 OCTOBER 2022

LUDHIANA, FRIDAY | 28 OCTOBER 2022



Union Fisheries Minister Indrajit Singh Nijjar being honoured during 'Vallabh Darbar' event.

Minister attends event to mark birth anniversary of Jain Acharya

TRIBUNE NEWS SERVICE

LUDWIG, OCTOBER 27

Local Bodies Minister Indresh Singh Nigra attended 'Vallabh Luchai', an event to celebrate the 150th birth anniversary of Purnim Keshari Jain Acharya Shrimad Vajay Vallabh Surishwar here on Thursday. The event was held at Shri Atma Nand Jain School.

EMPIRE'S MEET MINISTER OVER JOB REGULARISATION

Members of the Municipal Employees Sangharsh Committee met the minister and demanded the removal of an age-related condition for the regularisation of jobs of the contractual employees. The committee members also demanded the regularisation of jobs of contractual drivers, gardeners and other employees.

educational institutions which would dispel the darkness of ignorance from the minds of people. He spoke of the importance of 'Guru' in our lives. He also made his pupils aware of the alarming situation of the water crisis in Punjab, the minister said.

ances, including bhajans and bhangras, were given by students from all educational institutes of the committee during the event.

Vallabh Jyoti, the annual magazine compiled by all educational institutions of the committee, was also released by the chief guest on the occasion.

पंजाब केन्दरी

28.10.2022

गुरु का स्थान सर्वोपरि, जो हमें सन्मार्ग दिखाते हैं : डा. इन्द्रवीर सिंह निज्जर

- जैनधर्म वाला श्रीराम जी महात्म्य का 153वां जन्मोत्सव एकोत्सव से मनाया
- गुरु बालम जी एक उत्कृष्ट शिक्षाविद् थे: कोकिल जैन



गुरु ज्ञान की प्राप्ति पर मायापूर्ण करते केविनेट मंत्री डा इन्दवी सिंह किन्ना प्रश्न कोष में मनकी



पूज्य विधायक सुमोहन झा, विधायक मदन लाल झा, विधायक अशोक झा तथा एन सी के.एम.सी. के
कैबिनेट मंत्री डा. इन्दर सिंह मिश्र तथा अन्य। (एन.ए.)



सुखसागर ५ सागर सागर।
सुखसागर ५ सागर सागर।

इस अवसर पर पुरस्कार विजेता
सम्बन्धों का आभार व्यक्त किया गया।
एन.ए.एन. जैन प्रमुख कार्यवाही
संस्थागत उपस्थितियों में प्रथम स्थान
प्राप्त करने वाले वैधानी विधायक
को पुरस्कार विजयी किए।
इस अवसर पर प्रमुख कार्यवाही
में प्रथम स्थान जैन, एन.ए.एन.

अरुण देव जवान, एटगिन सैत
पुषप कुभार देव, जवान सैत
मणेर लाल देव, विवा सैत
संजय देव, मनेका अमृत
कैलिका बिरोद देव, जतिन
उमेश देव गोमा, ललित
किरण देव, अमिता देव, अ
देव विमान देव अमृत

शिकार करत येन, जितल
 विनोद येन जी हसत, केवळ
 रोसा येन विदुत, जितल
 येन, पयल येन, दोस येन,
 आयस पावस येन कालीन
 निवेसल हा संकीर्ण कुमल, जी
 जीव येन, संकीर्ण जगजग, अ
 समस्त अर्ध जीवत ये।

1994

Handwritten signature

Report

Activity: Panjab University Inter Zonal Youth & Heritage Festival 2022

Convener: Prof. Manoj Arora

Date: 10th November – 13th November, 2022

Venue: Swami Premanand Mahavidyalaya, Mukerian

No. of Participants: 30 (17 male, 13 female)

Objective of the Event: To channelize creative energy and enthusiasm of the young students by providing them with an atmosphere of creativity and group participation so that their potentialities and talent find an outlet in joyous and fruitful ways. Also to preserve and promote rich folklore and traditional culture through display of diverse art and craft forms, thereby enriching culture and social life of the region.

Items of Participation: Handwriting (Punjabi), Embroidery-Phulkari, Knitting, Rangoli, Collage Making, Cartooning, Still Life Drawing, Installation, Poster Making, On The Spot Painting, Guddian Patole Making, Pranda Making, Chhikkoo Making, Naala Making, Tokri Making, Khiddo Making, RassaVattna, Skit, Mime

Item wise Teacher Incharges:

Items	Teacher Incharge
Fine Arts & Craft Items	Prof. Manoj Arora
Theatrical Items	Prof. Ramandeep Singh

About the Event: Our 30 students, who won in Panjab University Zonal Youth & Heritage Festival in the above said items, qualified to participate in of Panjab University Inter Zonal Youth & Heritage Festival in their respective items (day wise schedule has been attached separately in Annexure-1). The college bagged total 6 prizes in different items (detailed list has been attached separately in Annexure-2). Our 1 item i.e., Rassa Vattna was also qualified for participation in Punjab State Inter University Youth Festival 2022 to be held at Punjabi University, Patiala from 10th – 12th December, 2022. Managing Committee of the college and Principal Dr. Sandeep Kumar congratulated all the participating students, their mentors and parents for this outstanding achievement.

Glimpses of the Event




Convener, Cultural Affairs


Principal

Annexure – 1

List of Participants for 10th Nov., 2022

Sr. No.	Item Name	Name of Participant(s)	Class	Roll No.
1	Embroidery-Phulkari	Mamta	BCOM III	1537
2	Knitting	Nikita	BCOM III	1536
3	Handwriting (Punjabi)	Sukhmanpreet Kaur	BCOM III	1516

Teachers:

1. Prof. Manoj Arora
2. Prof. Ramandeep Singh

List of Participants for 11th Nov., 2022

Sr. No.	Item Name	Name of Participant(s)	Class	Roll No.
1	Rangoli	Gautam Jain Rohit Kumar	BCOM II BCOM I	910 447
2	Collage Making	Misha	BCOM II	918
3	Cartooning	Misha	BCOM II	918
4	Still Life Drawing	Kavya Jain	BCOM I	715
5	Installation	Abhinav Bhatia Reema Kumari Aanchal Sharma Raghav Soni	BBA I BCOM III BCOM III BCOM II	103 1534 1669 928
6	Poster Making	Jatin Sobti	BBA III	319
7	On The Spot Painting	Sushant Dua	BBA II	230

Teachers:

1. Prof. Manoj Arora
2. Dr. Charanjit Kaur

List of Participants for 12th Nov., 2022

Sr. No	Item Name	Name of Participant(s)	Class	Roll No.
1	Guddian Patole Making	Reema Kumari	BCOM III	1534
2	Pranda Making	Mokshi Kathuria	BCOM II	911
3	Chhikkoo Making	Aanchal Sharma	BCOM III	1669
4	Naala Making	Manik Jindal	BCOM II	904
5	Tokri Making	Shiwansh	BCOM II	954
6	Khiddo Making	Shubhra Sharma	BCOM II	914
7	RassaVattna	Jatin Sharma	BCOM II	932
8	Skit	Lakhdeep Kaur	BCOM II	1146
		Maitree Jain	BCOM I	532
		Paras Kalra	BCOM III	1562
		Sukhpreet Singh	BCOM II	1055
		Pushkar	BCOM I	443
		Manpreet Singh	BCOM III	1557
9	Mime	Ketan Sharma	BCOM II	1010
		Gaurav Taneja	BCOM II	1030
		Yogesh	BCOM II	1141
		Gourav Sharma	BBA II	213
		Arshraj Sharma	BCOM I	505
		Maitree Jain	BCOM I	532

Accompanists:

1. Mr. Kuldeep Singh
2. Prof. Ramandeep Singh

Teachers:

1. Prof. Manoj Arora
2. Prof. Ramandeep Singh
3. Prof. Divya Jain

Schedule

63rd PANJAB UNIVERSITY INTER ZONAL YOUTH AND HERITAGE FESTIVAL 2022-23

Venue: Swami Premanand Mahavidyalaya, Mukerian

Date	Main Stage	Seminar Hall-1 Venue: I	Seminar Hall-2 Venue: II	Venue: III
10-11-2022	*Inauguration(9:00 am) *Folk Dance (Boys) (9:30 am) *Folk Dance (Girls) *Classical Dance (12:00 Noon) *Group Dance General <u>Announcement of Topic of Debate</u>	*Group Shabad/Group Bhajan (9:00am) *Classical Vocal (2:00pm)	*Quiz Preliminary (9:00am) *Quiz Final *Heritage Quiz Preliminary (2:00pm) *Heritage Quiz Final	* Phulkari, Bagh, Dasuti/ Cross Stitch, Knitting, Crochet Work, Pakhi Designing, Mehandi (9:00am) *Creative Writings(Essay Writing, Story Writing, Poem Writing) * Handwriting Competition(Hindi, Punjabi, English)
11-11-2022	*One Act Play (9:00am) *Histrionics <u>Announcement of Topic of Installation & Elocution</u>	*Group Singing (Indian) (9:00am) *Chazal/Geet (12:30pm) *Folk Song (3:30pm)	*Poem Recitation (9:00am) *Muhavredar - Vartalaap (12:00pm) *Debate (2:00pm) *Elocution (4:00pm)	*Collage Making, Rangoli, On the Spot Painting, Photography, Clay Modelling (9:00am) *Cartooning, Poster Making, Installation, Still Life Drawing (1:30pm)
12-11-2022	*Skit (9:00am) *Mimicry *Mime *Bhand *Bhangra (2:00pm)	* Ladies Traditional Song (9:00am) *Kavishari *Vaar - Singing *Kall Singing	* Folk Instrument Instrumental Music: Percussion (9:00am) * Instrumental Music: Non-Percussion	* Guddian Patole Making, Paranda Making, Chhiku Making, Naala Making , Tokri Making (9:00am) * Khiddo Making, Peerhi- Making, Rassa Vatua, Eenu Making, Mitti de Khidaune (1:30pm)
13-11-2022	* Indian Orchestra (9:00 am) *Folk Orchestra (12:00 Noon) *Giddha (2:00 pm)			

Contact for any Clarification: Organising Secretary, Dr. Pushplinder Kumari (6239867823)

Co-Organising Secretary, Prof. Vikram Singh (8146998475, 9872968475)


Dr. Sameer Sharma
Convener
Principal, SPN College Mukerian


Dr. Rohit Kumar Sharma
Director
Deptt. of Youth Welfare, Chandigarh



Annexure – 2

List of Winners

Sr. No	Item Name	Position	Participant	Class
1.	RassaVattna	1 st	Jatin Sharma	B.Com-II
2.	Khiddo Making	2 nd	Shubhra Sharma	B.Com-II
3.	Guddian Patole Making	2 nd	Reema Kumari	B.Com-III
4.	Rangoli	3 rd	Gautam Jain	B.Com-II
5.	Embroidery-Phulkari	3 rd	Mamta	B.Com-III
6.	Mime	3 rd	Ketan Sharma Gaurav Taneja Yogesh Gourav Sharma Arshraj Sharma Maitree Jain	B.Com-II B.Com-II B.Com-II BBA-II B.Com-I B.Com-I

Press Coverage

लुधियाना, 15 नवंबर, 2022 दैनिक जागरण

श्री आत्म वल्लभ कालेज का शानदार प्रदर्शन

जागरण संवाददाता, लुधियाना : श्री आत्म वल्लभ जैन कालेज के छात्रों ने स्वामी प्रेमानंद महाविद्यालय मुकेरियां में पंजाब यूनिवर्सिटी के 63वें इंटर-जोनल यूथ एंड हेरिटेज फेस्टिवल 2022 में कला और शिल्प और रंगमंच से संबंधित विभिन्न प्रतियोगिताओं में छह पुरस्कार प्राप्त किए। उक्त उत्सव में भाग लेने

वाले लगभग 200 कालेजों के बीच श्री आत्म वल्लभ जैन कालेज के छात्रों ने इंटर-जोनल यूथ फेस्टिवल में शानदार प्रदर्शन किया। कालेज मैनेजिंग समिति के प्रधान कोमल जैन, मैनेजिंग समिति के अन्य सदस्यों एवं प्रिंसिपल डा. संदीप कुमार ने इस उपलब्धि के लिए स्टाफ एवं विजेताओं को बधाई दी।



यूथ फेस्टिवल में शानदार प्रदर्शन करने वाले विद्यार्थी प्रबंधकीय सदस्यों के साथ • कालेज

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Report

Activity: Punjab State Inter-University Youth Festival 2022

Organised by: Directorate of Youth Services, Punjab Govt.

Date: 10th – 12th December, 2022

Venue: Punjabi University, Patiala

No. of Participants: 1 (male)

Items of Participation: Rassi Vattna

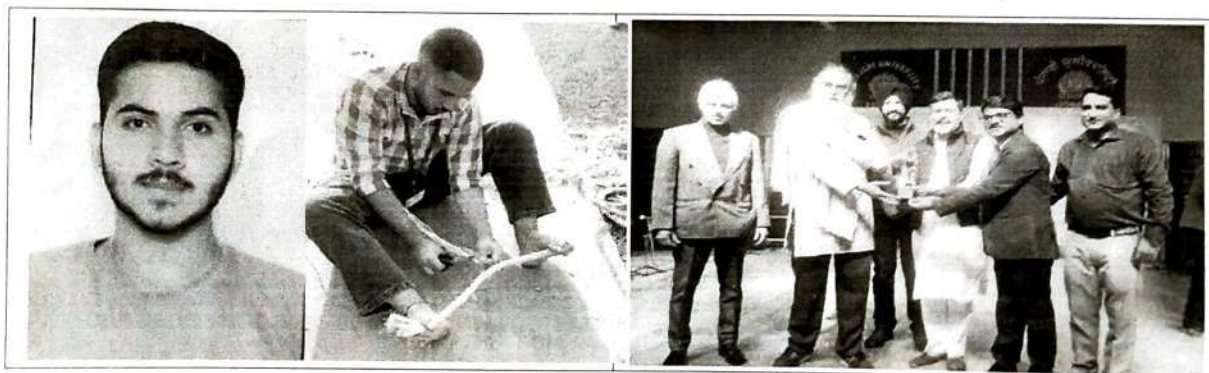
Incharge/Coach: Prof. Manoj Arora

About the Event: Our student, Jatin Sharma, who won in Panjab University Inter Zonal Youth & Heritage Festival 2022 in Rassa Vattna item represented Panjab University, Chandigarh in the Punjab State Inter University Youth Festival 2022 organized by Directorate of Youth Services, Punjab Govt. at Punjabi University, Patiala on 10th December, 2022. The student got third position in this item. Managing Committee of the college and Principal Dr. Sandeep Kumar congratulated the participant, his mentor and parents for this outstanding achievement.

Detail of Participation:

Date	Item Name	Name of Participant(s)	Class	Roll No.	Position
10/12/2022	Rassi Vattna	Jatin Sharma	BCOM II	932	Third

Glimpses of the Event



The student was also awarded 'University Colour' by the Vice-Chancellor, Panjab University, Chandigarh for the said achievement.




Convener, Cultural Affairs


Principal

Annexure – 1

Schedule

ਪੰਜਾਬ ਰਾਜ ਅੰਤਰ ਯੂਨੀਵਰਸਿਟੀ ਯੁਵਕ ਮੇਲਾ 2022

ਸਟੇਜ ਤਰਤੀਬ

10,11,12 ਦਸੰਬਰ 2022

	ਸਟੇਜ-1 ਗੁਰੂ ਰੇਗ ਬਹਾਦਰ ਹਾਲ	ਸਟੇਜ-2 ਕਲਾ ਭਵਨ	ਸਟੇਜ-3 ਗੁਰੂ ਤੇਗ ਬਹਾਦਰ ਹਾਲ ਵਾਲਾ ਗਰਾਊਂਡ		ਸਟੇਜ-4 (ਵਿਦਿਆਰਥੀ ਭਵਨ)	
ਦਿਨ-1 (10-12-2022)	ਸਵੇਰੇ 09:30 ਵਜੇ • ਰਵਾਇਤੀ ਪਹਿਰਾਵਾ • ਗਿੱਧਾ • ਲੰਮੀਆਂ ਹੋਕਾਂ ਵਾਲੇ ਲੋਕ-ਗੀਤ	• ਕਵੀਸ਼ਰੀ • ਕਲੀ ਗਾਇਣ • ਵਾਰ ਗਾਇਣ	ਸਵੇਰੇ 10:00 ਵਜੇ • ਕਰੋਸ਼ੀਏ ਦੀ ਬੁਣਤੀ • ਨਾਲਾ ਬੁਣਨਾ • ਪੱਖੀ ਬਣਾਉਣਾ • ਗੁੰਡੀਆਂ ਪਟੇਲੇ ਬਣਾਉਣਾ • ਪਰਾਂਦਾ ਬਣਾਉਣਾ • ਕਦਾਈ (ਬਾਗ ਅਤੇ ਫੁਲਕਾਰੀ)	ਦੁਪਹਿਰ 01:00 ਵਜੇ • ਰੱਸਾ ਵੱਟਣਾ • ਟੇਕਰੀ ਬਣਾਉਣਾ • ਛਿੱਕੂ ਬਣਾਉਣਾ • ਮਿੱਟੀ ਦੇ ਖਿਡੌਣੇ • ਇੰਨੂ ਬਣਾਉਣਾ • ਪੀੜ੍ਹੀ ਬੁਣਨੀ		
ਦਿਨ-2 (11-12-2022)	ਸਵੇਰੇ 09:30 ਵਜੇ • ਲੋਕ ਗੀਤ • ਗਰੁੱਪ ਲੋਕ ਗੀਤ	• ਭੰਡ • ਮਿਸ਼ਿਕਰੀ • ਡਾਂਸ ਕਲਾ • ਵਾਦ ਵਿਵਾਦ (ਡਿਬੇਟ)			ਸਵੇਰੇ 10:00 ਵਜੇ • ਰੰਗੋਲੀ • ਕਲੇਅ ਮਾਡਲਿੰਗ • ਮੋਕੇ ਤੇ ਚਿੱਤਰਕਾਰੀ • ਸਟਿੱਲ ਲਾਈਵ • ਮਚਿੰਦੀ	ਦੁਪਹਿਰ 01:00 ਵਜੇ • ਪੋਸਟਰ ਮੇਕਿੰਗ • ਕਾਰਟੂਨਿੰਗ • ਕੋਲਾਜ ਬਣਾਉਣਾ • ਇੰਸਟਾਲੇਸ਼ਨ
ਦਿਨ-3 (12-12-2022)	• ਟੈਕ ਆਰਕੈਸਟਰਾ • ਤੰਗਤਾ	• ਕਲਾਸੀਕਲ ਵੋਕਲ (ਸੋਲੋ) • ਕਲਾਸੀਕਲ ਇੰਸਟਰੂਮੈਂਟ (ਤਾਲ) • ਕਲਾਸੀਕਲ ਇੰਸਟਰੂਮੈਂਟ (ਸਵਰ) • ਕਲਾਸੀਕਲ ਡਾਂਸ (ਕੱਥਕ/ਭਰਤ ਨਾਟਯਮ/ਉਡੀਸੀ ਅਤੇ ਕਬਕਲੀ ਆਦਿ)				

Press Coverage

दैनिक भास्कर लुधियाना, मंगलवार, 13 दिसंबर, 2022

आत्म वल्लभ जैन कॉलेज के जतिन का रस्सा वटना में रहा तीसरा स्थान



लुधियाना पंजाब सरकार ने पंजाबी यूनिवर्सिटी, पटियाला में पंजाब स्टेट इंटर-यूनिवर्सिटी यूथ फेस्टिवल का आयोजन किया, जिसमें पंजाब के विभिन्न यूनिवर्सिटियों ने हिस्सा लिया। श्री आत्म वल्लभ जैन कॉलेज के छात्र जतिन शर्मा बोकॉम दूसरे वर्ष ने इस यूथ फेस्टिवल के दौरान रस्सा वटना में पंजाब यूनिवर्सिटी, चंडीगढ़ का प्रतिनिधित्व किया और इसमें तीसरा पुरस्कार जीता। कॉलेज प्रबंध समिति के अध्यक्ष कोमल जैन (इयूक), प्रबंध समिति के अन्य योग्य सदस्यों और प्रिंसिपल डा. संदीप कुमार ने भी अपनी खुशी व्यक्त की और छात्र को बधाई दी और इस जीत के लिए उसकी सराहना की।

दैनिक जागरण

लुधियाना, 13 दिसंबर, 2022

यूथ फेस्टिवल में जतिन ने पाया तीसरा स्थान

जास, लुधियाना : पंजाबी यूनिवर्सिटी पटियाला में पंजाब स्टेट इंटर यूनिवर्सिटी यूथ फेस्टिवल का आयोजन किया गया। इसमें श्री आत्म वल्लभ जैन कॉलेज के छात्र जतिन शर्मा ने रस्सा वटना में पंजाब

यूनिवर्सिटी चंडीगढ़ का प्रतिनिधित्व किया और तीसरा पुरस्कार जीता। कॉलेज प्रबंध समिति के अध्यक्ष कोमल जैन, प्रबंध समिति के अन्य सदस्यों और प्रिंसिपल डा. संदीप कुमार ने इस जीत पर विद्यार्थी को बधाई दी है।



लुधियाना के श्री अरोविंदो कॉलेज के पंजाब स्टेट इंटर यूनिवर्सिटी यूथ फेस्टिवल में शानदार प्रदर्शन करने वाले विद्यार्थी प्रबंधन के साथ लौ. कॉलेज

दैनिक सवेरा 10

जालंधर, मंगलवार, 13 दिसंबर 2022



सवेरा न्यूज/रजनी (लुधियाना) : पंजाब सरकार ने पंजाबी यूनिवर्सिटी, पटियाला में पंजाब स्टेट इंटर-यूनिवर्सिटी यूथ फेस्टिवल का आयोजन किया, जिसमें पंजाब के विभिन्न यूनिवर्सिटियों ने हिस्सा लिया। कॉलेज के विद्यार्थी जतिन शर्मा (बी.कॉम. द्वितीय वर्ष) ने यूथ फेस्टिवल के दौरान रस्सा वटना में पंजाब यूनिवर्सिटी, चंडीगढ़ का प्रतिनिधित्व किया और इसमें तीसरा पुरस्कार जीता। इस जीत ने कॉलेज की गरिमा में चार चांद लगा दिए। कॉलेज प्रबंध समिति के अध्यक्ष कोमल जैन (इयूक), प्रबंध समिति के अन्य सदस्यों एवं प्रिंसिपल डा. संदीप कुमार ने जतिन शर्मा को बधाई दी।

Hindustan Times

TUESDAY
DECEMBER 13, 2022

SAVJC student brings laurels in the state-level youth fest

LUDHIANA : Shree Atam Vallabh Jain College student Jatin Sharma of BCom second year bagged the third prize in Rassa Vattna event at the Punjab State Inter-University Youth Festival being organised by the Punjab Government, Punjabi University, Patiala, which saw the participation of universities from across Punjab.

Signature

जतिन ने बढ़ाया आत्म वल्लभ जैन कालेज का गौरव

जागरण संवाददाता, लुधियाना: श्री आत्म वल्लभ जैन कालेज के छात्र जतिन शर्मा को पंजाब यूनिवर्सिटी, चंडीगढ़ के कुलपति द्वारा यूनिवर्सिटी कलर से सम्मानित किया गया है। कालेज के जतिन बीकाम द्वितीय का छात्र है। उसने पीयू जोनल के साथ-साथ इंटर-जोनल यूथ फेस्टिवल के दौरान क्राफ्ट वर्क में प्रथम और पंजाब स्टेट इंटर-यूनिवर्सिटी यूथ फेस्टिवल में तीसरा स्थान प्राप्त किया। इस उपलब्धि ने कालेज की गरिमा में चार चांद लगा दिए।

विद्यार्थी जतिन शर्मा ने सफलता का श्रेय अपने टीचर्स एवं अभिभावकों को दिया और कहा कि टीचर्स के सही मार्गदर्शन के कारण

● पीयू जोनल व इंटर-जोनल यूथ फेस्टिवल में क्राफ्ट वर्क में प्रथम

● अध्यापकों के सही मार्गदर्शन के कारण ही मुकाम मिला: जतिन



श्री आत्म वल्लभ जैन कालेज का शानदार प्रदर्शन करने वाले जतिन शर्मा। सौ. कालेज

ही वे इस मुकाम तक पहुंचने में अन्य योग्य सदस्य और कालेज के प्राचार्य डा. संदीप कुमार ने उन्हें सफल हो सका हैं। कालेज प्रबंधन समिति के अध्यक्ष कोमल जैन बधाई दी और आगामी प्रयासों के सहित कालेज प्रबंधन समिति के लिए शुभकामनाएं दीं।

Hindustan Times

The Tribune

THURSDAY | 13 APRIL 2023

SAVJC student awarded with university colour

LUDHIANA: A student of Shree Atam Vallabh Jain College, Jatin Sharma of BCom, has been awarded the university colour by the vice-chancellor of Panjab University, Chandigarh. He stood first in craft work during the PU zonal as well as the inter-zonal youth festival and got third in Punjab state, inter-university youth festivals. The college management committee president Komal Jain wished him all the best for his future.

STUDENT AWARDED BY PU VC

Jatin Sharma, a student of BCom 2nd year of Shree Atam Vallabh Jain College was awarded for his achievements by Panjab University Vice-Chancellor. Jatin stood first in craft work during the PU zonal and inter-zonal youth festivals and third in the state inter-university youth festival. College management committee president Komal Jain and principal Sandeep Kumar congratulated the student on his success.

[Signature]

REPORT

Activity	-	7 Days NSS Camp On the theme (Swachh Bharat Abhiyan and FIT India Campaign)
Organising Committee	-	NSS Unit
Programme Officers	-	Dr. Harleen Kaur (Girls) Dr. Sandeep K. Bansal (Boys)
Date	-	Dec 14,2022 to Dec 20, 2022
Student Volunteers	-	31 boys 14 girls
Non-Student Volunteers	-	3 Females 2 Males
Venue -		College campus as well as outside places as per activities
Objective of the event -		To sensitize the volunteers about the importance of NSS and to inculcate among them human and social values by performing various activities for the society at large.

Detailed Report Attached



SHREE ATAM VALLABH JAIN COLLEGE, LUDHIANA

REPORT

7 DAYS NSS CAMP (14.12.2022-20.12.2022)

On the theme

"Swachh Bharat Abhiyan and FIT India Campaign"

Seven days NSS camp was organised by the NSS unit from 14th December, 2022 to 20th December, 2022, on the theme "Swachh Bharat Abhiyan and FIT India Campaign".

31 Boys, 14 Girls and 5 Non-Student Volunteers participated in the camp under the guidance of Principal Dr. Sandeep Kumar, Programme officers Dr. Harleen Kaur and Dr. Sandeep K. Bansal.

Camp was inaugurated by the President of Management Committee Sh. Komal Jain (Duke) alongwith other worthy committee members and Principal Dr. Sandeep Kumar. They encouraged the students to perform their duties towards the society and work for the social cause. Principal of the college addressed the volunteers about the importance of NSS and motivated the volunteers to perform the activities with full enthusiasm. The Managing Committee and the principal of the college appreciated the efforts of the NSS Unit of the College and encouraged all volunteers to keep up the good work to make a positive contribution to the society.



Programme officers Dr. Sandeep K. Bansal and Dr. Harleen Kaur described the motto of NSS i.e "Not me but You" and discussed the schedule of activities to be undertaken during the camp. Experiences and activities of previous camp were also shared.



MORNING PRAYER AND EXERCISE

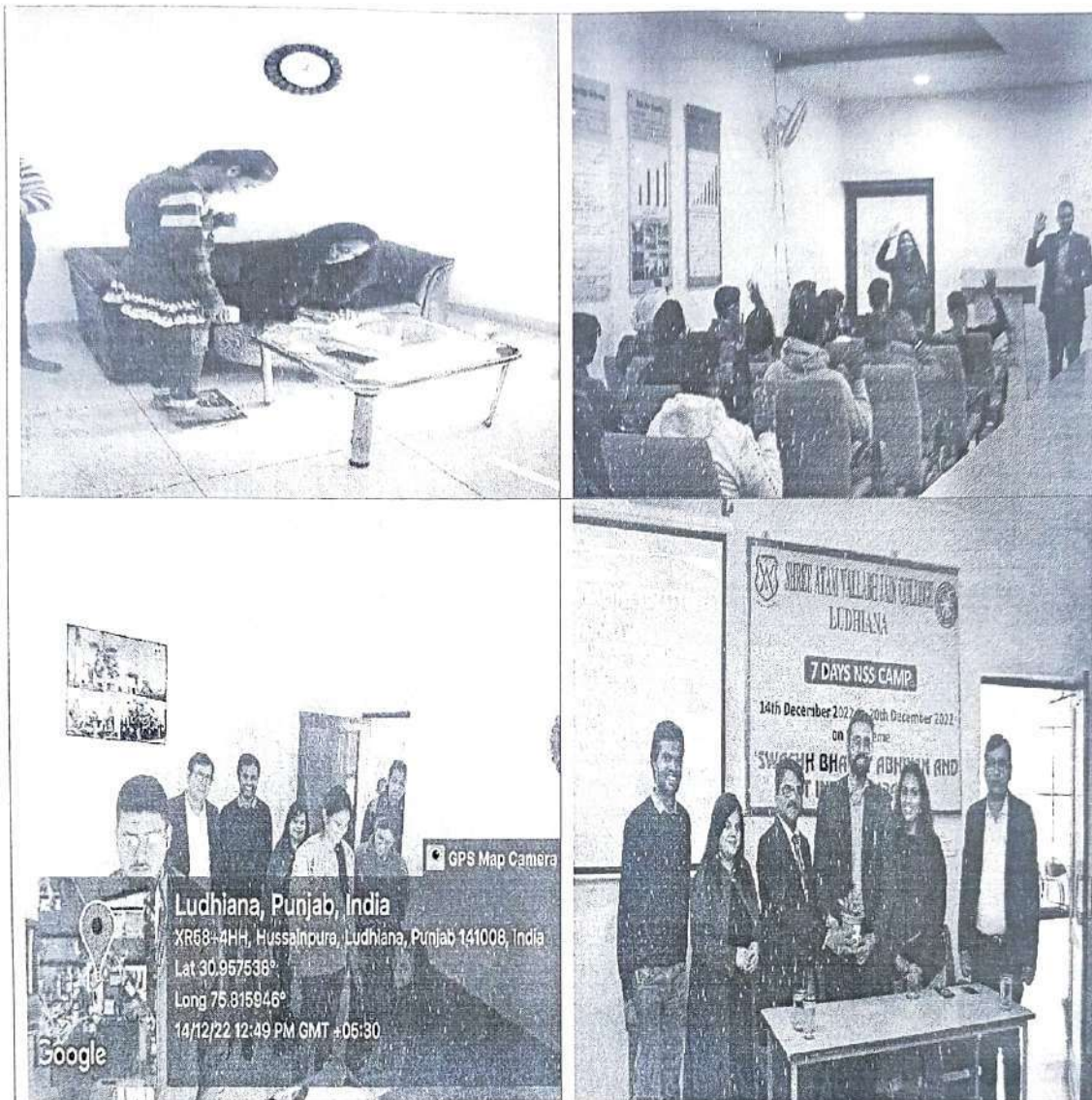
Every day of the camp started with the remembrance of God followed by some warm-up exercises. After that volunteers were daily assigned respective duties under various committees, i.e. Mess Committee, Press Committee, Organising Committee and field and work committee. Day wise captains were appointed. Volunteers were assigned duties on rotational basis with the objective of inculcating the spirit of teamwork amongst them. Following the theme of “Swachh Bharat Abhiyan and FIT India Campaign” various activities and sessions were organised for each day to fulfil the objective of making our volunteers responsible citizens.





Though the climate was a bit challenging but our volunteers showed utmost dedication to make it successful journey. As the theme of the camp was "Swachh Bharat Abhiyan and FIT India Campaign", on the very first day an interactive session on "Healthy and Happy lifestyle" was organised. Mr. Jatin Jain and Ms. Niharika Jain from G.S. Nutrition were the resource persons. Volunteers were analysed on BMI scale. During the session resource persons shared their own

life experiences and suggested the changes which can be incorporated in routine life to energise the body and improve the health.



An Interactive Session on “Healthy and Happy lifestyle”

Cleanliness starts at home; volunteers cleaned the campus and painted the walls. Students were divided in groups and each group was given a particular task to complete. Students displayed a great example of enthusiasm in work. This cleanliness drive started from the home itself i.e. college campus. The whole campus was neatly cleaned up, working in teams, volunteers painted the walls and trees.



(Volunteers while painting the trees, flowerpots and walls)

Mess Committee prepared the lunch and tea for the volunteers for all seven days, Students prepared different dishes daily and they use to serve the lunch their self to the Volunteers. This activity teaches the students to work together and managing their work in coordination of one another.



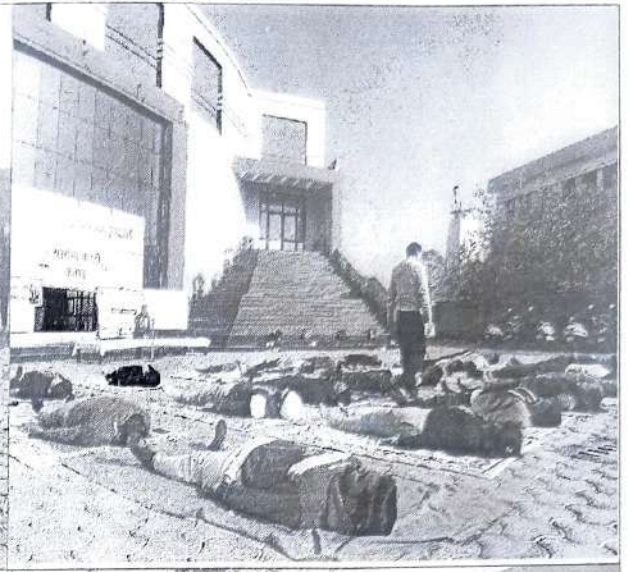


(Mess committee while serving the tea and lunch to the volunteers and washing their dishes)

YOGA AND MEDITATION CAMP IN COLLEGE CAMPUS AND VILLAGE HUSSAINPURA

Following the theme of "FIT India Campaign", A two days Yoga camp in association with Arogya Bharti, Punjab was organised in the college campus and One day Yoga Camp was organised in Government School, Hussainpura with the cooperation of Village Panchayat, with an objective of create awareness about the Yoga and to enable the volunteers and residents to lead healthy and peaceful life. The volunteers and residents did get to learn the importance of health and fitness in daily routine and also the benefits of YOG-SADHNA. During Yoga Camp students learned various Yoga Techniques, they also learned that how various diseases can be prevented with regular Yoga Practice.

Yoga and Meditation Camp in College Campus and Village Hussainpura Govt. School





(Volunteers and residents of village doing Yoga under the effective guidance of Sh. Om Parkash and Dr. Parmod Kumar from Arogya Bharti and Village Panchayat Authorities, Programme Officers Dr. Harleen Kaur and Dr. Sandeep K. Bansal and faculty members honouring Sh. Om Parkash Sharma and Dr. Parmod Kumar from Arogya Bharti)

‘FIRST-AID TRAINING PROGRAMME’

Keeping in view the importance of first aid in day-to-day life, on 15th December First Aid training session was organised under the Guidance of Smt. Usha Chopra, Instructor, Retired from Red Cross Society. She enlightened the students with her views on the theoretical and practical implementation First Aid knowledge in every person's life. She made them aware about the First Aid help and how one can save a person's life or the one who is in need. This service would bring about a better human being in themselves as they can serve the society by raising against bias of caste, creed and religion.

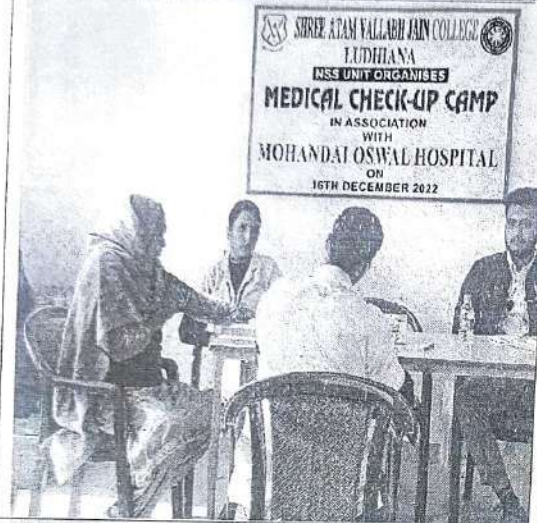




(First Aid Training by Ms Usha Chopra, Principal Dr. Sandeep Kumar, Programme Officers Dr. Harleen Kaur and Dr. Sandeep K. Bansal and Faculty members honouring Ms Usha Chopra)

MEDICAL CAMP IN ASSOCIATION WITH MOHANDAI OSWAL HOSPITAL

Following the theme of “Swachh Bharat Abhiyan and FIT India Campaign”, Medical check up camp was organised in collaboration with Mohandai Oswal Hospital. Dr. Mansoor Farooqi and his team done the medical checkup was done of all the NSS Volunteers, faculty and residents of village Hussainpura.



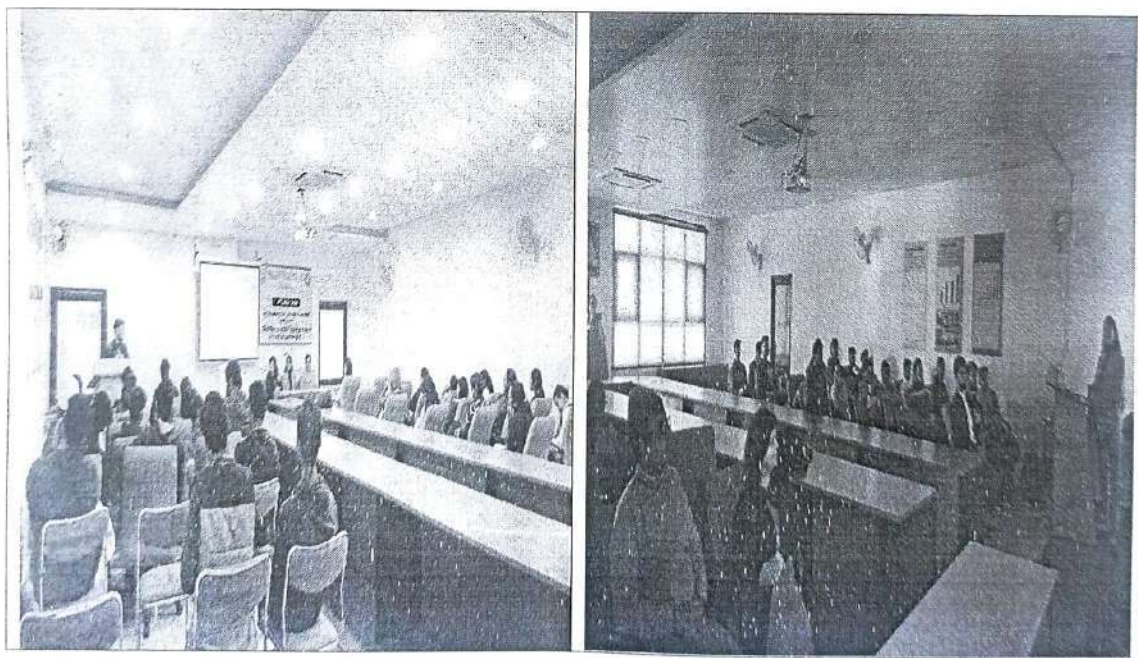
Medical Check-Up of College Faculty, Residents of Hussainpura Village and NSS Volunteers



President Sh. Komal Jain (Duke) and the other members of the College Management Committee, Principal Dr. Sandeep Kumar honoured the Medical Team.

GUEST LECTURE ON SURVEILLANCE CAPITALISM

In present digital era, privacy of data is a big problem faced by all of us. A Guest Lecture on "Surveillance Capitalism" was organised to make volunteers aware about this issue and enable them to handle such situations. Ms. Geetika Jain (Research Scholar) was the resource person.





(Programme Officers Dr. Harleen Kaur and Dr. Sandeep K. Bansal honoured Ms. Geetika Jain)

GUEST LECTURE

A guest lecture was organised in which Dr. Bhim Inder Singh from Punjabi University, Patiala shared his experience as NSS Volunteer, referring to our religious teachings and quotes, efforts of our freedom fighters towards society. Volunteers were motivated by realising the importance of “Seva” and encouraged them to make it part of their lifestyle

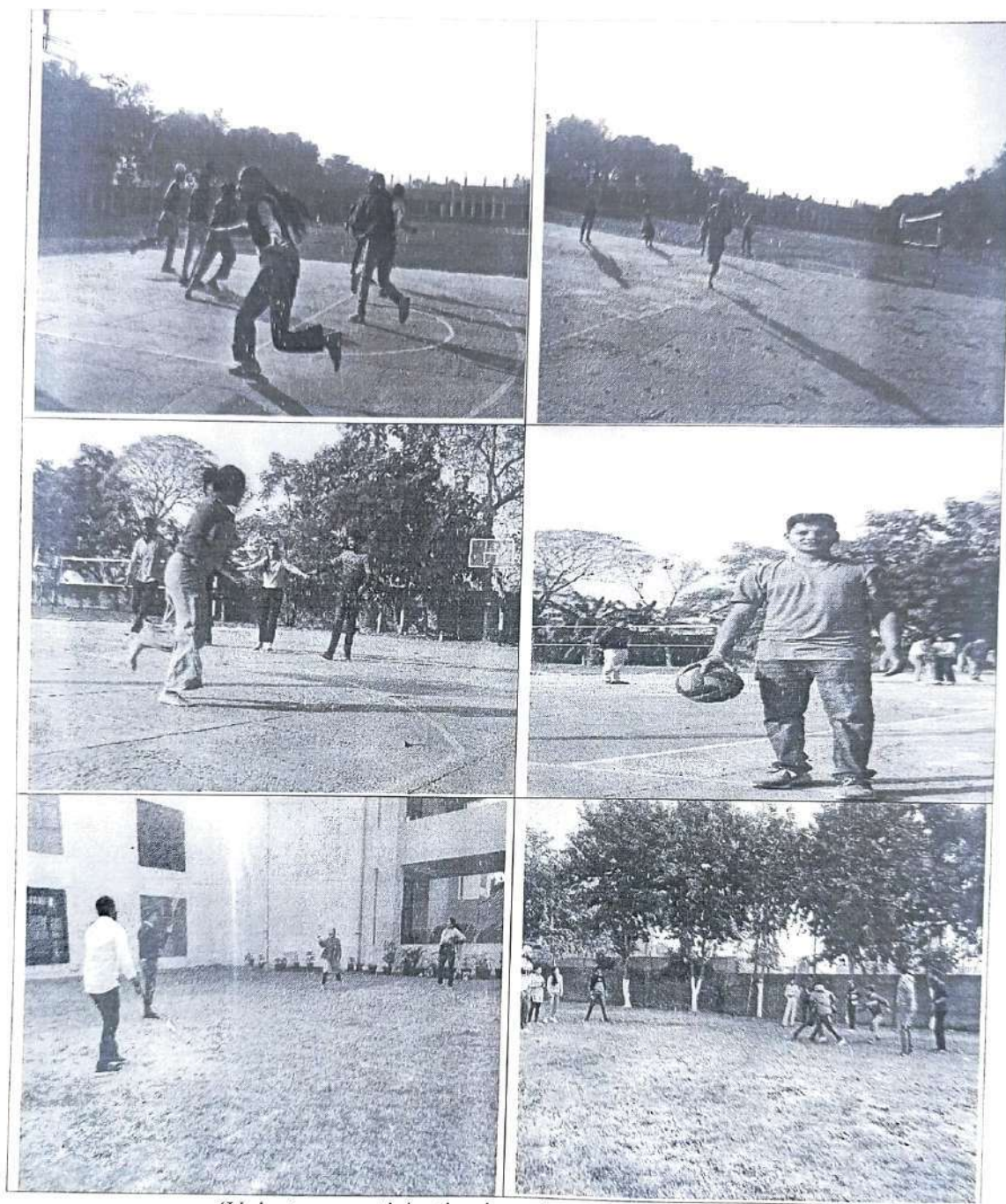




Principal Dr. Sandeep Kumar, Programme Officers Dr. Harleen Kaur and Dr. Sandeep K. Bansal and Faculty members honouring Dr. Bhim Inder Singh)

SPORTS ACTIVITY

As the theme of the camp was "Swachh Bharat Abhiyan and FIT India Campaign", sports or exercise session were held daily in the 7 days camp. Students participated in various games like badminton, cricket, basketball and volleyball.



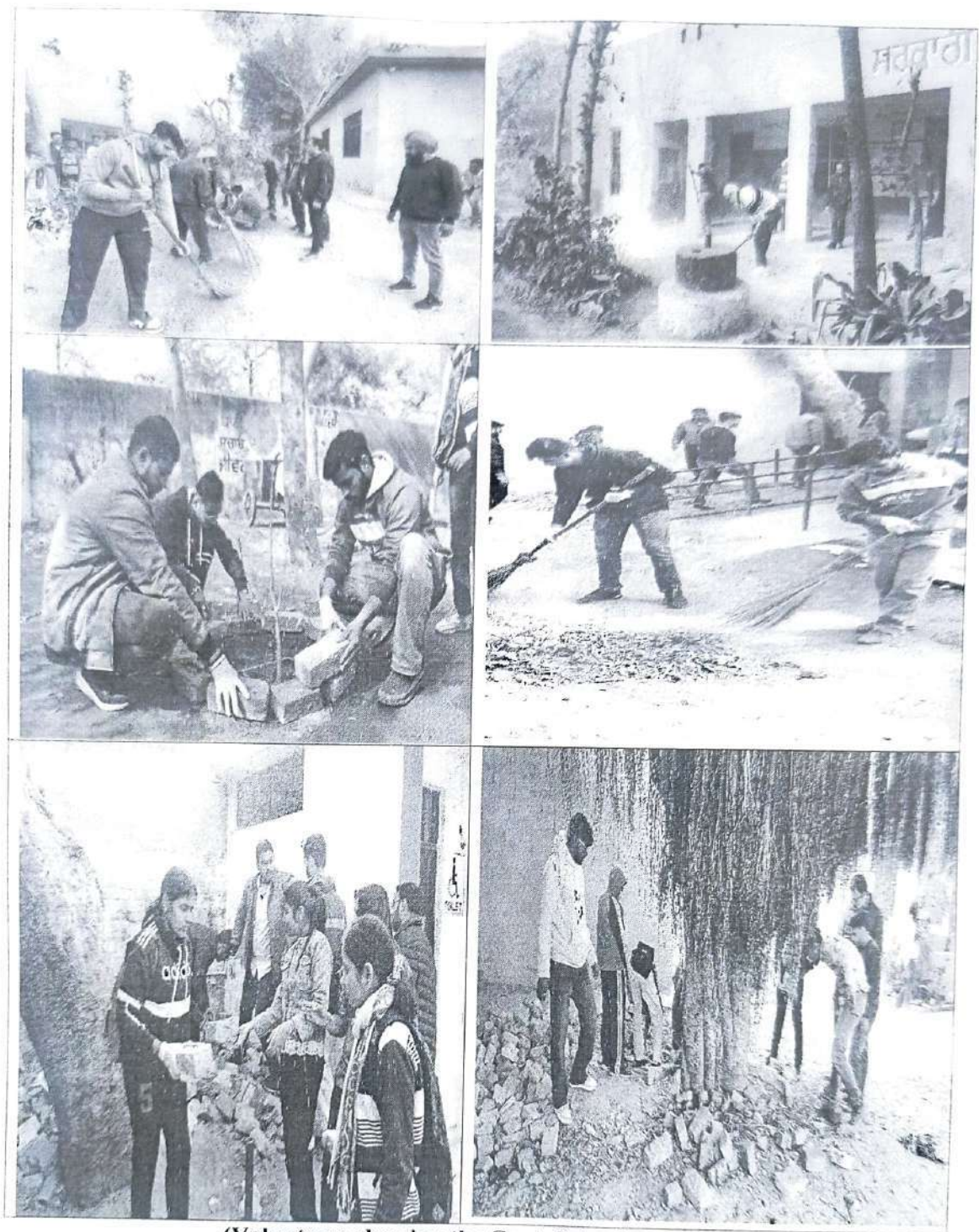
(Volunteers participating in various sports activities)

RALLY, PLANTATION DRIVE AND YOGA CAMP IN VILLAGE HUSSAINPURA ON THEME "SWACHH BHARAT ABHIYAN AND FIT INDIA CAMPAIGN",

The cleanliness drive was the major highlight to the complete journey. While making their contribution towards the Swachh Bharat Abhiyan & FIT India Campaign and acute need of uplifting the standards of health and sanitation, Principal Dr. Sandeep Kumar and Programme Officers Dr. Harleen Kaur and Dr. Sandeep K. Bansal met the Sarpanch of Village Hussainpura and proposed in front of him their initiative about conducting a rally, cleanliness drive and Yoga camp for the villagers to create awareness about Swachh Bharat and FIT India campaign. The Village Sarpanch supported and acknowledged them enthusiastically for the efforts of the college and assured them honest assistance and support from the village. A Rally was conducted where volunteers holding the hoardings aware the people regarding environmental threats, value of water, clean environment and various kinds of pollution etc. They went inside the homes of the villagers and discussed regarding environmental issues and cleanliness. Further volunteers cleaned the school campus and organised Yoga camp with the support of village panchayat in Govt School, Hussainpura. Tree plantation drive was conducted in school campus and village area.



Rally in Village Hussainpura on the theme "Swachh Bharat Abhiyan and FIT India Campaign"



(Volunteers cleaning the Govt. School campus)



(Yoga Camp in Govt. School, Hussainpura)



(Plantation Drive in Govt School and Village Hussainpura)

PRACTICAL TRAINING AND LECTURE ON ROAD SAFETY AWARENESS PROGRAMME

Safe Driving is one of the major issues that need to be addressed especially for the youngsters. As safe driving and care on road is the necessity of the hour, keeping this in mind, visit was arranged to Children's Road safety Traffic Park run by Municipal Corporation Ludhiana in collaboration with Honda. Mr. Pankaj first gave them theoretical lecture. He instructed the volunteers to be careful on road and drive carefully while following all rules and regulations. He showed some interesting videos to aware the volunteers regarding negligence on road and their bad consequences, he further gave knowledge regarding various traffic rules and traffic sign boards and their meaning. ASI Jasvir Singh from Punjab Police gave insights into rules regarding traffic and requisition of documents like license etc. He encouraged volunteers to help the people in case of road side accidents. He motivated volunteers to become responsible citizens and provide first aid to the injured people in road side accidents and try to arrange for

their hospitalization. He also gave information about cybercrimes. Volunteers were given practical training on their vehicles with the aid of security gears.



(Mr. Pankaj, Safety riding Coordinator, MCL with collaboration of Honda, giving Lecture and Practical Training to volunteers)

VISIT TO SWAMI VIVEKANANDA OLD AGE HOME, MODEL TOWN EXTENSION, LUDHIANA

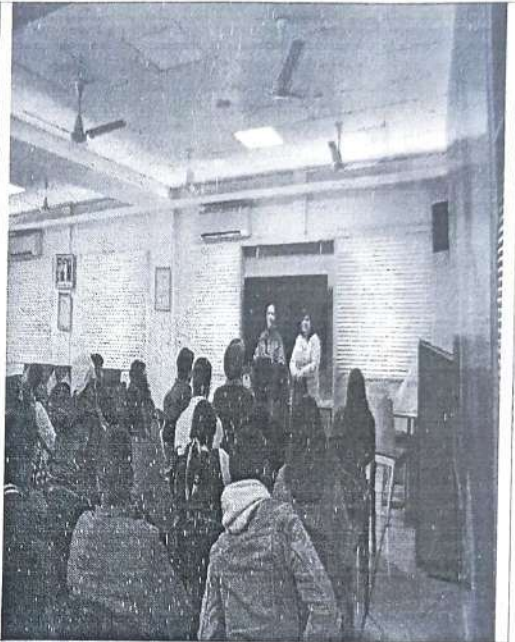
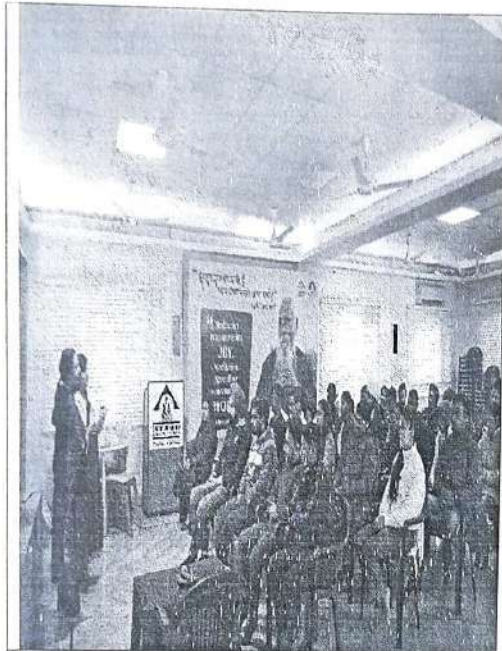
With the objective of inculcating the human values and enabling the students to understand the hard realities and problems faced by elder people in life, a visit was arranged to Swami Vivekananda Old Age Home, Model Town Extension, Ludhiana. Students interacted with the residents of the old age home. Residents discussed their life experiences with the volunteers.



(Visit and interaction of volunteers with residents of old age home)

VISIT TO SWAMI VIVEKANANDA PYRAMID MEDITATION CENTRE, MODEL TOWN EXTENSION, LUDHIANA

A visit to Swami Vivekananda Pyramid meditation centre was organised. Volunteers were encouraged to include meditation in their routine life. In a theoretical lecture along with audio visual clips, they were made aware about the cosmic energy and its influence on our bodies. Regular meditation will enhance the cosmic energy which can help us to overcome various medical problems. They were given practical training session of easiest ways to meditate.





(Programme Officers Dr. Harleen Kaur and Dr. Sandeep K. Bansal honouring the President of Swami Vivekanand Old Age Home and Swami Vivekanand Meditation Centre)

VALEDICTORY AND CONCLUSION OF CAMP

Principal Dr. Sandeep Kumar appreciated the efforts and activities of NSS units during the 7 Days Camp and encouraged the volunteers to carry on this serving attitude in their life. He congratulated the Programme Officers Dr. Harleen Kaur and Dr. Sandeep K. Bansal for the successful completion of 7 Days NSS Camp on the theme “Swachh Bharat Abhiyan and FIT India Campaign”.





Cultural programme was presented by the volunteers. Volunteers presented Punjabi shayari, Hindi Songs and Punjabi Songs. Two Representatives of volunteers i.e. Nandan Jain and Aditya Kumar Jena gave the review of their seven days camp and discussed their experiences, learning and bond creation among them. Volunteers represented their journey through a video.



(Volunteers singing songs and sharing video of journey of 7 Days Camp)

Rohit and Aayush were awarded with the title of "Silent and Altruistic Volunteer" while Naveen was given the title of "Most Punctual and Altruistic Volunteer". Jang Singh and Aditya Kumar Jena were awarded with the title of "Full of Energy" while Nandan Jain was given title of "Ever Smiling Volunteer". Dev, Pooja Kumari, Yuvam, Khushi Gupta and Bhavya were awarded with the title of Altruistic Volunteer.





(Students Awarded by Principal Dr. Sandeep Kumar and Programme Officers Dr. Harleen Kaur and Dr Sandeep K. Bansal)

The college Management Committee and Principal Dr. Sandeep Kumar applauded and congratulated the NSS volunteers for the efforts and initiatives taken and on the huge success of the N.S.S CAMP 2022-23. The camp was declared closed after National Anthem at evening on December 20, 2022.



(Principal Dr. Sandeep Kumar, Programme officers Dr. Harleen Kaur and Dr. Sandeep K. Bansal with the camp volunteers in group photo.

Programme Officer (Girls): *Dr. Harleen Kaur*

Programme Officer (Boys): *Dr. Sandeep K. Bansal*

24/12/22
Dr. Sandeep Kumar
Principal

Report

Activity:	Shri Guru Gobind Singh Ji's Birthday Celebration
Organising Team:	Cultural Affairs Committee
Members of Team:	Prof. Manoj Arora (Convener) Prof. Ramandeep Singh Prof. Amit Goyal Prof. Ridum Jain Prof. Ankush Prof. Sheena Sharma
Date:	31 st December, 2022
Time:	11:00 am
Venue:	College premises
No. of Participants:	21 Students (Annexure attached) 25 Teachers

Objective/Importance of the Event: To pay tribute to 10th Sikh Guru 'Shri Guru Gobind Singh Ji' and to promote awareness and understanding of Sikh culture, history, values and inclusivity among faculty, staff and students from diverse backgrounds. The event also aimed to provide an experience of selfless service and communal dining by organizing Langar on the occasion.

About the Event: Shri Guru Gobind Singh Ji's Birthday Celebration at SAVJC was organized by the Cultural Affairs Committee of the college on 31st Dec., 2022. Collaboration was made with local gurdwara to seek guidance, resources, and support for organizing the event.

During the event, Principal, Dr. Sandeep Kumar highlighted Guru Gobind Singh Ji's life, philosophy, and teachings. His words provided insights into the historical context and emphasized the relevance of Guru Gobind Singh Ji's teachings in contemporary society.

A Langar was organized, symbolizing equality and unity, where the general public, passers-by and workers from the surrounding area enjoyed a vegetarian meal. The Langar aimed to provide an experience of selfless service and communal dining, as practiced in Sikh gurdwaras. Students

were given the opportunity to volunteer and contribute to various aspects of the event. Volunteers assisted with event setup, serving Langar, and ensuring a smooth flow of activities.

The organizing committee's efforts, the active participation of attendees, and the support from local Sikh organization contributed to the overall success of the event.

Glimpses of the Event



Convener, Cultural Affairs

Principal

Annexure

List of Student Volunteers

S. No.	Name	Class	Roll No.
1	Tushar	BBA-I	139
2	Manav Dhanda	BBA-III	308
3	Anubhav Sharma	BBA-III	314
4	Nandini Kapoor	B.Com-I	464
5	Karanvir Singh	B.Com-II	920
6	Samarjeet Singh	B.Com-II	921
7	Udit Kumar	B.Com-II	930
8	Jatin Sharma	B.Com-II	932
9	Nitanshu	B.Com-II	933
10	Balwinder Kumar	B.Com-II	940
11	Manav	B.Com-II	1116
12	Aniket	B.Com-III	1413
13	Rishabh Dev Jain	B.Com-III	1414
14	Ridham Mahajan	B.Com-III	1415
15	Nikhil Shukla	B.Com-III	1445
16	Mamta	B.Com-III	1537
17	Manjot	B.Com-III	1539
18	Aditya	B.Com-III	1546
19	Rishab	B.Com-III	1547
20	Meenal Jain	M.Com-II	1809
21	Pragati Jain	M.Com-II	1814



Press Coverage

दैनिक जागरण

लुधियाना, 1 जनवरी, 2023

‘गुरु गोबिंद सिंह की शिक्षाओं पर चलें’

जागरण संवाददाता, लुधियाना : श्री आत्म वल्लभ जैन कालेज की ओर से श्री गुरु गोबिंद सिंह जी के प्रकाश पर्व के उपलक्ष्य में लंगर लगाया गया। दिन की शुरुआत अरदास से हुई जिसके बाद प्रिंसिपल डा. संदीप कुमार ने छात्रों को इस शुभ दिन के महत्व के बारे में बताया। लंगर का वितरण छात्र-छात्राओं व समस्त स्टाफ द्वारा जनता को किया गया। प्रधानाचार्य ने छात्रों को गुरु गोबिंद सिंह की शिक्षाओं का पालन करने के लिए प्रोत्साहित किया। कालेज प्रबंधक समिति के प्रधान कोमल कुमार जैन ने कहा कि इस तरह के पर्व से हम संस्कृति से जुड़े रह सकते हैं।

● श्री आत्म वल्लभ जैन कालेज में लंगर लगाया गया

● प्रिंसिपल डा. संदीप कुमार ने छात्रों को इस दिवस की महता बताई



लुधियाना के श्री आत्म वल्लभ जैन कालेज का स्टाफ गुरु गोबिंद सिंह जी के प्रकाश पर्व के उपलक्ष्य पर लगाए लंगर के दौरान ● सी. कालेज

दैनिक सवेरा

राजपुरा

जालंधर, रविवार, 1 जनवरी 2023



सवेरा न्यूज/रजनी (लुधियाना): श्री आत्म वल्लभ जैन कालेज द्वारा श्री गुरु गोबिंद सिंह जी के प्रकाश पर्व के उपलक्ष्य में लंगर लगाया गया। दिन की शुरुआत अरदास से हुई, जिसके बाद प्रिंसिपल डा. संदीप कुमार ने विद्यार्थियों को इस दिन के महत्व के बारे में बताया और गुरु गोबिंद सिंह जी की शिक्षाओं का पालन करने के लिए प्रोत्साहित किया। कालेज प्रबंधक समिति के प्रधान कोमल कुमार जैन (इयुके), कालेज प्रबंधक समिति के अन्य सदस्यों एवं प्रिंसिपल ने सभी को गुरुपर्व की वधाई दी।

दैनिक भास्कर

रविवार 1 जनवरी, 2023

प्रकाश पर्व के उपलक्ष्य में लंगर लगाया



लुधियाना। श्री आत्म वल्लभ जैन कालेज द्वारा श्री गुरु गोबिंद सिंह जी के प्रकाश पर्व के उपलक्ष्य में लंगर लगाया गया। इस मौके स्टाफ भी मौजूद रहा।

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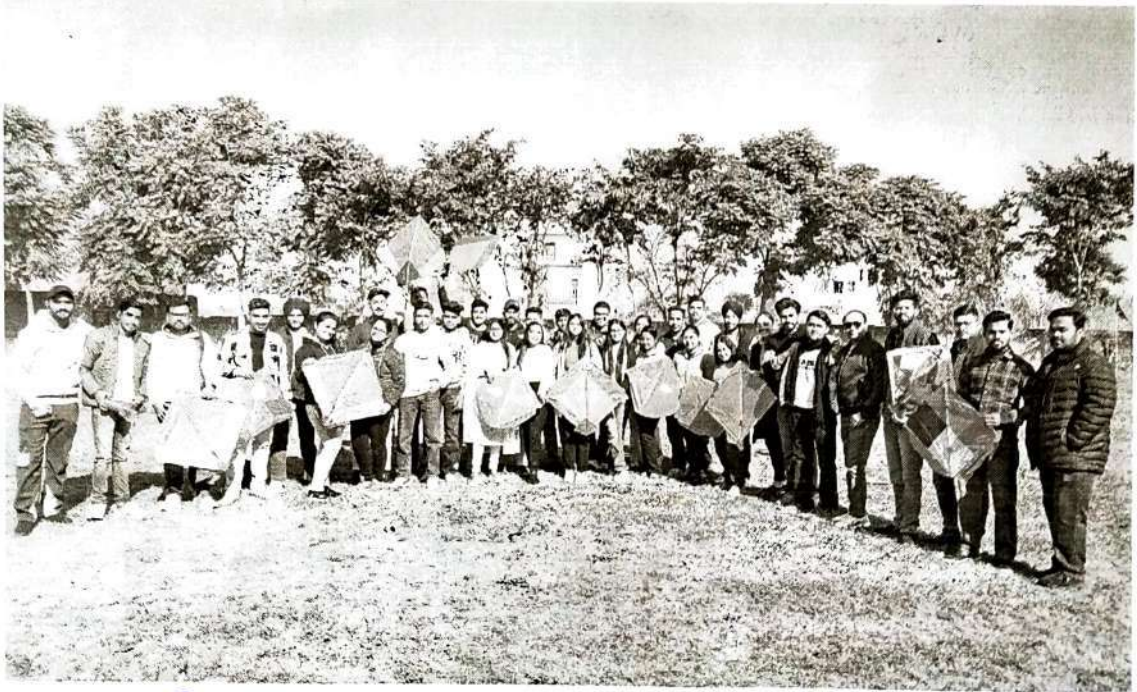
Report

Activity:	Lohri Celebration
Organising Team:	Cultural Affairs Committee
Members of Team:	Prof. Manoj Arora (Convener) Prof. Ramandeep Singh Prof. Amit Goyal Prof. Ridum Jain Prof. Ankush Prof. Sheena Sharma
Date:	14 th January, 2023
Time:	11:00 am
Venue:	College Open Stage
No. of Participants:	Around 100 students

Objective/Importance of the Event: This event is organized every year mainly to retain the culture and tradition of Punjab and spread the warmth of love and happiness. The munching of seasonal goodies like popcorn, rewari, and peanuts forms an integral part of the celebration. Fistfuls of these goodies also find their way into the fire, as an offering to the Sun God, the giver of all life. The rituals related to Lohri symbolize the attachment of the people with Mother Nature and with Lohri Celebrations, we try to retain the cultural values.

About the Event: The celebration started around 11:00 am with a warm welcome by Mr. Ankush, Assistant Prof. in Punjabi. He also stated the history and importance of this festival. Assistant Professors, Mr. Manoj Arora initiated the event with Lohri Song "Sunder Mundriye". Principal, Dr. Sandeep Kumar along with staff members ignited the Lohri bonfire. The event was celebrated with pomp and grandeur. Teaching and non-teaching staff along with Principal gathered around the fire and students performed Giddha and Bhangra to the beat of Dhol and participated in other cultural activities. All the staff members and students relished moongfali, rewari, and popcorns. Principal of the college appreciated staff and students for organizing Lohri Celebration ceremony and remarked that such ceremonies could serve a wonderful platform to channelize society on the path of reformation & self-introspection.

Glimpses of the Event




Convener, Cultural Affairs


Principal
Page 2 of 3

Press Coverage

दैनिक भास्कर

लुधियाना, रविवार 15 जनवरी, 2023

लोहड़ी उत्सव पर कार्यक्रम कराया



लुधियाना | श्री आत्म वल्लभ जैन कॉलेज में लोहड़ी का उत्सव मनाया। इस मौके पर सब ने पारंपरिक गीत, बोलियां डाल कर जश्न मनाया। सबने गचक-रेवड़ी, मूंगफली का भी आनंद उठाया।

SUNDAY TIMES OF INDIA, CHANDIGARH
JANUARY 15, 2023

Lohri bonfire, festive spirit at SAVJC

Lohri was celebrated at Shree Atam Vallabh Jain College with a lot of exuberance and exhilaration. All staff members were totally absorbed in the festive spirit. The function started with a speech of Principal Dr Sandeep Kumar highlighting the importance of the festival. The programme kicked off with Lohri puja on

college ground. The principal along with all entire teaching and non-teaching staff of the college lit the bonfire.

Report

Activity: Celebration of Basant Panchami

Organising Team: Cultural Affairs Committee

Members of Team: Prof. Manoj Arora (Convener)

Prof. Ramandeep Singh

Prof. Amit Goyal

Prof. Ridum Jain

Prof. Ankush

Prof. Sheena Sharma

Date: 28th January, 2023

Time: 11:00 am

Venue: College premises

No. of Participants: 52 Students (Annexure attached)

25 Teachers

Objective/Importance of the Event: To mark the arrival of the spring season and to provide an opportunity for students to learn about the cultural significance, rituals, and traditions associated with the festival.

About the Event: The Basant Celebration at SAVJC was organized by the Cultural Affairs Committee of the college to commemorate the arrival of the spring season and promote cultural vibrancy and unity among students, faculty, and staff. The event aimed to showcase the joy and colors associated with Basant Panchami, a traditional festival celebrated in many parts of India. The celebration took place within the college premises and it was started with the worship of Goddess Saraswati to seek her blessings for knowledge, wisdom, creativity, and academic excellence. The celebration featured a range of activities to engage the college community. The festive ambiance created a joyful and welcoming atmosphere for all participants. A kite flying activity was organized, providing students with an opportunity to showcase their skills and enthusiasm.

A Langar of sweet rice was also organized, symbolizing equality and unity, where the general public, passers-by and workers from the surrounding area were served. The Langar aimed to provide an experience of selfless service and communal dining. Students were given the opportunity to volunteer and contribute to various aspects of the event. Volunteers assisted with event setup, serving Langar, and ensuring a smooth flow of activities.

The event provided an opportunity for students, faculty, and staff to celebrate the arrival of spring, embrace cultural traditions, and strengthen bonds within the college community. The efforts of the organizing committee and the enthusiastic participation of attendees contributed to the overall success of the event. Principal, Dr. Sandeep Kumar appreciated staff and students for organizing this event and remarked that such celebrations could serve a wonderful platform to channelize society on the path of reformation & self-introspection.

Glimpses of the Event



Convener, Cultural Affairs

Principal

Annexure

List of Participants of Cultural Items & Kite Flying

S. No.	Name	Class	Roll No.
1	Vasu Arora	BBA-III	309
2	Gourish Singla	B.Com-I	414
3	Himanshu	B.Com-I	419
4	Mehak Mutneja	B.Com-I	432
5	Pushkar	B.Com-I	443
6	Deepak	B.Com-I	511
7	Isha	B.Com-I	521
8	Dev Prashar	B.Com-I	707
9	Khushbu Tiwari	B.Com-I	716
10	Prabhleen Kaur	B.Com-I	726
11	Manil Vinayak	B.Com-II	1029
12	Vasu	B.Com-II	1108
13	Manav	B.Com-II	1116
14	Rahul Malik	B.Com-II	1121
15	Shashank	B.Com-II	1131
16	Yukta Bhandari	B.Com-III	1420
17	Nitin Saggar	B.Com-III	1432
18	Chander	B.Com-III	1439
19	Sameer Sood	B.Com-III	1442
20	Nandan Jain	B.Com-III	1503
21	Yogya Madaan	B.Com-III	1505
22	Ramanjot Singh	B.Com-III	1506
23	Sukhmanpreet Kaur	B.Com-III	1516
24	Deepti	B.Com-III	1520
25	Divyansha Jain	B.Com-III	1524
26	Ankita	B.Com-III	1549
27	Manpreet Singh	B.Com-III	1557
28	Paras Kalra	B.Com-III	1562
29	Abhishek	B.Com-III	1620
30	Muskaan Nehra	M.Com-II	1802
31	Grisha	M.Com-II	1803
32	Palak Thapar	M.Com-II	1804

Annexure

List of Student Volunteers

S. No.	Name	Class	Roll No.
1	Madhav Khurana	BBA-III	327
2	Aayush	B.Com-I	403
3	Jaspreet Kaur	B.Com-I	423
4	Rohit	B.Com-I	447
5	Sukhdeep Singh	B.Com-I	456
6	Sunny Jasswal	B.Com-I	458
7	Vibha	B.Com-I	463
8	Vishal Kumar Yadav	B.Com-II	903
9	Sambhav Jain	B.Com-II	912
10	Raghav Dhir	B.Com-II	913
11	Karanvir Singh	B.Com-II	920
12	Samarjeet Singh	B.Com-II	921
13	Aniket	B.Com-III	1413
14	Rishabh Dev Jain	B.Com-III	1414
15	Sanjeev Kumar Tiwari	B.Com-III	1416
16	Vanshika Verma	B.Com-III	1418
17	Ayush Mehta	B.Com-III	1419
18	Sukhveer Singh	B.Com-III	1427
19	Manjot	B.Com-III	1539
20	Abhishek Kumar	M.Com-II	1812



Report of Trip to Kasauli

Session - 2022-23

Organising Committee- Excursion Committee

Organising Committee Members – Mr. Rishi Kesh (Convener)

Dr. Sandeep Bansal

Ms. Divya Jain

Date – 03-02-2023

Venue – Kasauli

No. of Participants – 91 (students) +8 (Teachers)

About the event –

The excursion committee of the college organized a trip to Kasauli on 3 Feb 2023. A total number of 91 students went to the trip.

The students were instructed to come to college at 5:30 a.m. All the students were very excited. The trip started at 6:00 am from the college campus. The students boarded the bus arranged by the Excursion Committee, and the journey began. The journey took around 5 hours to reach Kasauli. The group then proceeded for sightseeing, where they visited various places, including Kasauli Brewery, Sunset Point, Monkey Point, and Gurudwara Shri Guru Nanakji. The students then went to Mittran Da Dhaba for dinner and returned to the college campus by 11:00 pm.

In conclusion, the one-day trip to Kasauli organized by the Excursion Committee of Shree Atam Vallabh Jain College on 3rd February 2023 was a memorable experience for all the students who participated. The students appreciated the efforts made by the committee in organizing the trip and providing them with a comfortable and safe experience.

Ref. No. SAVJC/N/02/23/ 32

Date: 02/02/2023

NOTICE

Students and staff members going to Kasauli on one day educational trip on 3rd Feb 2023 are required to report in college at 5:30 am on above mentioned day.


Principal



Shree Atam Vallabh Jain College, Ludhiana

(Affiliated to Panjab University, Chandigarh)

AN INSTITUTE OF SHRI ATMA NAND JAIN SCHOOL COMMITTEE (Regd.), LUDHIANA

Ref. No. SAVJC/N/02/23/36

Dated 02-02-23

NOTICE

91 students of the college along with 10 staff members are going to one day educational trip to Kasauli on 3-02-2023.

List of Staff members:

Mr. Rishi Kesh

Ms. Lata Kapoor

Ms. Preeti

Dr. Sandeep Bansal

Mr. Ramandeep Singh

Ms. Ruchika Nachaal

Ms. Avriti Tangri

Mr. Amit Goyal

Mr. Brijesh Sharma

Ms. Balesh

Principal

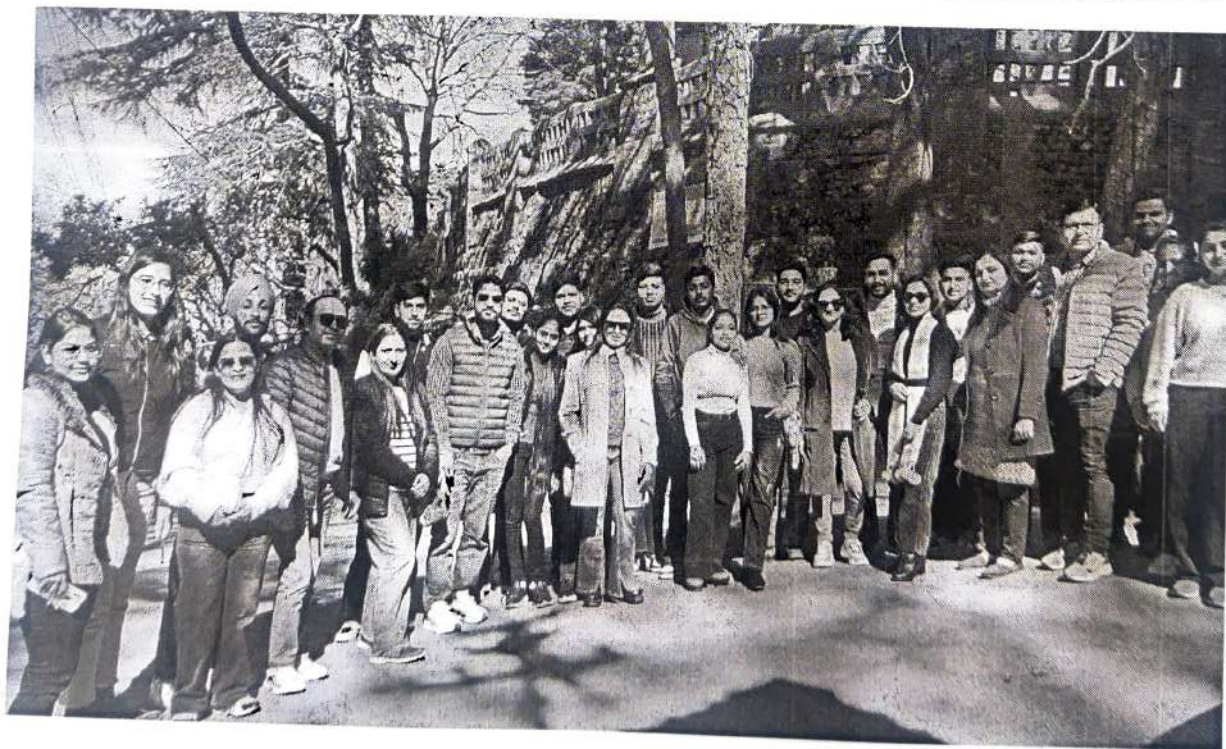
Enlosure: List of students

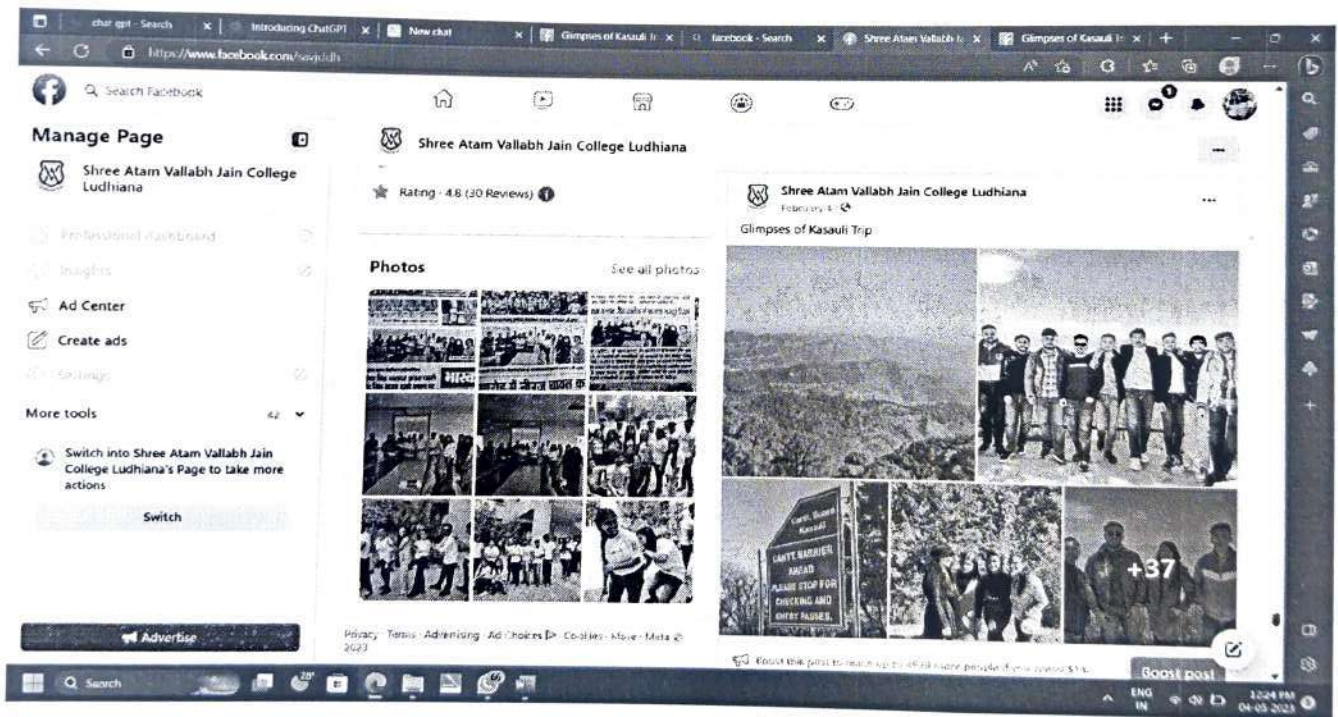
List of students for Kasauli trip on 3rd Feb. 2023

S.No.	Roll No.	Name	Class	Mobile	Father's Mobile
1	106	Ank Singla	BBA- II Sem. A	9877708960	9814408474
2	118	Ishan	BBA- II Sem. A	8847051958	9877218936
3	120	Kamav	BBA- II Sem. A	7817440505	6239631431
4	156	Gomzy pahwa	BBA- II Sem. B	7710329914	9914608806
5	157	Harnoor kaur	BBA- II Sem. B	9876924718	6283222732
6	161	Himanshu garg	BBA- II Sem. B	8268000900	9876125431
7	162	Jashan Jot Singh	BBA- II Sem. B	9888020298	9878067383
8	163	Jaskirat singh	BBA- II Sem. B	6283264579	8727860182
9	171	Parth vij	BBA- II Sem. B	7888526257	9915496735
10	224	Madhav Chopra	BBA-IV Sem	9876629357	9877417607
11	323	Amitoj Singh	BBA- VI	6239625145	9876691800
12	324	Arashdeep Singh	BBA- VI	9877606402	9592395267
13	325	Sahil Mahendru	BBA- VI	7717563004	9815278460
14	328	Harsh Dhawan	BBA- VI	9878384942	9878384942
15	332	Divyanshu	BBA- VI	8054399661	7743017705
16	422	Jashanjit Khaira	B. Com- II Sem. MB	7696288939	7696288939
17	430	Manpreet Kaur	B. Com- II Sem. MB	8264218896	9781123721
18	432	Mehak Mutneja	B. Com- II Sem. MB	8360427141	9915151681
19	501	Anjali Arora	B. Com- II Sem. A	6284467718	9888228660
20	503	Ankit	B. Com- II Sem. A	7814756762	7973884613
21	505	Arshraj Sharma	B. Com- II Sem. A	8264815031	9815615031
22	507	Bhavika	B. Com- II Sem. A	7710417166	9478017166
23	509	Chris Robert	B. Com- II Sem. A	8360500841	9217289048
24	514	Gaurav chhabra	B. Com- II Sem. A	9815475085	8146309207
25	532	Maitree Jain	B. Com- II Sem. A	8360148157	7837831098
26	535	Mehak	B. Com- II Sem. A	8699863220	9781950420
27	546	Sadiya	B. Com- II Sem. A	9041627871	9780302130
28	549	Sneha	B. Com- II Sem. A	6239572921	9915040351
29	550	Sumit Nagpal	B. Com- II Sem. A	7717495385	6239546521
30	552	Udit Bajaj	B. Com- II Sem. A	9914251007	9914227001
31	641	Sakshi Tiwari	B. Com- II Sem. B	9041120183	9872396392
32	649	Vanshika rai	B. Com- II Sem. B	8847012533	8528949439
33	660	Mannat Jain	B. Com- II Sem. B	9910198583	6239336954
34	711	Jai gopal	B. Com- II Sem. C	6239284908	9888661966
35	714	karanjot singh	B. Com- II Sem. C	7814673909	9872921511
36	717	Lakshay Gupta	B. Com- II Sem. C	7986866205	7986866205
37	718	Manas Aggarwal	B. Com- II Sem. C	7986344332	8847012134
38	719	Mayank Garg	B. Com- II Sem. C	7888343643	7888343643
39	736	Sneha	B. Com- II Sem. C	8427760553	9465196543
40	740	Tanish Aggarwal	B. Com- II Sem. C	7986844642	9915163631
41	927	Dipanshu Bhola	B. Com- IV Sem. MB	8194889610	9876620215
42	1004	Shivam Arora	B. Com- IV Sem. A	6280203056	9888302021
43	1005	Vansh miglani	B. Com- IV Sem. A	9878347877	9888886036
44	1008	Himane Gupta	B. Com- IV Sem. A	6283494430	8283811708
45	1011	Sarthak jain	B. Com- IV Sem. A	7087711621	9855271117
46	1012	Sumedha	B. Com- IV Sem. A	7009641763	6239546521
47	1013	Shriya sood	B. Com- IV Sem. A	7696776797	9216576797
48	1014	Geetanshu Mehta	B. Com- IV Sem. A	9814907101	8968155156
49	1015	Chandan verma	B. Com- IV Sem. A	9988829488	9888483960
50	1021	Goyam jain	B. Com- IV Sem. A	8288860365	9814160365
51	1024	Palak bhatia	B. Com- IV Sem. A	7986751189	9876164601
52	1044	Amisha	B. Com- IV Sem. A	8054275474	8437993979
53	1053	Gautam Thakur	B. Com- IV Sem. A	7814679642	7986365515
54	1062	Sahzad Ali	B. Com- IV Sem. A	8872000700	8872723786
55	1101	Devanshu Goyal	B. Com- IV Sem. B	6283485158	9815121510

S.No.	Roll No.	Name	Class	Mobile	Father's Mobile
56	1103	Sahil Rajvanshi	B. Com- IV Sem. B	9501041079	8288950143
57	1107	Aaryan Sharma	B. Com- IV Sem. B	7717677011	9915227879
58	1111	Vicky Kumar	B. Com- IV Sem. B	8146755998	8146169657
59	1112	Anant Jain	B. Com- IV Sem. B	8437710446	9988093410
60	1113	Sahil bajaj	B. Com- IV Sem. B	8427920603	9463630603
61	1116	Manav Arora	B. Com- IV Sem. B	9814720838	9814720802
62	1118	Vaibhav Chanana	B. Com- IV Sem. B	9855512545	9855312412
63	1129	Khushboo	B. Com- IV Sem. MB	7743011802	7743011801
64	1130	Naveen	B. Com- IV Sem. MB	9464093499	9464093499
65	1132	Rishabh	B. Com- IV Sem. B	7888541302	8146069469
66	1141	Yogesh	B. Com- IV Sem. B	8437145154	6239616218
67	1145	Jashandeep malik	B. Com- IV Sem. B	6280498283	8559013087
68	1147	Rajni	B. Com- IV Sem. MB	7986813562	
69	1162	Shivam Sood	B. Com- IV Sem. B	7508139153	9872817377
70	1409	Janvi	B. Com- VI Sem. MB	6284125454	9878254908
71	1417	Prachi	B. Com- VI Sem. MB	8847455951	9216474090
72	1504	Anubhav sharma	B. Com- VI Sem. A	9877815486	9814857417
73	1505	Yogya madaan	B. Com- VI Sem. A	6284726488	9417944068
74	1506	Ramanjot singh	B. Com- VI Sem. A	9915533378	9463751938
75	1518	Monika kumari	B. Com- VI Sem. A	7815954654	7888947254
76	1519	Khushi	B. Com- VI Sem. A	9914040975	9855440975
77	1520	Deepti Kumari	B. Com- VI Sem. A	7087912346	9872525160
78	1521	Gagan Bansal	B. Com- VI Sem. A	7528027028	9217288810
79	1522	Vishal	B. Com- VI Sem. A	9814751347	9592212167
80	1541	Himanshu chhabra	B. Com- VI Sem. A	8847646130	9464374756
81	1542	Vasu Gupta	B. Com- VI Sem. A	7814895252	9876126123
82	1543	Anand verma	B. Com- VI Sem. A	9878021414	9876963007
83	1553	Sarthak dhanda	B. Com- VI Sem. A	7814606210	7888909170
84	1554	Parth Neeraj	B. Com- VI Sem. A	9781781684	9876058422
85	1569	Rishab Goyal	B. Com- VI Sem. A	9876121060	8557948486
86	1626	Lakhvir	B. Com- VI Sem. B	7270005550	9317900786
87	1627	Yatin Bhatia	B. Com- VI Sem. B	8968942840	9316918076
88	1628	Monish	B. Com- VI Sem. B	9877931294	9814475170
89	1631	Ankit Khosla	B. Com- VI Sem. B	8427436565	9872249622
90	1654	Krishav verma	B. Com- VI Sem. B	7508473020	9115113020
91	1655	Shreyans jain	B. Com- VI Sem. B	9814920981	9814950981


Principal





Rishi Kesh

Rishi Kesh

(Convenor, Excursion Committee)

Dr. Sandeep Kumar

Dr. Sandeep Kumar

Principal

Report of Trip to Kasauli

Session - 2022-23

Organising Committee- Excursion Committee

Organising Committee Members – Mr. Rishi Kesh (Convener)

Dr. Sandeep Bansal

Ms. Divya Jain

Date – 11-02-2023

Venue – Kasauli

No. of Participants – 91 (students) +7 (Teachers)

About the event –

The excursion committee of the college organized a trip to Kasauli on 11 Feb 2023. A total number of 91 students went to the trip.

The students were instructed to come to college at 5:30 a.m. All the students were very excited. The trip started at 6:00 am from the college campus. The students boarded the bus arranged by the Excursion Committee, and the journey began. The journey took around 5 hours to reach Kasauli. The group then proceeded for sightseeing, where they visited various places, including Kasauli Brewery, Sunset Point, Monkey Point, and Gurudwara Shri Guru Nanakji. The students then went to Mittran Da Dhaba for dinner and returned to the college campus by 11:00 pm.

In conclusion, the one-day trip to Kasauli organized by the Excursion Committee of Shree Atam Vallabh Jain College on 11th February 2023 was a memorable experience for all the students who participated. The students appreciated the efforts made by the committee in organizing the trip and providing them with a comfortable and safe experience.

Ref. No. SAVJC/N/02/23/53

Date: - 10-02-2023

NOTICE

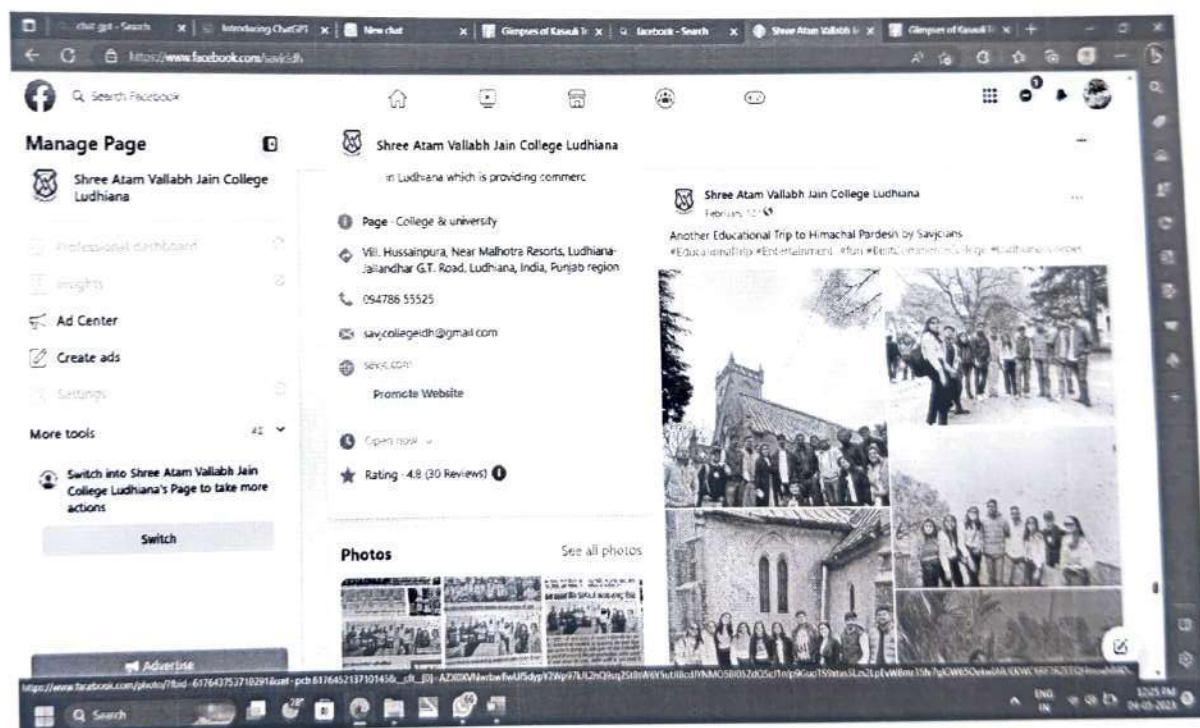
Students and staff members going to Kasauli on one day educational trip on 11th Feb 2023 are required to report in college at 5:30 a.m. on above mentioned day.

Principal

List of Students for Kasauli Trip on 11th Feb. 2023

S.N	Roll No.	Name	Class	Gender	Student's Mobile No	Father's Mobile No.
1	103	Abhinav bhatia	BBA- II Sem. A	Male	7696001941	9814237969
2	129	Richa	BBA- II Sem. A	Female	7696159660	9872949660
3	130	Rishita Khanna	BBA- II Sem. A	Female	8556812208	9877143765
4	135	Sukhjot Singh	BBA- II Sem. A	Male	9803467771	9877913425
5	137	Tamanna Aggarwal	BBA- II Sem. A	Female	7814451230	9878143404
6	187	Ujjwal Thakur	BBA- II Sem. B	Male	9877566195	9780500880
7	207	Pranjal Jain	BBA-IV Sem	Female	9056203165	9780546308
8	221	Ashish Kumar	BBA-IV Sem	Male	9779911644	9417196885
9	301	Kapil chopra	BBA- VI Sem.	Male	9888763969	9878677171
10	302	Devanshu khosla	BBA- VI Sem.	Male	9877568349	9877568349
11	303	Jahnvi Sharma	BBA- VI Sem.	Female	7035674444	9814901666
12	310	Mansirat kohli	BBA- VI Sem.	Female	6239419754	9872906000
13	311	Himanshu gulati	BBA- VI Sem.	Male	9646589075	9646157595
14	315	Hardik dawar	BBA- VI Sem.	Male	9876878883	8558888831
15	327	Madhav khurana	BBA- VI Sem.	Male	8755705882	9259290547
16	331	Aish Arora	BBA- VI Sem.	Female	6283449420	9877155358
17	333	Vansh sachdeva	BBA- VI Sem.	Male	9915747275	8427307275
18	336	Chetan Sharma	BBA- VI Sem.	Male	9988880926	9855107937
19	337	Sarthak Jain	BBA- VI Sem.	Male	8837666081	9417109944
20	913	Raghav Dhir	B. Com- IV Sem. B	Male	9465675277	8427759121
21	938	Manav Bassi	B. Com- IV Sem. B	Male	9988815718	9888915718
22	1003	Piyush Jain	B. Com- IV Sem. A	Male	9814840779	9814840779
23	1007	Ritik	B. Com- IV Sem. A	Male	7814145369	9501408710
24	1026	Nutan	B. Com- IV Sem. A	Female	8729052078	9814062078
25	1029	Manil Vinayak	B. Com- IV Sem. A	Male	9417197848	7707847887
26	1036	Vanshika	B. Com- IV Sem. A	Female	6239229703	9872327673
27	1037	Sonam	B. Com- IV Sem. A	Female	7986647203	9316812339
28	1038	Shruti	B. Com- IV Sem. A	Female	7814339790	9855718923
29	1040	Kashish	B. Com- IV Sem. A	Female	9804930008	9872959797
30	1041	Mansi	B. Com- IV Sem. A	Female	9592315062	9814415062
31	1054	Suraj Kumar	B. Com- IV Sem. A	Male	9878555223	9417716912
32	1055	Sukhpreet Singh	B. Com- II Sem. A	Male	+9175298081	8728976885
33	1056	Prinkle	B. Com- IV Sem. A	Female	8699491370	9915180770
34	1142	Himanshu Sharma	B. Com- IV Sem. B	Male	8195008687	8872223405
35	1158	Aryan mehta	B. Com- IV Sem. B	Male	7009563627	9876869699
36	1408	Suyash Jain	B. Com- VI Sem. MB	Male	9988853012	9815000359
37	1410	Shampal	B. Com- VI Sem. B	Male	8968538750	9501394812
38	1418	Vanshika verma	B. Com- VI Sem. B	Female	7740068561	9876162952
39	1420	Yukta Bhandari	B. Com- VI Sem. B	Female	7696079676	6239200570
40	1431	Shivam	B. Com- VI Sem. B	Male	7888929451	9417786421
41	1446	Tanvi Jain	B. Com- VI Sem. B	Male	8360667502	9465715004
42	1457	Prince Kumar	B. Com- VI Sem. B	Male	8264483857	9517595451
43	1503	Nandan Jain	B. Com- VI Sem. A	Male	9915260148	9814504606
44	1507	Babika Jain	B. Com- VI Sem. A	Female	7814304899	9781357575
45	1511	Khushi	B. Com- VI Sem. A	Female	+9162398243	9417534820
46	1512	Taniya Chhabra	B. Com- VI Sem. A	Female	8054333021	9877284676

47	1516	Sukhmanpreet Kaur	B. Com- VI Sem. A	Female	9878305454	9463750537
48	1524	Divyansha jain	B. Com- VI Sem. A	Female	9914682170	8968153356
49	1525	Manisha Narang	B. Com- VI Sem. A	Female	7652874523	9878005835
50	1526	Lovish Khurana	B. Com- VI Sem. A	Male	6280250910	8851973218
51	1527	Sahil malik	B. Com- VI Sem. A	Male	8847556563	9780031822
52	1528	Harshita jain	B. Com- VI Sem. A	Female	8360882037	9417310840
53	1529	Ansh Gulati	B. Com- VI Sem. A	Male	7087267333	9876156780
54	1530	Komal	B. Com- VI Sem. A	Female	6283812030	9878531112
55	1531	Samridhi gulati	B. Com- VI Sem. A	Female	6239424639	8968818657
56	1533	Aarti	B. Com- VI Sem. A	Female	9781464684	9463139181
57	1534	Reema	B. Com- VI Sem. A	Female	8567030101	9779952211
58	1535	Rohit khanna	B. Com- VI Sem. A	Male	7696220411	9815452920
59	1536	Nikita	B. Com- VI Sem. A	Female	8196930683	9780923374
60	1537	Mamta	B. Com- VI Sem. A	Female	6283303911	6284096278
61	1538	Tamanna Narula	B. Com- VI Sem. A	Female	8427359678	9646375376
62	1539	Manjot Singh	B. Com- VI Sem. A	Male	9988213134	9988213134
63	1540	Isha	B. Com- VI Sem. A	Female	6239449807	9478028505
64	1544	Anmol	B. Com- VI Sem. A	Male	9872161118	9878608317
65	1547	Rishab	B. Com- VI Sem. A	Male	9855455743	9914031280
66	1549	Ankita	B. Com- VI Sem. A	Female	7973708076	8699247538
67	1551	Jashan	B. Com- VI Sem. A	Male	7087933032	8847055756
68	1552	Vansh Sharma	B. Com- VI Sem. A	Male	7973559526	7009976448
69	1558	Himanshu Gambhir	B. Com- VI Sem. A	Male	8568048414	9815074636
70	1561	Rittik rana	B. Com- VI Sem. A	Male	8283844052	8283844052
71	1562	Paras kalra	B. Com- VI Sem. A	Male	9914539144	9872307119
72	1563	Jessi Verma	B. Com- VI Sem. A	Male	8427788276	9876067158
73	1564	Tushar	B. Com- VI Sem. A	Male	7986567197	9814403750
74	1565	Jai	B. Com- VI Sem. A	Male	7814110936	9872728555
75	1566	Vishal	B. Com- VI Sem. A	Male	9814698467	9872147130
76	1605	Himanshi	B. Com- VI Sem. B	Female	9878338330	9465795230
77	1613	Sarishti verma	B. Com- VI Sem. B	Female	8264555642	9815444003
78	1614	Sugandha	B. Com- VI Sem. B	Female	9779203982	9779662785
79	1615	Jaspreet Kaur	B. Com- VI Sem. B	Female	7009276323	9569710717
80	1619	Dixit kalra	B. Com- VI Sem. B	Male	8427478081	9872887757
81	1620	Abhishek	B. Com- VI Sem. B	Male	9876324552	9876324552
82	1622	Chhavi jain	B. Com- VI Sem. B	Female	7814579473	9803903967
83	1629	Aman	B. Com- VI Sem. B	Male	9530775306	7973430704
84	1630	Prabhkirat Singh	B. Com- VI Sem. B	Male	7627868122	9888385245
85	1633	Harsh vardhan	B. Com- VI Sem. B	Male	7986257702	9417373134
86	1642	Bhavik	B. Com- VI Sem. B	Male	7347353508	9815285400
87	1643	Ritik	B. Com- VI Sem. B	Male	7658802491	7009496353
88	1646	Goutam Harjai	B. Com- VI Sem. B	Male	9877771240	8566942098
89	1650	Bhavik Jain	B. Com- VI Sem. B	Male	7986638752	9815446828
90	1651	Payal	B. Com- VI Sem. B	Female	8968345286	9876707447
91	1669	Aanchal sharma	B. Com- VI Sem. B	Female	9816453105	9872258219
92	1714	Archit Jain	M.Com II Sem	Male	9814478785	9814478785



Rishi Kesh
Rishi Kesh

(Convenor, Excursion Committee)

Dr. Sandeep Kumar
Dr. Sandeep Kumar

Principal

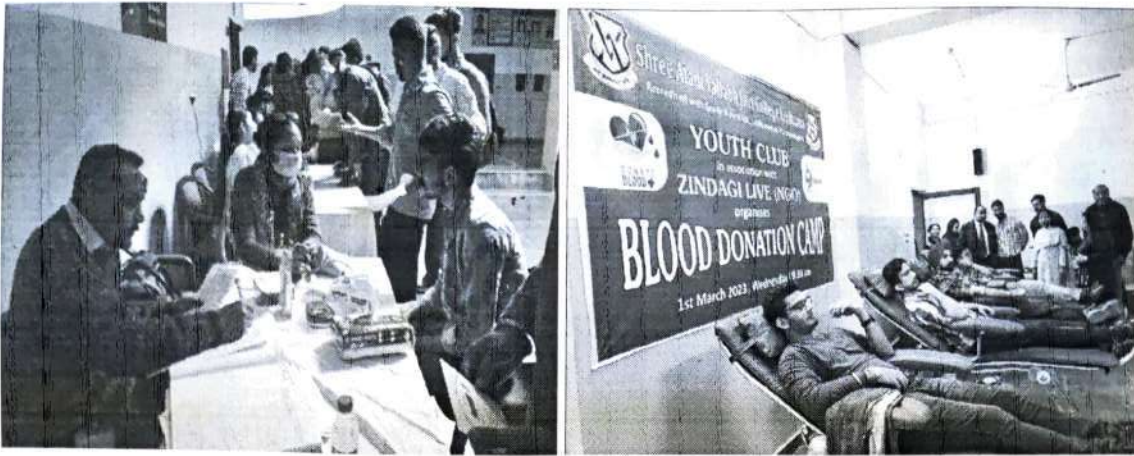
REPORT

Event	-	Blood Donation Camp
Organising Team	-	Mr. Amit Goyal (Convener) Dr. Rishu Jain
Date of the event	-	1 st March, 2023
Timing	-	9:30 AM – 4.00 PM
Venue	-	Nagina Devi Seminar Hall
No. of blood donors	-	82 (74 students, 5outsiders, 2 teachers and 1 non teaching staff)
Objective of the Event	-	The objective behind organizing the blood donation camp was to motivate students to donate blood and to inculcate social values amongst them.

Brief description about the event

The 5th Annual Blood Donation Camp was organised by Youth Club of the college on 1st March, 2023, in collaboration with NGO “Zindagi Live Foundation” which is working for thalassemia patients belonging to economically poor section of the society. Approximately 82 Units of Blood were collected during the Camp. Students, teachers, outsiders, alumni and non-teaching staff participated in the camp with great devotion and the spirit of service towards humanity. The camp organizers arranged for a good diet that included juice/milk bottles, cheese, bananas and apples for the blood donors.





The President of College Management Committee Sh. Komal Kumar Jain (Duke), Sh. Bhushan Kumar Jain (Admin Secretary), Sh. Atul Jain (Manager), Sh. Rakesh Jain (Romy) (Member), Sh. AP Jain (Member) and Principal of the college, Dr. Sandeep Kumar lead the way for the students in the institution for such initiatives taken for noble cause. Dr Sandeep Kumar, Principal of the college, encouraged the donors and delineated the importance of blood donation as it could save one's precious life. They also appreciated the efforts of Youth Club of the College and added that such events motivate students in a positive way by teaching values of responsibility, serving humanity and selfless service.

(Amit Goyal)
Convenor, Youth Club

Blood Donors (March 2023) - Registration

S. No.	Name	Mobile No.	Roll No.	Blood Group	Class
1	Gaurav	9106674279	113		BBA 1st Year
2	Gaurav surana	9106674276	113		BBA 1st Year
3	Harnoor kaur	9876924718	157	O+	BBA 1st Year
4	Harshit jain	8968848467	159	O+	BBA 1st Year
5	RITIK KUMAR	6283542297	142		BBA 1st Year
6	SAHIL	6283020763	131		BBA 1st Year
7	VISHAL KUMAR	8580618706	189		BBA 1st Year
8	Yashik Verma	9592798873	190		BBA 1st Year
9	Jatin sobti	9779321961	319	O positive	BBA 3rd Year
10	Manav dhanda	7657854505	308	O+	BBA 3rd Year
11	PARAS DHAWAN	8727014098	326	b+	BBA 3rd Year
12	Sahil Sagar	7888711019	317	B+ve	BBA 3rd Year
13	Sarthak jain	8837666081	337	B+	BBA 3rd Year
14	Sumanglum	6284637656	329	O+	BBA 3rd Year
15	Vasu Arora	9417904367	309	A+ve	BBA 3rd Year
16	VATSALYA GUPTA	9988676414	210	o+ve	BBA 2nd year
17	Aayush	8872113843	403	B	BCom 1st Year
18	Dhairya Jain	7696440284	466	O positive	BCom 1st Year
19	Harish	9877542471	752		BCom 1st Year
20	Harkirat Singh	7889001574	614	B+	BCom 1st Year
21	JAI GOPAL	6239284908	711		BCom 1st Year
22	KAIF ANSARI	6283579342	525		BCom 1st Year
23	Kavya Jain	7589894366	715	A+	BCom 1st Year
24	Krrish Shridhar	9815777424	529	B negative	BCom 1st Year
25	MADHAV GUPTA	9463127125	619	B+VE	BCom 1st Year
26	MAITREE	8360148157	532	ab+ve	BCom 1st Year
27	MEHAK	8699863220	535	O+VE	BCom 1st Year
28	Mehak Mutneja	8360427141	432	B+ve	BCom 1st Year
29	MILAN JAIN	9815979820	720	AB +VE	BCom 1st Year
30	MRIDUL JAIN	8847687626	622		BCom 1st Year
31	Naveen Singh	8544946068	722		BCom 1st Year
32	PRIYANSHU	9780501928	442	B+VE	BCom 1st Year
33	Rajat	7087934778	542	O+	BCom 1st Year
34	RISHITA KOSHAL	7973088689	636	B+VE	BCom 1st Year
35	Sahajveer Singh Vilku	7087528285	638	B+ve	BCom 1st Year
36	SUKHDEEP SINGH	9877809414	456		BCom 1st Year
37	SURINDERJEET SINGH	7986987416	459		BCom 1st Year
38	VANSHIKA	8847012533	649	O+VE	BCom 1st Year
39	Varun Sehgal	8196917181	753	O+	BCom 1st Year
40	YUGAM	9815035365	554	b+ve	BCom 1st Year
41	Aaryan Sharma	7717677011	1107		BCom 2nd Year
42	Harleen Kaur	7717469852	1120	B+	BCom 2nd Year
43	Jashandeep Malik	6280498283	1145	O+ve	BCom 2nd Year
44	Jaspreet singh	7837650785	945	B(+)	BCom 2nd Year
45	Jatin Sharma	7018708740	932	B+	BCom 2nd Year
46	JATIN SHARMA	7018708740	932	B+	BCom 2nd Year

S. No.	Name	Mobile No.	Roll No.	Blood Group	Class
47	Karanvir singh	9464624810	920	B+	BCom 2nd Year
48	Ketan singla	9781126926	936	B+	BCom 2nd Year
49	Naresh kumar narang	7717423643	952	B+	BCom 2nd Year
50	Naveen	9464093499	1130	B+	BCom 2nd Year
51	PRANAV JAIN	7889283709	1153	B+VE	BCom 2nd Year
52	Sambhav Jain	9878860773	912	B-ve	BCom 2nd Year
53	SOURABH ARORA	8725003148	1033	A+VE	BCom 2nd Year
54	Vicky Singh	8146755998	1111		BCom 2nd Year
55	Vishali	7710215701	1048	B+	BCom 2nd Year
56	Aditya Kumar jena	8728842680	1546	O negative	BCom 3rd Year
57	CHETAN SHARMA	9988880926	335	O+VE	BCom 3rd Year
58	HARMAN JOT SINGH	6284623480	1560	A+VE	BCom 3rd Year
59	HIMANSHU	8568048414	1558	O+VE	BCom 3rd Year
60	KARAN VEER SINGH	9803654274	1514	O+VE	BCom 3rd Year
61	Khushi	99140 40975	1519	O+	BCom 3rd Year
62	Lakhvir	7270005550	1626	B+	BCom 3rd Year
63	Manjot singh	9988213134	1539	B positive	BCom 3rd Year
64	MONIKA	7814954654	1518		BCom 3rd Year
65	NANDAN JAIN	9915260148	1503	B+VE	BCom 3rd Year
66	ROHAN DUTTA	6239543922	1556	O+VE	BCom 3rd Year
67	Sameer sood	7719539355	1442	O positive	BCom 3rd Year
68	Sneha	7657995574	1445	O-	BCom 3rd Year
69	Suyash Jain	9988853012	1408	O+	BCom 3rd Year
70	Yogya madaan	6284726488	1505	O+ve	BCom 3rd Year
71	YUVRAJ SINGH	9877258992	1515	AB +VE	BCom 3rd Year
72	JITENDAR GARG	9996182111	1001	A+ve	bcom2nd year
73	PARAS JUNEJA	6280172427	1058	b+ve	bcom2nd year
74	PALAK	7707822314	1804	AB+VE	MCom 2nd Year
75	Anmol Arora	7814243722			Outsider
76	LOVISH	7837806022		ab+	Outsider
77	MANISH	8847274774			Outsider
78	MANSI	9646063534		B+VE	Outsider
79	RAJIV BAGGA	9888626045			Outsider
80	Amit Goyal	9478655525		B+ve	TEACHER
81	ROBIN INDERPAL	9781033338		O+VE	TEACHER
82	Brijesh Sharma	9888200486			Electrician

शिविर में 82 यूनिट 'रक्त' किया दान



श्री आत्म वल्लभ जैन कालेज में आयोजित रक्तदान शिविर में रक्त दान करते विद्यार्थी।

सवेरा न्यूज/गजनी

लुधियाना, 1 मार्च : श्री आत्म वल्लभ जैन कालेज में यूथ क्लब + द्वारा इंटरनल क्वालिटी एशोरयस मैल के मार्ग दर्शन तहत रक्तदान शिविर का आयोजन किया गया। कालेज के यूथ क्लब द्वारा जिंदगी लाइव (एनजीओ) के सहयोग से शिविर आयोजित किया गया।

शिविर के दौरान 82 यूनिट रक्त एकत्रित किया गया। कैप का मुख्य उद्देश्य लोगों को रक्तदान के प्रति जागरूक करना और यह बताना था कि रक्तदान एक महादान है क्योंकि हमारा छोटा सा दान किसी के परिवार में खुशियों का कारण बनता है। कैप में विद्यार्थियों व शिक्षकों ने बढ़-चढ़कर भाग लिया। रक्त दान करने वालों को फल एवं जूस भी रिफ्रेशमेंट के तौर पर दिए गए। कालेज प्रबंधक समिति के प्रधान कोमल कुमार जैन, भूषण कुमार जैन (प्रशासन सचिव), अतुल जैन (मैनेजर), राकेश जैन रोमी (सदस्य), ए.पी. जैन (सदस्य), समिति के अन्य सदस्यों एवं प्रिंसिपल डा. संदीप कुमार ने रक्तदान को छोटा दान नहीं, बल्कि रक्तदाताओं का उत्साहवर्धन किया। उन्होंने कालेज के यूथ क्लब के प्रयासों की भी सराहना की।

• श्री आत्म वल्लभ जैन कालेज में रक्तदान शिविर

पंजाब केसरी

Thursday 2.3.2023

82 विद्यार्थियों एवं शिक्षकों ने किया रक्तदान



बल्लभ डॉनर विद्यार्थियों का उत्साह बढ़ाते भूषण जैन, अतुल जैन, प्रिंसिपल डा. संदीप कुमार व अन्य।

लुधियाना, 1 मार्च (भूपेश) : श्री आत्म वल्लभ जैन कालेज में यूथ क्लब द्वारा इंटरनल क्वालिटी एशोरयस मैल (आई क्यू ए.सी.) के मार्गदर्शन एवं जिंदगी लाइव (एन.जी.ओ.) के सहयोग से आर्थिक रूप से गरीब वर्ग के शैलेसमिया पीड़ित लोगों को मदद के लिए रक्तदान कैप लगाया गया। जिसमें विद्यार्थियों एवं शिक्षकों ने 82 यूनिट रक्तदान किया।

कालेज प्रबंधक कमिटी के प्रधान कोमल कुमार जैन ने कहा कि इस

कैप का मुख्य उद्देश्य लोगों को रक्तदान के प्रति जागरूक करना था। उन्होंने कहा कि रक्तदान एक महादान है। कालेज प्रबंधक कमिटी के प्रधान कोमल कुमार जैन, एडमिन स्ट्रेटरी भूषण कुमार जैन, मैनेजर अतुल जैन, राकेश जैन ए.पी. जैन व अन्य समिति सदस्यों, प्रिंसिपल डा. संदीप कुमार ने रक्तदाताओं का उत्साहवर्धन किया। रक्तदान करने वालों को फल एवं जूस रिफ्रेशमेंट के तौर पर दी गई।

कॉलेज में कैम्प लगा 82 यूनिट रक्त जुटाया



लुधियाना की प्रमुख कॉलेज जैन कॉलेज में शुभ कर्म की शुरुआत हो रही है। कॉलेज की छात्रावास में एक कार्यक्रम में एकदम से रक्तदान कायम। कॉलेज के शुभ कर्म में एनसीओ मिली लड़कियों के सहयोग से कैम्प लगाया। इस दौरान 82 यूनिट रक्त जुटाया गया। कैम्प में स्टूडेंट्स और टीचर्स ने हिस्सा लिया। कॉलेज प्रमुख डॉ. विनोद के प्रधान कोषाध्यक्ष कुमार जैन, छात्रावास अधिकारी भूषण कुमार जैन, विवेक अग्रवाल जैन और प्रिंसिपल डॉ. बंसी कृष्ण ने एकदम से रक्तदान का आयोजन किया। उन्होंने कॉलेज के शुभ कर्म के आयोजन की भी शुरुआत की और कहा कि इस तरह के आयोजन छात्रों को शिक्षा के साथ-साथ सेवा के लिए प्रेरित करते हैं।

दैनिक जागरण लुधियाना 2 मार्च 2023

सागर संक्षेप



लुधियाना की प्रमुख कॉलेज जैन कॉलेज में आयोजित रक्तदान शिविर में हिस्सा लेते छात्रावास के सदस्य।

रक्तदान शिविर में 82 यूनिट रक्त एकत्रित

जैन लुधियाना की प्रमुख कॉलेज जैन कॉलेज में शुभ कर्म की शुरुआत हो रही है। कॉलेज की छात्रावास में एक कार्यक्रम में एकदम से रक्तदान कायम। कॉलेज के शुभ कर्म में एनसीओ मिली लड़कियों के सहयोग से कैम्प लगाया। इस दौरान 82 यूनिट रक्त जुटाया गया। कॉलेज प्रमुख डॉ. विनोद के प्रधान कोषाध्यक्ष कुमार जैन, छात्रावास अधिकारी भूषण कुमार जैन, विवेक अग्रवाल जैन और प्रिंसिपल डॉ. बंसी कृष्ण ने एकदम से रक्तदान का आयोजन किया। उन्होंने कॉलेज के शुभ कर्म के आयोजन की भी शुरुआत की और कहा कि इस तरह के आयोजन छात्रों को शिक्षा के साथ-साथ सेवा के लिए प्रेरित करते हैं।

जून टाइम मिला। कॉलेज प्रमुख डॉ. विनोद के प्रधान कोषाध्यक्ष कुमार जैन, भूषण कुमार जैन छात्रावास अधिकारी, अग्रवाल जैन के अध्यक्ष, संतोष कुमार जैन के अध्यक्ष हैं। संतोष कुमार जैन के अध्यक्ष हैं।

**CAMPUS NOTES**

Volunteers donate blood during a camp at Shree Atam Vallabh Jain College in Ludhiana. TRIBUNE PHOTO

BLOOD DONATION CAMP

Ludhiana: Shree Atam Vallabh Jain College, Ludhiana, organised a blood donation camp. The efforts were taken by the youth club of the college in collaboration with Zindagi Live, a NGO, who is working for thalassemia patients belonging to economically poor section of the society. Approximately 82 units of blood were collected during the camp. Students and teachers participated in the camp with great devotion and the spirit of service towards humanity. Fruits and juices were provided to donors as refreshment. Dr Sandeep Kumar, Principal of the college, encouraged the donors and delineated the importance of blood donation as it could save one's precious life.

REPORT

Activity	-	Run for Health
Date	-	16 th April, 2023
Time	-	6:00 AM
Venue	-	Outside Guru Nanak Stadium Ludhiana
Organising Committee	-	Youth Club
Members	-	Prof. Amit Goyal Prof. Rishu Jain
No. of Participants	-	Approximately 3200 (including approx. 500 students and 35 teaching and non- teaching staff members of college)
Objective of the event	-	To create awareness amongst public at large regarding health and fitness.
Chief Guest	-	Sh. Shubham Agarwal (ADCP –III, Ludhiana)

About the event

Youth Club of the college organized the event *'Run for Health' on 16th April, 2023 (Sunday) at 6 A.M.* Mr. Shubham Agarwal (ADCP-III, Ludhiana) was the Chief guest in the program who flagged off the run. People gathered there in a massive number of more than 3200 from various schools, colleges, business concerns, corporate houses etc. from various areas of Punjab dressed in white T-shirts flooded the track. It high-spirited the arena along with the people present there. The event was filled with enthusiastic fervor of spreading the message of maintaining fitness as a lifestyle. T-shirts and refreshments were distributed among the participants in the event. Beside this, A cycle was awarded to the overall winner. The event was sponsored by firms such as

Title Sponsors- Red Rock Mahavir Udyog, Fort Collins and Swati Industries

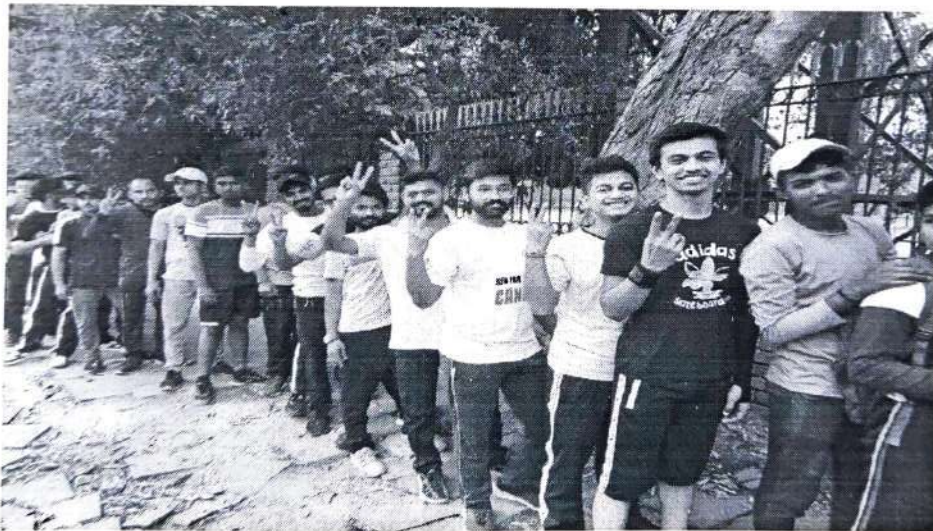
Gold Sponsors- Vallabh Knit Craft, Stupid Cupid, J.P. homes and Ludhiana Heights

Associate Sponsors- Duke Fashion India Ltd., Adinath Dying & finishing, Total Publicity, Kalyani Publishers, Bishop Cotton, AAA Bright Academy, Okane by Indra Values, Harry Immigration, Deckay Designer Suits, Vijay Vallabh Hosiery Factory, Malik Printers, Chetna Hi-tech, B.D.S. Clothing, Akash (BYJU'S), Sakshi Fashions Knitwear and Aditya Knits Pvt Ltd.

Refreshment Partners- CocaCola, Bonn Bread, Sehgal Astrology, Shiv Shakti KKT

Route map adopted for the run: In this event volunteers started running from Guru Nanak Stadium. The route of the run was as follows: Guru Nanak Stadium to Fountain Chowk, from there to Dandi Swami Chowk (via Prince Hostel), then towards 'main gate of KVM school' then via Tagore Nagar to Rose Garden and from there through College Road and Fountain Chowk the run will end at Guru Nanak stadium itself.

1. Registration for the event



Participants in the queues for registration

2. Distribution of T-Shirts printed with SAVJC RUN FOR HEALTH logo



Participants in the t-shirts of SAVJC gathering near the stage after registration

3. Honor of the Chief Guest



Managing Committee members Sh. Bhushan Jain, Sh. Lalit Jain, Sh. Vinod Jain , Sh. Sanjay Jain, Sh. Sikander Lal Jain, Sh. Kiran Jain, Sh. Manohar Lal Jain, Sh. Arun Jain Babla, Sh. Vipin Jain and, Dr. Sandeep Kumar (Principal), presenting a Token of Remembrance to our worthy Chief Guest Sh. Shubham Agarwal

4. Students of SAVJC Performing Zumba



5. Start of the Run

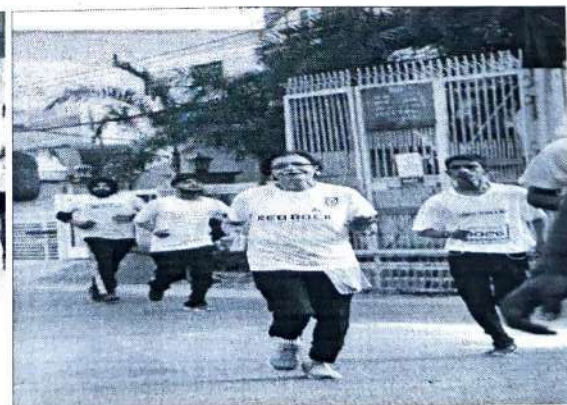
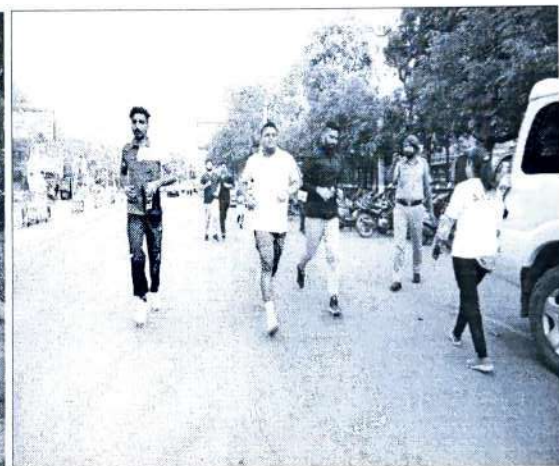
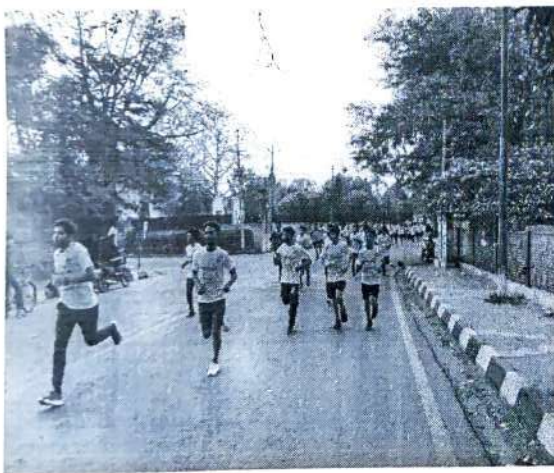


ADCP Mr. Shubham Agarwal doing Flag off

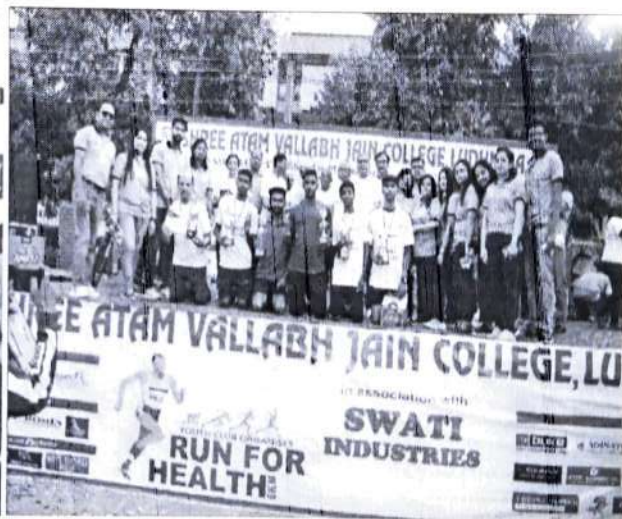


Participants ready for running on the track and our volunteers cheering up them

6. Various Captures during the Run



7. Honor of the Sponsors and Winners

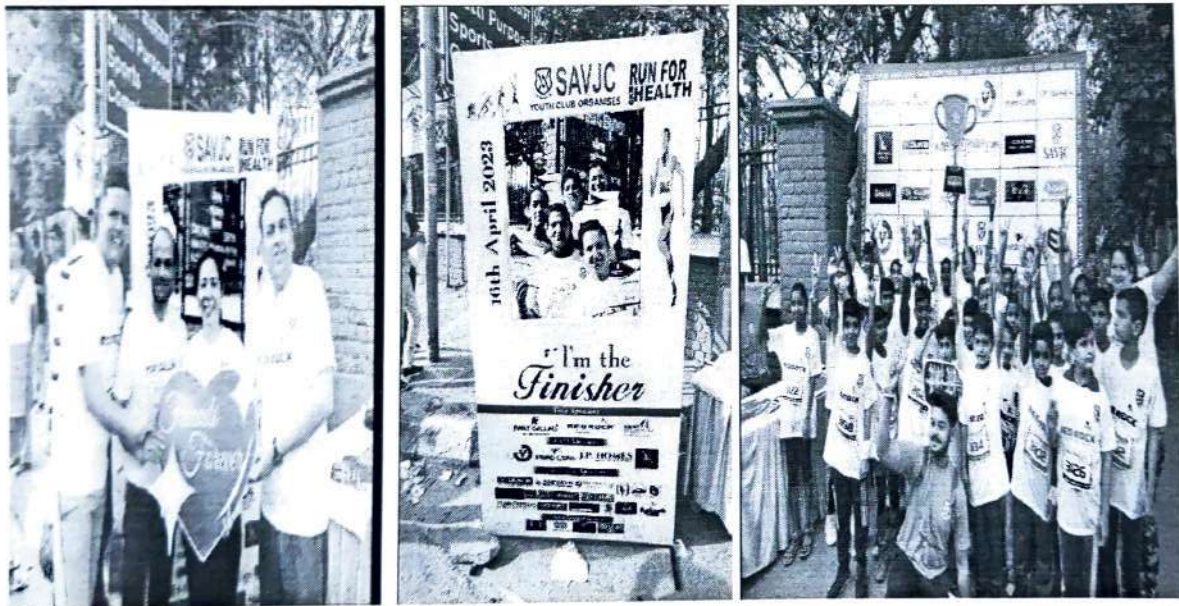


8. Refreshment to all the participants





9. Selfie Corner



10. Group Photographs at the conclusion



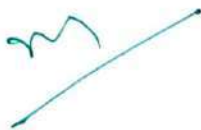
Winners were selected in four categories as three prizes in male category (Above 14 years) , three prizes in female (Above 14 years) category and three prizes in Kids (Below 14 years) category and three prizes in Senior Citizens (50 years plus). Rohit kamboj in boys' category, Shreya in Girl's category, Masoom Ali in Kids Category, Mohinder Grover in Senior Citizen's Category were the winners of this event.

Message by the Chief Guest: Sh. Shubham Agarwal motivated the students by his inspirational words. He told students about the importance of sports and physical activities in our daily life. He further congratulated the team of SAVJC that these kind of events should be organized at regular intervals to awaken the youth.

The President of College Management Committee Sh. Komal Jain (Duke); Sh Ramesh Kumar Jain (Sr. Vice President) ; Sh Arun Jain (Vice President); Sh Bhushan Kumar Jain (Admn Secretary); Sh Manohar lal Jain (General Secretary) ; Sh Sanjay Kumar Jain (Finance Secretary); Sh Atul Jain (Manager); Sh Jatinder Jain (Join Secretary) Sh Vinod Jain (Treasurer); Sh Amit Jain (Executive member); Sh Anil Kumar Jain (Executive Member); Sh Kiran Kumar Jain (Executive Member); Sh Lalit Jain (Executive Member); Sh Rakesh Jain (Executive Member); Sh Vikram Jain (Executive Member); Sh. Sikander Lal Jain (Chief Advisor); Sh. Anil Parbhat Jain (Member), Principals of different schools under managing committee and the Principal of SAVJC Dr. Sandeep Kumar accentuated that such events reduce stigma related to mental illness and promote good health for all. They congratulated the organising team for the successful completion of the event. Overall the event went very well, all the media persons, participants and general public praised for the same. Principal Dr. Sandeep Kumar thanked everyone present there in the event.

Vote of Thanks: Mr. Amit Goyal (Convener, Run for Health) thanked the entire team of SAVJC for their support and cooperation. He thanked Managing committee and Principal, for providing this opportunity and support for conducting such an event.


Amit Goyal
Convener, Youth Club



श्री आत्म वल्लभ जैन कॉलेज की ओर से रन फॉर हेल्थ का आयोजन

[illegible]

6 किमी की रन फॉर हेल्थ में 3200 ने लिया हिस्सा



लुधियाना। श्री आत्म वल्लभ जैन कॉलेज द्वारा 6 किमी की 'रन फॉर हेल्थ' आयोजित की गई। जिसमें 3200 से ज्यादा लोगों ने हिस्सा लिया। स्वस्थ जीवन शैली का संदेश देने के साथ मानव जीवन को बेहतर बनाने के उद्देश्य से ये प्रयास किया गया।-संबंधित खबर अंदर पढ़ें

रन फॉर हेल्थ • श्री आत्म वल्लभ जैन कॉलेज की तरफ से करवाई गई दौड़ में स्वस्थ जीवन शैली का दिया संदेश सीनियर सिटीजन में महिंदर ग्रोवर, 14 साल प्लस में रोहित-श्रेया फर्स्ट

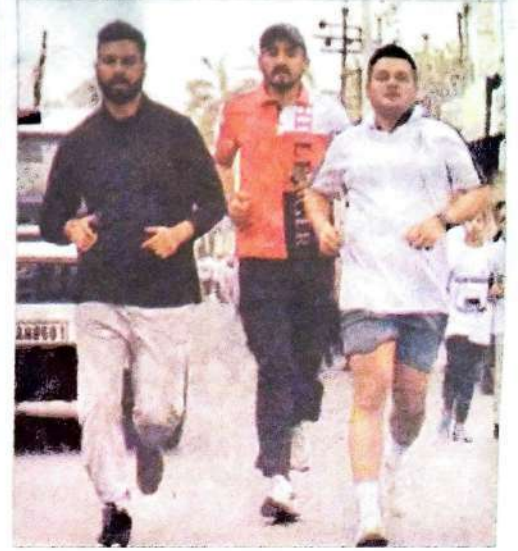
भास्कर न्यूज | लुधियाना

श्री आत्म वल्लभ जैन कॉलेज द्वारा 6 किलोमीटर की 'रन फॉर हेल्थ' आयोजित की गई। कॉलेज के युथ क्लब द्वारा इंटरनल क्वालिटी एश्योरेंस सेल के मार्गदर्शन में लोगों के बीच स्वस्थ जीवन शैली का संदेश देने एवं मानव जीवन को बेहतर बनाने के उद्देश्य से प्रयास किया। एमएलए लुधियाना वेस्ट गुरप्रीत बस्सी गोपी मुख्य मेहमान रहे। एडीसीपी-3 शुभम अग्रवाल कार्यक्रम में विशिष्ट अतिथि रहे। मुख्य मेहमान, कॉलेज प्रबंधन समिति के प्रधान कमल जैन (इयूक.) और प्रिंसिपल डॉ. संदीप कुमार ने दौड़ को हरी झंडी दिखाकर रवाना

किया। स्कूलों, कॉलेज और अन्य क्षेत्रों के लोगों ने हिस्सा लिया। इस रन में 3200 से भी ज्यादा लोगों ने हिस्सा लिया। इस दौड़ में 14 साल से कम उम्र के बच्चे, 14 साल से ज्यादा उम्र के लड़के और लड़कियाँ और 50 साल से ज्यादा उम्र की श्रेणी में लोगों ने रन में हिस्सा लिया। सीनियर सिटीजन कैटेगरी महिंदर ग्रोवर, 14 साल से ज्यादा की श्रेणी में लड़कों में रोहित कंबोज, लड़कियों में श्रेया और 14 साल से कम उम्र बच्चों की श्रेणी मासूम अली ने पहला स्थान लिया। इस मौके पर रमेश कुमार जैन, अरुण जैन, भूषण कुमार जैन, मनोहर लाल जैन, संजय कुमार जैन और प्रिंसिपल डॉ. संदीप कुमार मौजूद रहे।



श्री आत्म वल्लभ जैन कॉलेज की तरफ करवाई गई दौड़ रन फॉर हेल्थ में हिस्सा लेने पहुंचे शहर के लोग।



रन फॉर हेल्थ में फिटनेस की दौड़ लगाते लुधियानवी तथा (दाएं) रन फॉर हेल्थ में दौड़ लगाते एडीसीपी-3 शुभम अग्रवाल व थाना पीएचयू के एसएचओ रजिंदर पाल।

(सभी फोटो: विशाल)

रन फॉर हेल्थ में लुधियानवीयों ने लगाई 6 किलोमीटर की दौड़, फिटनेस का दिया संदेश



रन फॉर हेल्थ में एडीसीपी-3 शुभम अग्रवाल को सम्मानित करते श्री आत्म वल्लभ जैन कलेज प्रबंधक समित्व के सदस्य तथा (दाएं) रन फॉर हेल्थ में विजेता रहने वालों को सम्मानित करते गणमान्य।

- श्री आत्म वल्लभ जैन कालेज द्वारा गुरु नानक स्टेडियम के बाहर से आयोजित की गई रन फॉर हेल्थ
- रैड रॉक महावीर उद्योग ने स्पांसर की टी-शर्ट

सवेरा न्यूज/अमन

लुधियाना, 16 अप्रैल: अगर स्वस्थ रहना है तो हर रोज अपने शरीर को कुछ वक्त देना होगा ताकि सैर, दौड़, जुंबा से अपनी फिटनेस को बना सकें। इसी सोच के साथ रविवार को श्री आत्म वल्लभ जैन कालेज द्वारा रन फॉर हेल्थ का आयोजन किया गया। इसमें लुधियानावासीयों ने रन फॉर हेल्थ में 6 किलोमीटर की दौड़ लगाकर फिट रहने का संदेश दिया। दौड़ सुबह गुरु नानक स्टेडियम के बाहर से शुरू हुई। कालेज के यूथ क्लब के (आईक्यूएसी) द्वारा रन फॉर हेल्थ करवाने का उद्देश्य लोगों को बीच स्वस्थ जीवनशैली का संदेश देने एवं मानव जीवन को बेहतर बनाने का संदेश देना था।

प्रोग्राम में एडीसीपी-3 शुभम अग्रवाल ने विशेष मेहमान के तौर पर शिरकत की। दौड़ को कार्यक्रम के मुख्यातिथि व कालेज प्रबंधन समिति के प्रधान कोमल जैन (इयूक) और प्रिंसीपल डा. संदीप कुमार ने हरी झंडी देकर रवाना किया। रन फॉर हेल्थ में स्कूल, कालेज सहित विभिन्न कॉर्पोरेट क्षेत्रों के 3200 से अधिक धावक सफेद रंग की रैड रॉक टी-शर्ट पहनकर दौड़े। रन फॉर हेल्थ

दैनिक सवेरा 10
जालंधर, सोमवार,
17 अप्रैल 2023



आत्म वल्लभ जैन कालेज द्वारा गुरु नानक स्टेडियम के बाहर आयोजित रन फॉर मैराथन में जुंबा करते लोग व (दाएं) रन फॉर हेल्थ में दौड़ लगाते युवा।

सवेरा न्यूज/नीरज (लुधियाना): रन फॉर हेल्थ मैराथन के सीनियर सिटीजन वर्ग में वरिष्ठ वकील मोहिंदर गोवर विजेता बने। डी.टी.बी.ए. सेल्स टेक्स की टीम ने सीनियर एडवोकेट मोहिंदर गोवर को मुबारकबाद दी।

4 कैटेगरी में करवाई रन फॉर मैराथन

में महावीर उद्योग के प्रमुख स्पांसर रहे। कालेज प्रबंधक सीमित से कालेज प्रबंधक के प्रधान कोमल कुमार जैन इयूक, रमेश कुमार जैन (वरिष्ठ उपाध्यक्ष), अरुण जैन (उपाध्यक्ष), भूषण कुमार जैन (प्रशासन सचिव), मनोहर लाल जैन (महासचिव), संजय कुमार जैन (वित्त सचिव), अतुल जैन (प्रबंधक), जतिंदर जैन (संयुक्त सचिव) विनोद जैन (कोषाध्यक्ष), अमित जैन (कार्यकारी सदस्य), अनिल कुमार जैन (कार्यकारी

रन फॉर मैराथन 4 कैटेगरी में करवाई गई। इस दौड़ में 14 वर्ष से अधिक लड़के, 14 वर्ष से अधिक लड़कियों, 14 वर्ष से कम उम्र के बच्चे व 50 से अधिक उम्र के व्यक्तियों ने हिस्सा लिया। लोगों के उत्साह को बढ़ाने के लिए स्टेडियम के बाहर जुंबा भी करवाया गया। लोगों ने पंजाबी व हिंदी बॉलीवुड गीतों पर जुंबा करके खूब मस्ती की। ओवर ऑल

विजेता रहने वाले को साइकिल गिफ्ट में दी गई। सीनियर सिटीजन कैटेगरी में मोहिंदर गोवर, 14 वर्ष से अधिक लड़कों की कैटेगरी में रोहित कंबोज, लड़कियों की कैटेगरी में श्रेया व किड्स की कैटेगरी में मसूम अलो विजेता रहा। विजेता रहने वाले धावकों को गिफ्ट हैपर व सर्वोत्कृष्ट देकर सम्मानित किया गया।

सदस्य), किरण कुमार जैन (कार्यकारी सदस्य), ललित जैन (कार्यकारी

सदस्य) राकेश जैन (कार्यकारी सदस्य), विक्रम जैन (कार्यकारी

सदस्य), सिकंदर लाल जैन (मुख्य सलाहकार), अनिल प्रभात जैन,

राजीव जैन, संजय जैन सहित अन्य उपस्थित रहे।

ये रहे टाइटल स्पांसर

रन फॉर हेल्थ में स्वाति उद्योग, रैड रॉक महावीर उद्योग, गोलड प्रयोजक, फोर्ट कॉलिन्स, वल्लभ नित क्राफ्ट, स्टूडिओ क्यूपिड, जे.पी. होम्स, लुधियाना हाइट्स, इयूक, आदिनाथ डाइंग एंड फिनिशिंग, टोटल पब्लिसिटी, कल्याणी पब्लिशर्स, ट्रिपल ए ब्राइट एकादमी, बिशप कार्टन, ओकेन इंद्रा वैल्यूज, हैरी इमिग्रेशन, डीके, विजय वल्लभ होजरी फैक्टरी, मलिक प्रिंटर्स, जीके, चेतना हाई-टेक, विजय वल्लभ होजरी फैक्टरी, मलिक प्रिंटर्स, जीके सहित कई स्पांसर ने सहयोग दिया।

दैनिक जागरण

लुधियाना, 17 अप्रैल, 2023

सेहत के लिए दौड़े हजारों लोग...



रविवार को श्री आत्म वल्लभ जैन कालेज की ओर से गुरु नानक देव स्टेडियम से 'रन फार हेल्थ' मैराथन का आयोजन किया गया। यह सेहत जागरूकता के लिए आयोजित किया गया था। इसमें शहर के हजारों लोगों ने भाग लिया। (संबंधित समाचार पेज दो पर) ● जागरण

तंदुरुस्ती के लिए छह किलोमीटर दौड़े हजारों लुधियानवी

श्री आत्म वल्लभ जैन कालेज की ओर से गुरु नानक देव स्टेडियम में किया गया **मैराथन** का आयोजन, ओवरआल विनर को दी गई साइकिल

3200 से अधिक छात्रों ने सर्वोच्च टीआईए पावनकन विद्या भवन

14 **साल से अधिक उम्र वर्ग में रोज़िद कमीज़ व ब्रेस ने धारी छात्र**

[illegible]

जीवन में प्रत्येक व्यक्ति के लिए स्वास्थ्य सबसे मूल्यवान

॥ श्रीगणेशाय नमः ॥
 ॥ श्रीगणेशाय नमः ॥
 ॥ श्रीगणेशाय नमः ॥
 ॥ श्रीगणेशाय नमः ॥
 ॥ श्रीगणेशाय नमः ॥
 ॥ श्रीगणेशाय नमः ॥

一、二、三、四、五、六、七、八、九、十、十一、十二、十三、十四、十五、十六、十七、十八、十九、二十、二十一、二十二、二十三、二十四、二十五、二十六、二十七、二十八、二十九、三十、三十一、三十二、三十三、三十四、三十五、三十六、三十七、三十八、三十九、四十、四十一、四十二、四十三、四十四、四十五、四十六、四十七、四十八、四十九、五十、五十一、五十二、五十三、五十四、五十五、五十六、五十七、五十八、五十九、六十、六十一、六十二、六十三、六十四、六十五、六十六、六十七、六十八、六十九、七十、七十一、七十二、七十三、七十四、七十五、七十六、七十七、七十八、七十九、八十、八十一、八十二、八十三、八十四、八十五、八十六、八十七、八十八、八十九、九十、九十一、九十二、九十三、九十四、九十五、九十六、九十七、九十八、九十九、一百。

圖書在版編目(CIP)數據

जीवन में प्रत्येक व्यक्ति के लिए सम्मान
 एक समुद्रतट और जीवन की लहर है।
 किसी की अन्तः काशीयता की इस लहर
 से समुद्र तट बनने की आवश्यकता है
 कि उसके सम्मान से समुद्र तट न हो।
 टी. नारायण और विवेकानन्द प्रतिष्ठान

कर्मचारी प्रशासन विभाग के द्वारा
कर्मचारी सुव्यवस्था में (हस्त) रम्य
कर्मचारी में (कर्मचारी) रम्य

असुरा जिन (असुराजिन) धूम

॥ श्रीगणेशाय नमः ॥ श्रीगणेशाय नमः
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कुमार जैन (उपस्थित नहीं हुए)
मन्मोहन लाल जैन (अपस्थित)
संजय कुमार जैन (निलम्बित)

[illegible]

कावेट कम्पैटी के पूर्व चेयरमैन दर्शन लाल बज्ज एमएचजी राजिवर सिंह को सम्मानित किया गया।
 हुए उनके साथ खाते हैं एलीसीपी 3 शुभम अग्रवाल, प्रकाश टीम के सदस्य • 7/10/23



सुविधान की गुरु तन्त्र: संविधान के बल ही प्रत्येक राज्य में शासन की शक्ति में विभाजन है अर्थात् जन के हितों पर प्रभुत्व ही ही विराणी • तन्त्रशास्त्र

जैन (सबुद्ध सहस्र) विनायक जैन
(कोषाध्यक्ष) अमिता जैन, अमिता
कुमार जैन विनायक कुमार जैन

संयोजक जैन, सहायक जैन, शिक्षक-

१. अथर्ववेद
 २. अथर्वसंहिता
 ३. अथर्वश्रुति
 ४. अथर्ववेद
 ५. अथर्ववेद

한글 42294, 중국어 42294, 42294, 42294, 42294

Figure 1

- अखिल भारतीय कांग्रेस के अध्यक्ष बनने के बाद ही कांग्रेस का नाम बदलकर भारतीय राष्ट्रीय कांग्रेस रखा गया।
- 1930 के दशक में कांग्रेस ने अहिंसक आन्दोलन के माध्यम से ब्रिटिश शासन के खिलाफ आन्दोलन किया।

आपका स्वागत : सभी लोग,
 यह एक नया ही जमाना है
 जहाँ सब और भी बढ़ रहा है
 फिर आप, खुद ही देखिए, जो
 होगा, लीजिये सबको !

[illegible]

माम के कारखानों में काम करने वाले लोगों के अलावा के प्रति जनसंख्या का सम्बन्ध है और काम करने हैं कि स्थान एक जनसंख्या अनुपात है:

श्री आत्म वल्लभ जैन कालेज द्वारा आयोजित 5वीं 'रन फॉर हैल्थ' मैराथन में 3200 लोगों ने लिया हिस्सा



रन फॉर हैल्थ को झंडी देकर खाना करते ए.डी.सी.पी. शुभम अग्रवाल, साथ हैं श्री आत्म वल्लभ जैन कालेज प्रबंधक कमेटी के सदस्य। (राकेश)



रन फॉर हैल्थ में दौड़ते सभी वर्ग के लोग।

(राकेश)



विशिष्ट अतिथि दर्शन लाल बवेजा एवं विजेताओं को सम्मानित करते भूषण जैन, किरण जैन, ललित जैन, मनोहर लाल जैन, सिकंदर लाल जैन, प्रि. डा. संदीप कुमार। (एकेश)

लुधियाना, 16 अप्रैल (भूपेश): श्री आत्म वल्लभ जैन कालेज द्वारा रविवार को गुरु नानक स्टेडियम के बाहर से 5वीं 'रन फॉर हैल्थ' का आयोजन किया गया। 6 कि. मी. की इस दौड़ को कॉलेज के यूथ क्लब ने (आई.क्यू.ए.सी.) के मार्गदर्शन में लोगों को स्वस्थ जीवन

शैली का संदेश देने एवं मानव जीवन को बेहतर बनाने के उद्देश्य को लेकर करवाया गया।

कार्यक्रम के मुख्य अतिथि ए.डी.सी.पी. शुभम अग्रवाल, कॉलेज प्रबंधक कमेटी के प्रधान कोमल जैन इयूक एवं प्रिंसीपल डा. संदीप कुमार ने हरी झंडी देकर भावकों का उत्साहवर्धन किया और मार्कोट कमेटी के पूर्व चेयरमैन दर्शन लाल बवेजा विशेष रूप से शामिल हुए।

3200 से अधिक भावकों ने सड़कों पर सफेद रंग की टी शर्ट्स पहन कर दौड़ लगाई। इस दौड़ में लड़के 14 साल से अधिक, लड़कियां 14 साल से अधिक, 14 साल से कम उम्र के बच्चे एवं सीनियर सिटीजन शामिल थे।

विजेताओं को ट्रॉफी एवं गिफ्ट हैम्पर्स दिए गए। ओवरऑल विजेता

ये रहे परिणाम

सीनियर सिटीजन

• महिन्द्र प्रोवर - प्रथम

लड़के 14 वर्ष से अधिक

• रोहित कम्बोज - प्रथम

लड़कियां 14 वर्ष से अधिक

• श्रेया - प्रथम

बच्चे 14 वर्ष से कम

• मासूम अली - प्रथम

को साइकिल दी गई। सभी प्रतिभागियों को सर्टीफिकेट वितरित किए गए। कार्यक्रम के टाइटल स्पॉन्सर स्वाति उद्योग, रैड रॉक महावीर उद्योग थे और गोल्ड प्रायोजक फोर्ट कॉलिंग्स, वल्लभ निट क्राफ्ट, स्टूडिओ क्यूपिड, जे.पी. होम्स, लुधियाना हाइट्स तथा

सहयोगी स्पॉन्सर-इयूक, आदिनाथ डाइंग, टोटल पब्लिसिटी, कल्याणी पब्लिशर्स, ट्रिपल ए ब्राइट एंक्वैडमी, बिशप कॉटन, ओकेन इंद्रा वैल्यूज, हैरी इमीग्रेशन, डी.के., विजय वल्लभ हौजरी फैक्ट्री, मलिक प्रिंटेर्स, जी.के., चेतना थे।

इस अवसर पर कॉलेज प्रबंधक कमेटी के प्रधान कोमल जैन इयूक, वरिष्ठ उपाध्यक्ष रमेश जैन, उपाध्यक्ष अरुण जैन बबला, एडमिन सैक्रेटरी भूषण जैन, महासचिव मनोहर लाल जैन, वित्त सचिव संजय जैन, प्रबंधक अतुल जैन, संयुक्त सचिव जतिन्द्र जैन, कोषाध्यक्ष विनोद जैन, अमित जैन, अनिल जैन, किरण जैन, ललित जैन, राकेश जैन, विक्रम जैन (सभी कार्यकारी सदस्य) मुख्य सलाहकार सिकंदर लाल जैन, अनिल प्रभात जैन, राजीव जैन, संजय जैन आदि मौजूद थे।

MONDAY
APRIL 17, 2023



Participants during the 'run for health' event organised in Ludhiana on Sunday.

HT PHOTO

3,200 residents run to spread healthy lifestyle message

HT Correspondent

ludhiana@hindustantimes.com

LUDHIANA: Capping an area of six kilometers, Shree Atam Vallabh Jain College (SAVJC), Ludhiana, organised its 5th "Run for health" outside Guru Nanak Stadium on Sunday. The youth club of the college organised the event intending to spread the message of a healthy lifestyle among the people.

Ludhiana (west) MLA Gurpreet Bassi Gogi was the chief guest of the occasion, while Shubham Agarwal (ADCP III, Ludhiana) was the special guest.

College management committee president Komal Jain, other committee members and principal Sandeep Kumar flagged off the run.

A huge crowd of at least 3,200 residents from various schools, colleges, self-employed and corporate sectors from various areas of Punjab dressed in white t-shirts flooded the track. Spreading the message of maintaining fitness as a lifestyle, a cycle was awarded to the overall winner. Winners were selected in four categories as three prizes in the male category (Above 14 years), three prizes in the female

(Above 14 years) category and three prizes in the kids (Below 14 years) category, and three prizes for senior citizens (50 years plus). Meanwhile, participation certificates were provided to all present there. Trophies and gift hampers were provided to the winners. Rohit Kambos in the boys' category, Shreya in girl's category, Masoom Ali in the kids' category and Mahinder Grover in the senior citizen's category were the winner of this event.

The college principal Sandeep Kumar said such events promote good health for all.



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DOI 10.1002/pola.23201

—

Participate

participate

—

Figure 1. The proposed model.

Top of section: 2000 ft. 1/2000

16. $\lim_{n \rightarrow \infty} \frac{1}{n} \sum_{k=1}^n \frac{1}{k} = 0$

total input cost. The optimal price

DOI: 10.1002/for

Project	Project Manager	Project Sponsor	Project Steering Committee	Project Team
Project A	John Doe	Jane Smith	John Doe, Jane Smith, John Doe	John Doe, Jane Smith, John Doe
Project B	Jane Smith	John Doe	Jane Smith, John Doe, John Doe	Jane Smith, John Doe, John Doe
Project C	John Doe	Jane Smith	John Doe, Jane Smith, John Doe	John Doe, Jane Smith, John Doe
Project D	Jane Smith	John Doe	Jane Smith, John Doe, John Doe	Jane Smith, John Doe, John Doe
Project E	John Doe	Jane Smith	John Doe, Jane Smith, John Doe	John Doe, Jane Smith, John Doe
Project F	Jane Smith	John Doe	Jane Smith, John Doe, John Doe	Jane Smith, John Doe, John Doe
Project G	John Doe	Jane Smith	John Doe, Jane Smith, John Doe	John Doe, Jane Smith, John Doe
Project H	Jane Smith	John Doe	Jane Smith, John Doe, John Doe	Jane Smith, John Doe, John Doe
Project I	John Doe	Jane Smith	John Doe, Jane Smith, John Doe	John Doe, Jane Smith, John Doe
Project J	Jane Smith	John Doe	Jane Smith, John Doe, John Doe	Jane Smith, John Doe, John Doe

David R. Howell, Sales and service

[illegible]

Figure 1. The effect of the concentration of the *Agrobacterium* suspension on the transformation efficiency of *Agrobacterium* strains.

1998, 1999, 2000, 2001, 2002, 2003, 2004, 2005, 2006, 2007, 2008, 2009, 2010, 2011, 2012, 2013, 2014, 2015, 2016, 2017, 2018, 2019, 2020, 2021, 2022, 2023, 2024, 2025, 2026, 2027, 2028, 2029, 2030, 2031, 2032, 2033, 2034, 2035, 2036, 2037, 2038, 2039, 2040, 2041, 2042, 2043, 2044, 2045, 2046, 2047, 2048, 2049, 2050, 2051, 2052, 2053, 2054, 2055, 2056, 2057, 2058, 2059, 2060, 2061, 2062, 2063, 2064, 2065, 2066, 2067, 2068, 2069, 2070, 2071, 2072, 2073, 2074, 2075, 2076, 2077, 2078, 2079, 2080, 2081, 2082, 2083, 2084, 2085, 2086, 2087, 2088, 2089, 2090, 2091, 2092, 2093, 2094, 2095, 2096, 2097, 2098, 2099, 2100, 2101, 2102, 2103, 2104, 2105, 2106, 2107, 2108, 2109, 2110, 2111, 2112, 2113, 2114, 2115, 2116, 2117, 2118, 2119, 2120, 2121, 2122, 2123, 2124, 2125, 2126, 2127, 2128, 2129, 2130, 2131, 2132, 2133, 2134, 2135, 2136, 2137, 2138, 2139, 2140, 2141, 2142, 2143, 2144, 2145, 2146, 2147, 2148, 2149, 2150, 2151, 2152, 2153, 2154, 2155, 2156, 2157, 2158, 2159, 2160, 2161, 2162, 2163, 2164, 2165, 2166, 2167, 2168, 2169, 2170, 2171, 2172, 2173, 2174, 2175, 2176, 2177, 2178, 2179, 2180, 2181, 2182, 2183, 2184, 2185, 2186, 2187, 2188, 2189, 2190, 2191, 2192, 2193, 2194, 2195, 2196, 2197, 2198, 2199, 2200, 2201, 2202, 2203, 2204, 2205, 2206, 2207, 2208, 2209, 2210, 2211, 2212, 2213, 2214, 2215, 2216, 2217, 2218, 2219, 2220, 2221, 2222, 2223, 2224, 2225, 2226, 2227, 2228, 2229, 2230, 2231, 2232, 2233, 2234, 2235, 2236, 2237, 2238, 2239, 2240, 2241, 2242, 2243, 2244, 2245, 2246, 2247, 2248, 2249, 2250, 2251, 2252, 2253, 2254, 2255, 2256, 2257, 2258, 2259, 2260, 2261, 2262, 2263, 2264, 2265, 2266, 2267, 2268, 2269, 2270, 2271, 2272, 2273, 2274, 2275, 2276, 2277, 2278, 2279, 2280, 2281, 2282, 2283, 2284, 2285, 2286, 2287, 2288, 2289, 2290, 2291, 2292, 2293, 2294, 2295, 2296, 2297, 2298, 2299, 2300, 2301, 2302, 2303, 2304, 2305, 2306, 2307, 2308, 2309, 2310, 2311, 2312, 2313, 2314, 2315, 2316, 2317, 2318, 2319, 2320, 2321, 2322, 2323, 2324, 2325, 2326, 2327, 2328, 2329, 2330, 2331, 2332, 2333, 2334, 2335, 2336, 2337, 2338, 2339, 2340, 2341, 2342, 2343, 2344, 2345, 2346, 2347, 2348, 2349, 2350, 2351, 2352, 2353, 2354, 2355, 2356, 2357, 2358, 2359, 2360, 2361, 2362, 2363, 2364, 2365, 2366, 2367, 2368, 2369, 2370, 2371, 2372, 2373, 2374, 2375, 2376, 2377, 2378, 2379, 2380, 2381, 2382, 2383, 2384, 2385, 2386, 2387, 2388, 2389, 2390, 2391, 2392, 2393, 2394, 2395, 2396, 2397, 2398, 2399, 2400, 2401, 2402, 2403, 2404, 2405, 2406, 2407, 2408, 2409, 2410, 2411, 2412, 2413, 2414, 2415, 2416, 2417, 2418, 2419, 2420, 2421, 2422, 2423, 2424, 2425, 2426, 2427, 2428, 2429, 2430, 2431, 2432, 2433, 2434, 2435, 2436, 2437, 2438, 2439, 2440, 2441, 2442, 2443, 2444, 2445, 2446, 2447, 2448, 2449, 2450, 2451, 2452, 2453, 2454, 2455, 2456, 2457, 2458, 2459, 2460, 2461, 2462, 2463, 2464, 2465, 2466, 2467, 2468, 2469, 2470, 2471, 2472, 2473, 2474, 2475, 2476, 2477, 2478, 2479, 2480, 2481, 2482, 2483, 2484, 2485, 2486, 2487, 2488, 2489, 2490, 2491, 2492, 2493, 2494, 2495, 2496, 2497, 2498, 2499, 2500, 2501, 2502, 2503, 2504, 2505, 2506, 2507, 2508, 2509, 2510, 2511, 2512, 2513, 2514, 2515, 2516, 2517, 2518, 2519, 2520, 2521, 2522, 2523, 2524, 2525, 2526, 2527, 2528, 2529, 2530, 2531, 2532, 2533, 2534, 2535, 2536, 2537, 2538, 2539, 2540, 2541, 2542, 2543, 2544, 2545, 2546, 2547, 2548, 2549, 2550, 2551, 2552, 2553, 2554, 2555, 2556, 2557, 2558, 2559, 2560, 2561, 2562, 2563, 2564, 2565, 2566, 2567, 2568, 2569, 2570, 2571, 2572, 2573, 2574, 2575, 2576, 2577, 2578, 2579, 2580, 2581, 2582, 2583, 2584, 2585, 2586, 2587, 2588, 2589, 2590, 2591, 2592, 2593, 2594, 2595, 2596, 2597, 2598, 2599, 2600, 2601, 2602, 2603, 2604, 2605, 2606, 2607, 2608, 2609, 2610, 2611, 2612, 2613, 2614, 2615, 2616, 2617, 2618, 2619, 2620, 2621, 2622, 2623, 2624, 2625, 2626, 2627, 2628, 2629, 2630, 2631, 2632, 2633, 2634, 2635, 2636, 2637, 2638, 2639, 2640, 2641, 2642, 2643, 2644, 2645, 2646, 2647, 2648, 2649, 2650, 2651, 2652, 2653, 2654, 2655, 2656, 2657, 2658, 2659, 2660, 2661, 2662, 2663, 2664, 2665, 2666, 2667, 2668, 2669, 2670, 2671, 2672, 2673, 2674, 2675, 2676, 2677, 2678, 2679, 26

4. *Chlorophyll a* and *Chlorophyll b* were determined by the method of Lichtenthaler and Sponholz (1980). The total chlorophyll content was determined by the method of Arar and Cook (1980).

(continued)

Thompson's system is described in
 Peter Thompson's music philosophy
 volume. It is a very simple system
 which allows the user to write
 music in a very simple way.

ਪੰਜਾਬੀ ਵਿਕੀਕ੍ਰਿਤ, ਜਲੰਧਰ, ਸੋਮਵਾਰ, 17 ਅਪਰੈਲ 2023

ਕਾਲਜ ਦੀ 'ਰਨ ਫਾਰ ਹੈਲਥ' ਨੂੰ ਲੋਕਾਂ ਵੱਲੋਂ ਭਰਵਾਂ ਹੁੰਗਾਰਾ

ਛੇ ਕਿਲੋਮੀਟਰ ਦੌੜ ਵਿੱਚ ਸੈਂਕੜੇ ਖੇਡ ਪ੍ਰੇਮੀਆਂ ਨੇ ਕੀਰੀ ਸ਼ਿਰਕਾਰ

ਸ਼ਹੀਦੀ ਦਰ ਬਸ

ਲੁਧਿਆਣਾ, 16 ਅਪਰੈਲ

ਸ੍ਰੀ ਆਤਮ ਵੱਲਤ ਜੈਨ ਕਾਲਜ ਦੇ ਯੂਥ ਕਲੱਬ ਵੱਲੋਂ ਰਨ ਫਾਰ ਹੈਲਥ ਦੌੜ ਕਰਵਾਈ ਗਈ। ਗੁਰੂ ਨਾਨਕ ਸਟੇਡੀਅਮ ਦੇ ਬਾਹਰੋਂ ਸ਼ੁਰੂ ਹੋਈ ਇਹ ਛੇ ਕਿਲੋਮੀਟਰ ਦੌੜ ਵਿੱਚ 2500 ਦੇ ਕਰੀਬ ਦੌੜਾਕਾਂ ਨੇ ਹਿੱਸਾ ਲਿਆ। ਇਸ ਮੌਕੇ ਵਿਧਾਇਕ ਗੁਰਪ੍ਰੀਤ ਬੱਸੀ ਗੋਗੀ ਨੇ ਮੁੱਖ ਮਹਿਮਾਨ ਵਜੋਂ ਜਦਕਿ ਏਡੀਸੀਪੀਡ ਸੁਭਮ ਅਗਰਵਾਲ ਨੇ ਵਿਸ਼ੇਸ਼ ਮਹਿਮਾਨ ਵਜੋਂ ਸ਼ਿਰਕਾਰ ਕੀਤੀ। ਕਾਲਜ ਪ੍ਰਬੰਧਕ ਕਮੇਟੀ ਦੇ ਪ੍ਰਧਾਨ ਕੌਮਲ ਕੁਮਾਰ ਜੈਨ ਅਤੇ ਪ੍ਰਿੰਸੀਪਲ ਡਾ. ਸੰਦੀਪ ਕੁਮਾਰ ਨੇ ਹਰੀ ਝੰਡੀ ਦਿਖਾ ਕੇ ਦੌੜ ਸ਼ੁਰੂ ਕਰਵਾਈ। ਇਸ ਦੌੜ ਦੌਰਾਨ ਖਿਡਾਰੀਆਂ ਨੇ ਆਪਣੀ ਸਿਹਤ ਪ੍ਰਤੀ ਅਵੇਸਲ ਨਾ ਹੋਣ ਦਾ ਸੁਨੇਹਾ ਦਿੱਤਾ। ਸਮੂਹ ਦੌੜਾਕਾ ਨੂੰ ਟੀ-ਸ਼ਰਟਾਂ ਅਤੇ ਸਰਟੀਫਿਕੇਟ ਤਕਸੀਮ ਕੀਤੇ ਗਏ।

ਇਸ ਦੌੜ ਵਿੱਚ ਸੀਨੀਅਰ ਸਿਟੀਜ਼ਨ



ਸ੍ਰੀ ਆਤਮ ਵੱਲਤ ਜੈਨ ਕਾਲਜ ਵੱਲੋਂ ਕਰਵਾਈ ਦੌੜ ਵਿੱਚ ਸ਼ਾਮਲ ਹੋਏ ਦੌੜਾਕਾ ਛੇ ਕਿਲੋਮੀਟਰ

14 ਸਾਲ ਤੋਂ ਉਪਰ ਦੇ ਲੜਕੇ, ਲੜਕੀਆਂ ਸਮੇਤ 14 ਸਾਲ ਤੋਂ ਘੱਟ ਉਮਰ ਦੇ ਬੱਚਿਆਂ ਨੇ ਸ਼ਿਰਕਾਰ ਕੀਤੀ। ਇਸ ਦੌੜ ਵਿੱਚ ਸ਼ਾਮਲ ਹੋਏ ਸਾਰੇ ਬਚੁਰਗਾਂ ਨੂੰ ਸਨਮਾਨਿਤ ਕੀਤਾ ਗਿਆ। ਸੀਨੀਅਰ ਸਿਟੀਜ਼ਨ ਦੀ ਦੌੜ ਵਿੱਚ ਮਹਿੰਦਰ ਗਰੇਵਰ, 14 ਸਾਲ ਤੋਂ ਵੱਡੀ ਉਮਰ ਦੇ ਲੜਕਿਆਂ ਵਿੱਚੋਂ ਰਹਿਤ,

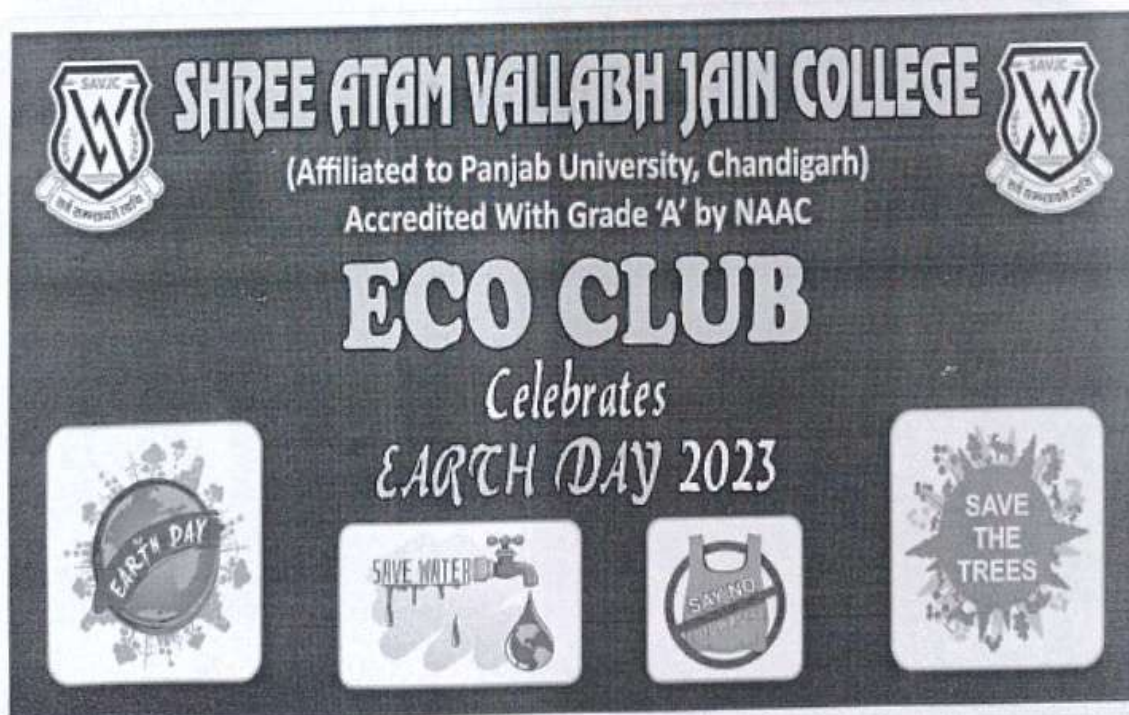
ਲੜਕੀਆਂ ਵਿੱਚੋਂ ਸ਼੍ਰੇਯਾ ਜਦਕਿ 14 ਸਾਲ ਤੋਂ ਘੱਟ ਉਮਰ ਦੇ ਬੱਚਿਆਂ ਵਾਲੇ ਵਰਗ ਵਿੱਚੋਂ ਮਾਸੂਮ ਅਲੀ ਨੇ ਜਿੱਤਾ ਦਰਜ ਕੀਤੀਆਂ। ਇਸ ਮੌਕੇ ਕਾਲਜ ਪ੍ਰਬੰਧਕਾਂ ਤੋਂ ਇਲਾਵਾ ਵੱਡੀ ਗਿਣਤੀ 'ਚ ਸਟਾਫ ਅਤੇ ਕਾਲਜ ਦੇ ਵਿਦਿਆਰਥੀ ਵੀ ਸ਼ਾਮਲ ਹੋਏ। ਕਾਲਜ ਪ੍ਰਿੰਸੀਪਲ ਡਾ. ਸੰਦੀਪ

ਕੁਮਾਰ ਨੇ ਕਿਹਾ ਕਿ ਖੇਡਾਂ ਸਾਡੇ ਸਰੀਰ ਨੂੰ ਤੰਦਰੁਸਤ ਰੱਖਣ ਦੇ ਨਾਲ ਸਾਡੇ ਅੰਦਰ ਬਹਿਨ ਸ਼ਕਤੀ ਵਧਾਉਂਦੀਆਂ ਹਨ ਅਤੇ ਅਨੁਸ਼ਾਸਨ ਵਿੱਚ ਰਹਿਣ ਸਿਖਾਉਂਦੀਆਂ ਹਨ। ਉਹਨਾਂ ਨੇ ਨੌਜਵਾਨਾਂ ਨੂੰ ਚੰਗੀ ਸਿਹਤ ਰੱਖਣ ਲਈ ਖੇਡਾਂ ਦੇ ਲੜ ਲੱਗਣ ਲਈ ਪ੍ਰੇਰਿਤ ਕੀਤਾ।

Report of Earth Day Celebration

Session -	2022-23
Organizing Committee -	Eco Club Dr. Charanjit Kaur (Convener) Prof. Preeti Jain (Member)
Date -	21-04-2023
Time -	9.30 am
Venue -	College Campus, Hussainpura and Jassian Village
No. of Participants -	71 (21 Teachers, 50 Students)
Objective of the event -	To sensitize the issue of Environment protection in the younger generation.

About the Event



(Earth Day Celebration)



(Rally on Earth Day)



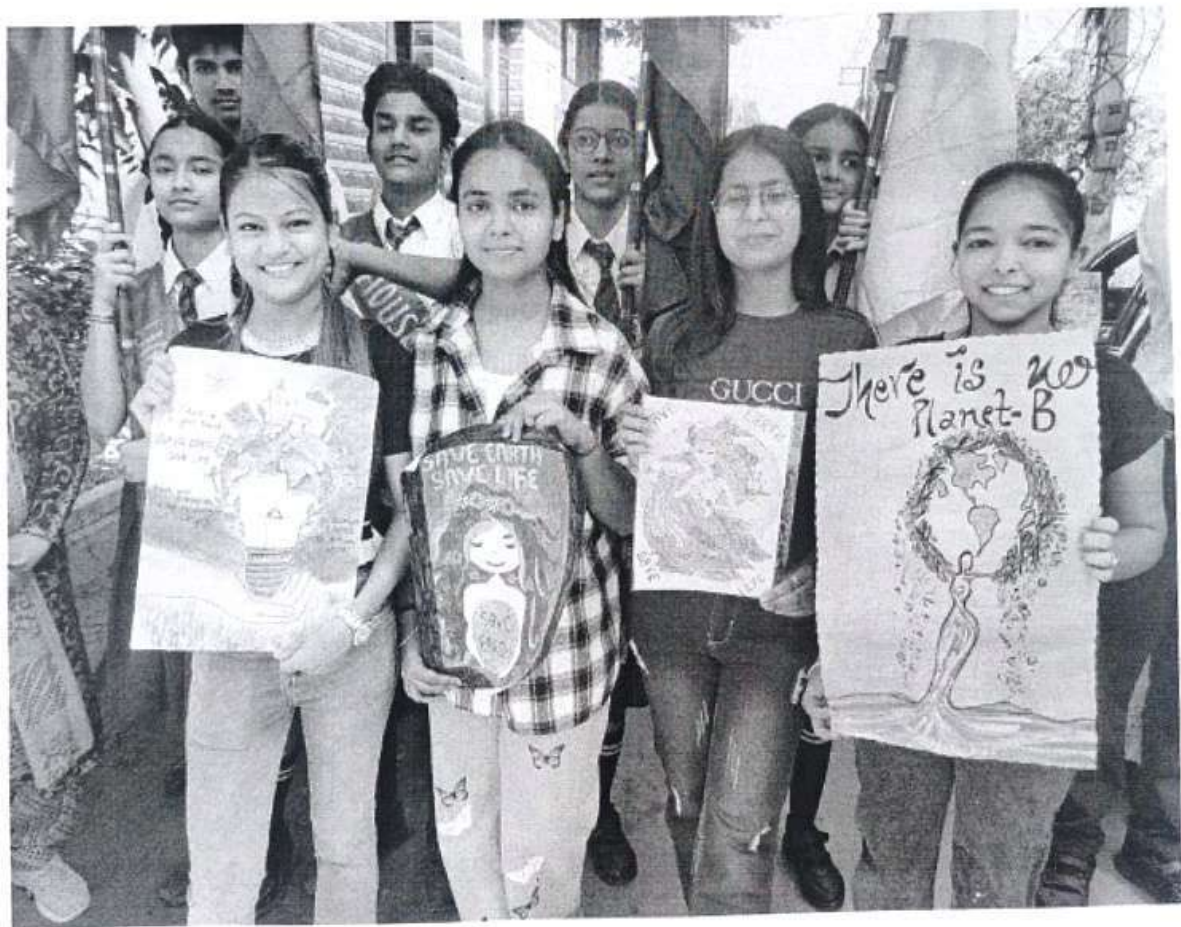
(Plantation of trees in Hussainpura Village)







(Plantation Inside the college campus)





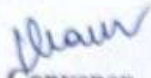
(Distribution of certificates to the winners of poster making competition)

Eco-Club of Shree Atam Vallabh Jain College, Ludhiana took the initiative to celebrate Earth Day on 21-04-2023 in which following activities were organized.

1. Poster Making Competition on the Theme Save Earth Save Life
2. Plantation drive
3. Awareness Rally
4. Distribution of Reusable bags to discourage the use of plastic bags.

The main objective of the drive was to sensitize the issue of Environment protection in the younger generation, to raise awareness about the importance of protecting our planet, promoting sustainable practices, to take actions to save the environment by planting trees, and promoting sustainable practices . On this occasion, a rally by the faculty of the college with a huge number of students was also taken out in the vicinity of the college area encompassing Hussainpura and Jassian to increase awareness among the common masses. Reusable bags were distributed among school children to discourage the use of plastic bags. Trees were planted inside the college campus as well as in Hussainpura village as they are a critical component of the earth's ecosystem, providing oxygen, absorbing carbon dioxide, and helping to mitigate the effects of climate change. Poster making competition was also organized to raise awareness about the urgent need to protect the environment and the role which the young generation can play in saving the planet. Dr. Sandeep Kumar ji Principal Shree Atam Vallabh

Jain college described the utmost importance of this day to all the students and advised them to plant more and more trees and to minimize the use of plastic to save the environment for the generations to come. The Principal Sir also advised the students to take a pledge to save human lives by saving the environment with such noble deeds. The students raised slogans regarding saving the environment during the rally to make aware people about the importance of the environment.


Convener

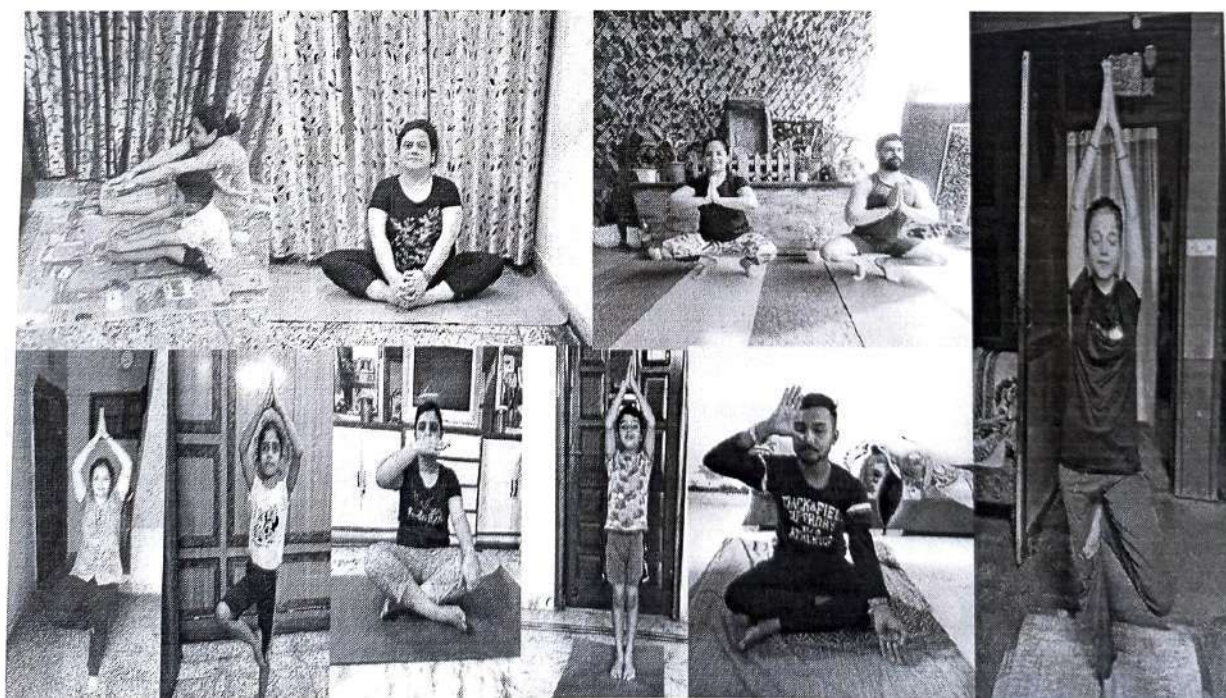

Principal

Report

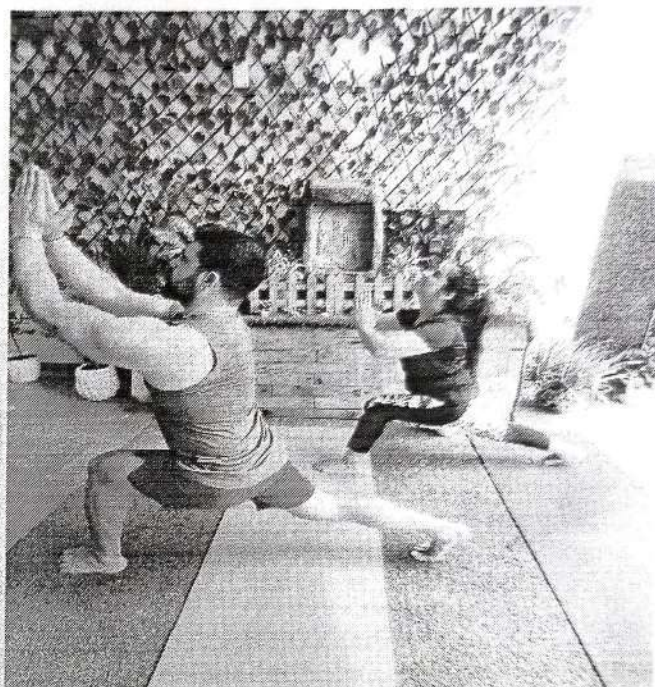
Event:	Celebration of International Yoga Day by organising “Yoga With Family”.
Organizing Committee:	NSS Unit
Programme Officers:	Dr. Harleen Kaur and Dr. Sandeep K. Bansal
Date:	21-06-2023
Venue:	Residences of Volunteers and faculty members
No of participants:	25
Objective:	Encourage the volunteers to make Yoga a part of their and their family's lifestyle.

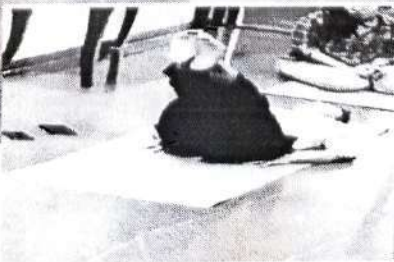
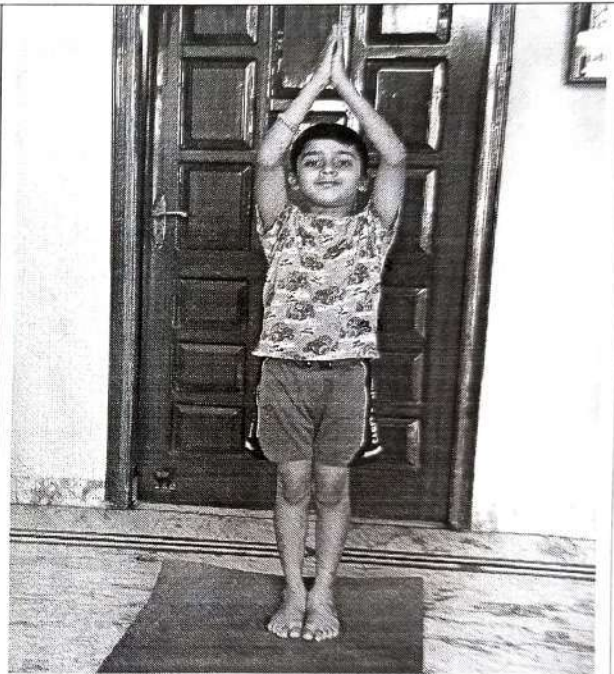
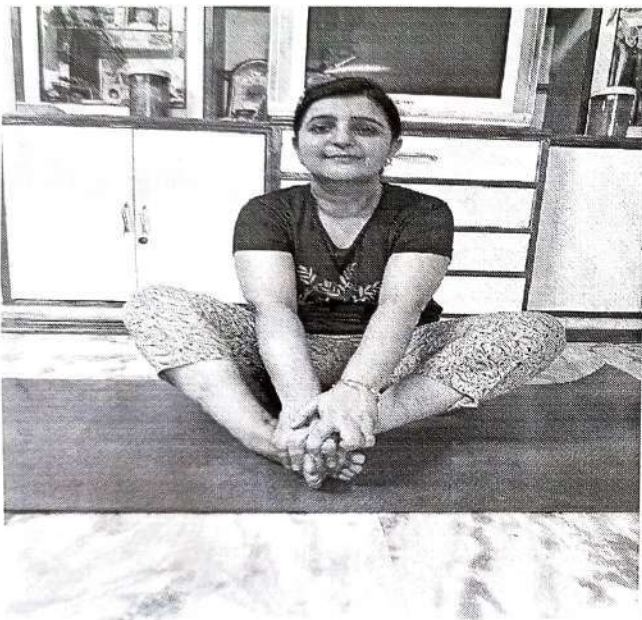
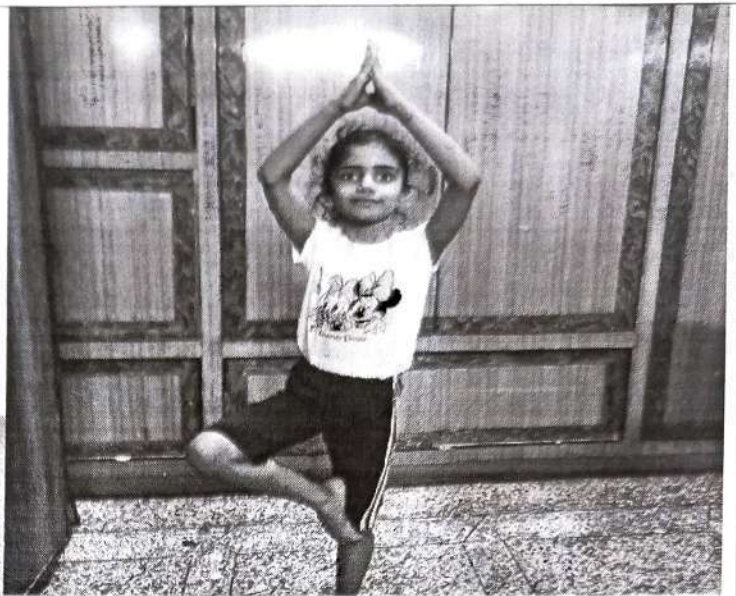
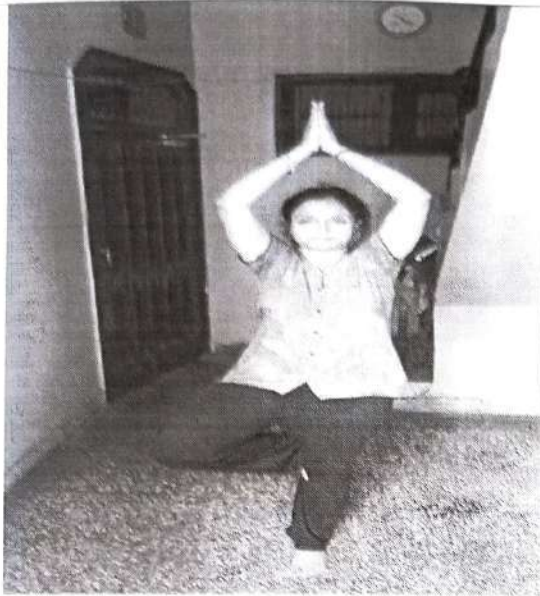
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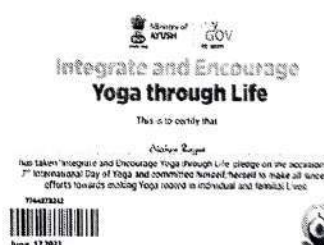
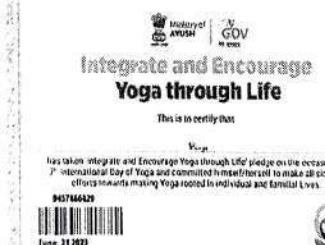
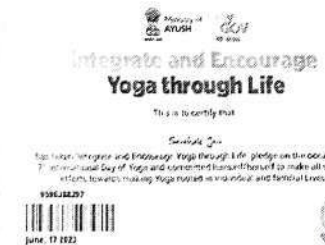
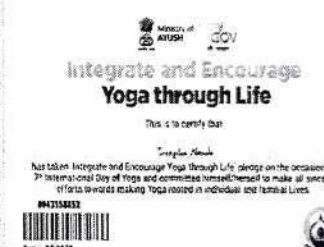
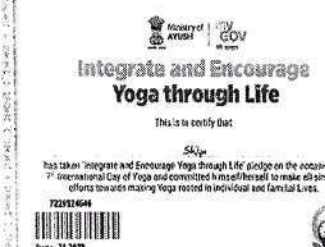
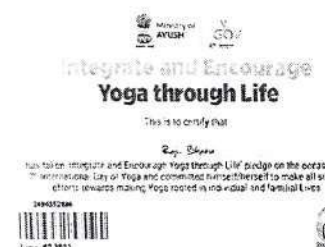
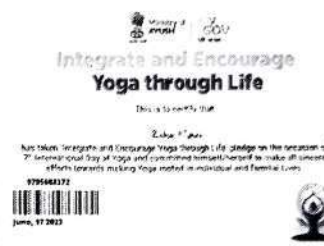
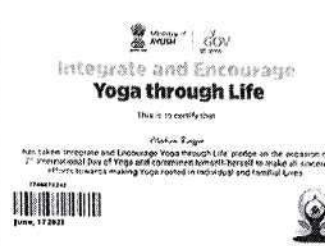
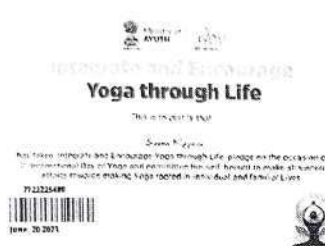
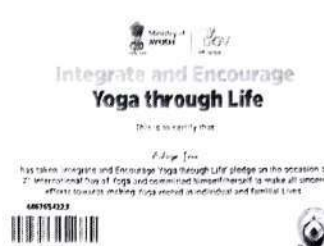
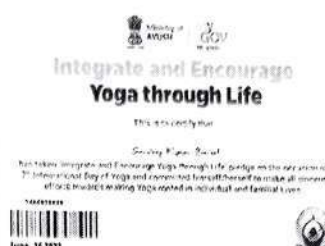
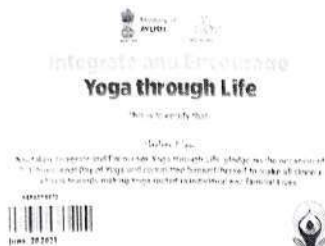
NSS unit of Shree Atam Vallabh Jain College Ludhiana under the guidance of IQAC cell celebrated International Yoga Day by organising “Yoga With Family”. The venue of the event was residences of the volunteers and faculty members where they performed Yoga with their family members and shared the images of the same. The day is observed to raise fitness awareness and to promote an individual's physical, mental, and social well-being. Further the importance of incorporating yoga into one's daily routine was emphasized and volunteers took the pledge in pursuance of Ministry of Ayush's initiative of “Integrate and encourage Yoga through Life” to make yoga as part of their lifestyle.



Faculty and volunteers doing yoga with family







Dr. Harleen Kaur
Programme Officer

Dr. Sandeep K. Bansal
Programme Officer

Principal